



From darkness to  
**LIGHT**

From despair to  
**HOPE**

From feeling alone to  
**UNDERSTOOD**  
and **LOVED**  
by others and by God



Music engages  
the limbic system  
of the brain  
where it is  
processed  
at the  
SPEED  
OF LIGHT



“If I were the best writer in the world  
I couldn’t do what music can do.”

— Wendy Farley, Assoc. Professor of Religion at Emory College and author  
of *The Wounding and Healing of Desire: Weaving Heaven and Earth*

## *Caring for those experiencing...*

Pornography Abuse

Suicide Grief

Eating Disorders

Homelessness

Sex Trafficking

Breast Cancer

Depression

Sexual Abuse

Forced Separation

Post Traumatic Stress Disorder

Catastrophic Events

Loving a Child with Special Needs

Racial and Ethnic Reconciliation

Caring for an Aging or Ill Loved One



We rely on an advisory board of professional Christian therapists, pastors, and ministry leaders with expertise in the chosen subject.

Additionally, we spend hours interviewing people who have faced these challenges in their personal lives. The compelling stories and experiences they share lend invaluable insight.

When we have consensus that the material we've collected and written is a responsible representation of the subject matter, then the recording process begins.





## *Serving...*

Churches and Pastors

Therapists, Music Therapists,  
and Pastoral Counselors

Seminaries and Christian Colleges

Topically Focused Ministry Groups

Individuals and Concerned  
Family Members



Research indicates and clinical experience supports that those who use pornography are more likely to go to prostitutes, engage in domestic violence, stranger rape, date rape, and incest.

— Senate testimony by Dr. Mary Anne Layden,  
Co-Director, Sexual Trauma and Psychopathology  
Program, University of Pennsylvania

Average age of first exposure is now 8.

Children react with fear to sexual scenes.

Teenagers on average see three thousand sexually alluring images per day.

— Dr. Mark Laaser, Judith A. Reisman, Dr. Linda Mintle



## *A 62 minute DVD with...*

Four music videos

Eight vignettes

Forty minutes of life-giving interviews with those who've overcome a problem with pornography

## *A 56 minute CD with...*

Nine original songs

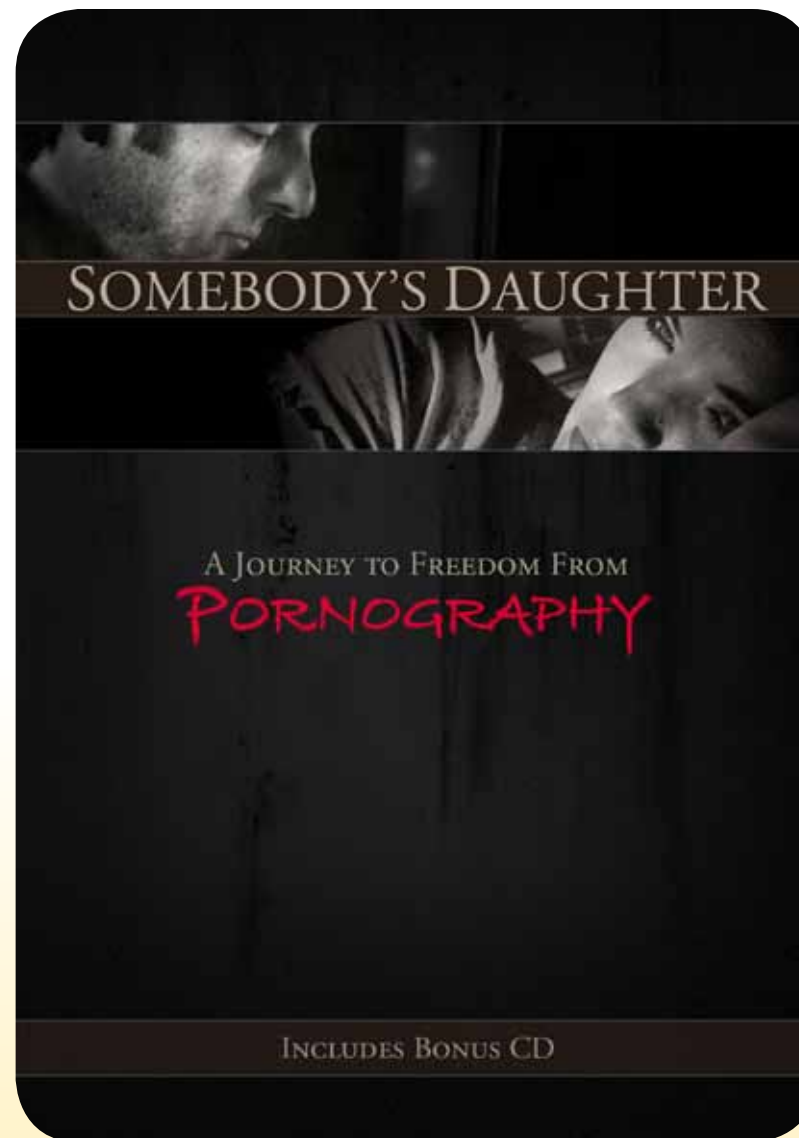
Poetry

Heart rending personal testimonies

Scripture

Interviews

## *A forty page discussion guide*



"There is nothing that even comes close to this.  
You have a real gem. It is ideally suited for the church."

— Michael Leahy, Author of *Porn Nation*, Herdon, VA

"*Somebody's Daughter* is by far the best artistic  
presentation available to help people who have  
struggled with pornography or to help prevent that struggle in  
their children's lives."

— Dr. Doug Weiss, Heart2Heart Counseling Center,  
Colorado Springs, CO



*Endorsed by the American Family Association, Citizens for Community Values,  
Focus on the Family, and the National Coalition for the Protection of Children and Families.*

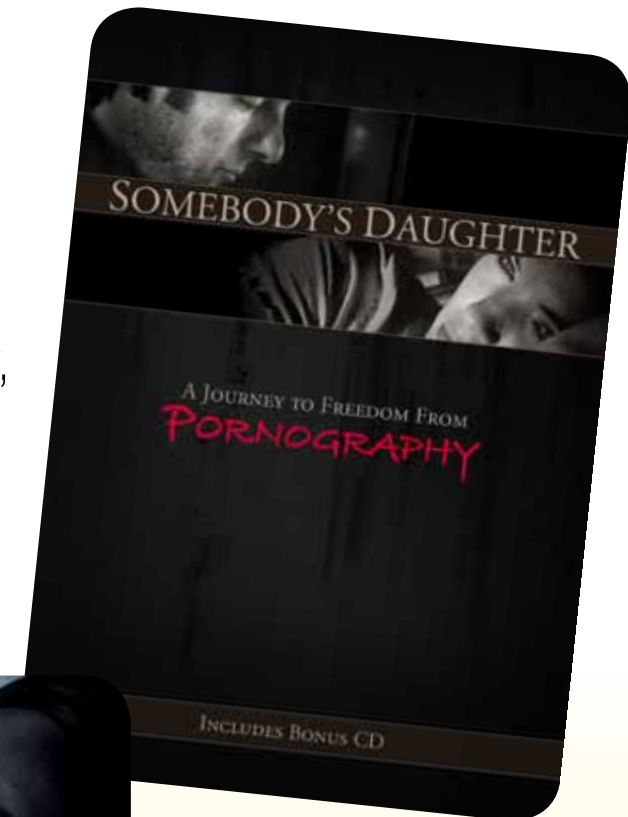


"*Somebody's Daughter* validates the reality of devastation brought through pornography and offers hope that healing and freedom really are possible."

— Julianne Cusick, Lakewood, CO

"*Somebody's Daughter* is so full of honesty, vulnerability, and grace that men are melted by it. After viewing the video at a men's dinner several of the men in my fellowship stood and openly confessed their need for help in this area of struggle."

— Pastor Billy Rutledge,  
Hatteras Island Church Fellowship,  
North Carolina



SOMEBODY'S DAUGHTER HAS NOW WON FIVE AWARDS

## Fifty-one percent

of 9 and 10 year old girls feel better about themselves if they are on a diet.

— Laurel Mellin

## Thirty-five percent

of “normal dieters” progress to pathological dieting. Of those, twenty to twenty-five per cent progress to partial or full-syndrome eating disorders.

— Dr. Catherine M. Shisslak & Dr. Marjorie Crago

## Ninety percent

of young women on college campuses are struggling with body image issues.

— Dr. David Eckman



This powerful music and spoken word CD is designed to stimulate emotional awareness and motivate those struggling with anorexia, bulimia, and body image issues to seek treatment.



*Tell Me What You See* includes eleven healing songs, eleven spoken tracks of deeply honest personal testimony, and original poetry.

This project guides listeners towards renewal and freedom for body, mind, and spirit.



"We have been treating eating disorders for 23 years. It was our staff's idea that we provide *Tell Me What You See* to each of our eating disorder clients. It is a powerful healing touch!"

— Dr. Gregory Jantz,  
Author of *Hope, Help, & Healing for Eating Disorders*

"This honest look at life with an eating disorder is my tool that I play for my husband when I can't explain why I don't want him to touch me. I play it for my mother when I can't explain why I can't give up my workouts. I play it for myself when I don't know what else to pray to God."

— From a Disordered Eater



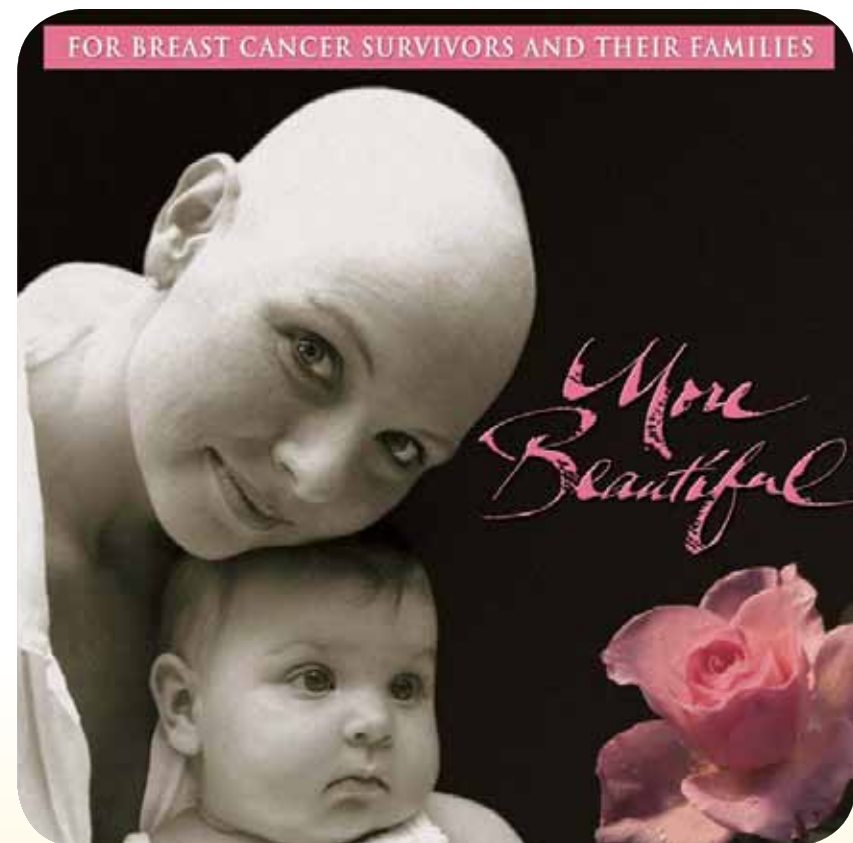
*Endorsed by Finding balance, Focus on the Family, Lily 7, Ophelia's Place, and Remuda Ranch*

One out of eight American women...  
will develop breast cancer.

This year estimated 182,480 new cases of invasive  
breast cancer are expected to be diagnosed in  
American women.

Every three minutes a woman is diagnosed.

— Breast Cancer Network of Strength &  
BreastCancer.org





This award winning forty minute DVD includes the music video *Wildest Ride on Earth*, and profoundly moving documentary and interview pieces containing testimony by breast cancer survivors.

The CD includes the songs *More Beautiful* and *Wildest Ride on Earth*, poetry readings written by cancer survivors, an affirmation read by a breast cancer survivor, and a contemplative instrumental guitar piece.



The DVD includes an interview with Lynda, a breast cancer survivor.

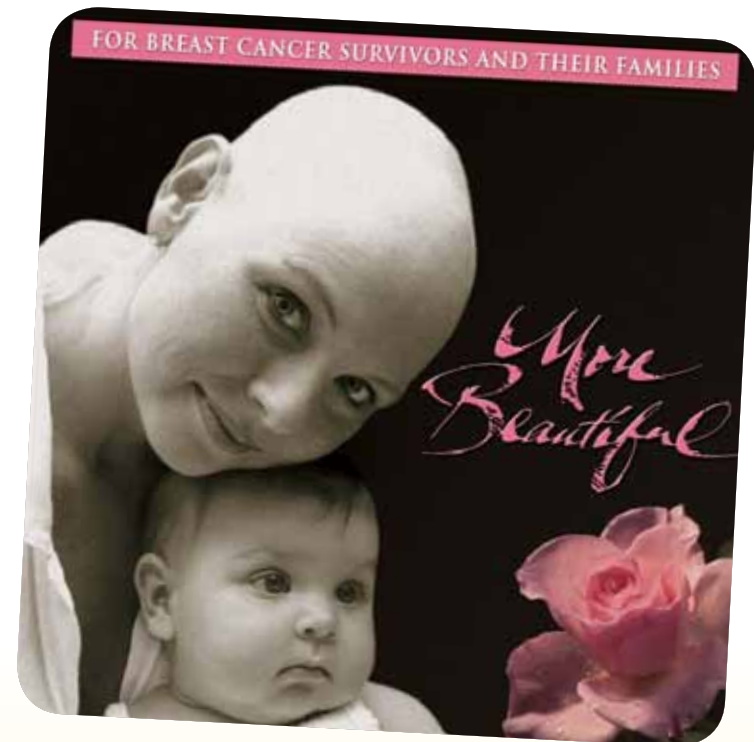
"Eighteen years ago I had a bone marrow transplant for the recurrence of breast cancer and was given a 2 percent chance to be alive in ten years. I'm always searching for outstanding resources. *More Beautiful* is one of those.

As I previewed the music video the result was a healing deep in my soul. This DVD comes from the hand of God."

— Georgia Shaffer, Pennsylvania Licensed Psychologist and Author of *A Gift of Mourning Glories: Restoring Your Life after Loss*

"I plan to put this CD in the hands of every husband of a woman with breast cancer. It is perfect."

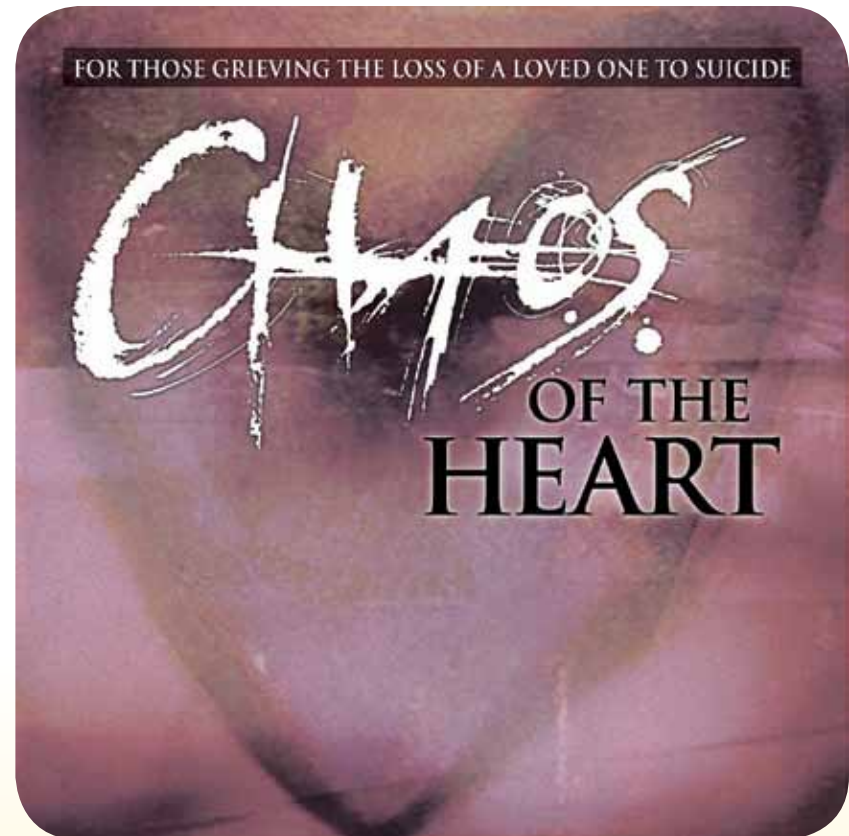
— Julie Elyea, breast cancer counselor



An average one person every sixteen minutes committed suicide in the United States in 2006.

— American Association of Suicidology

This unique, award-winning CD sensitively captures the wide range of emotions experienced in the family and the church in the aftermath of a suicide; a comforting and encouraging companion for an incredibly difficult journey.

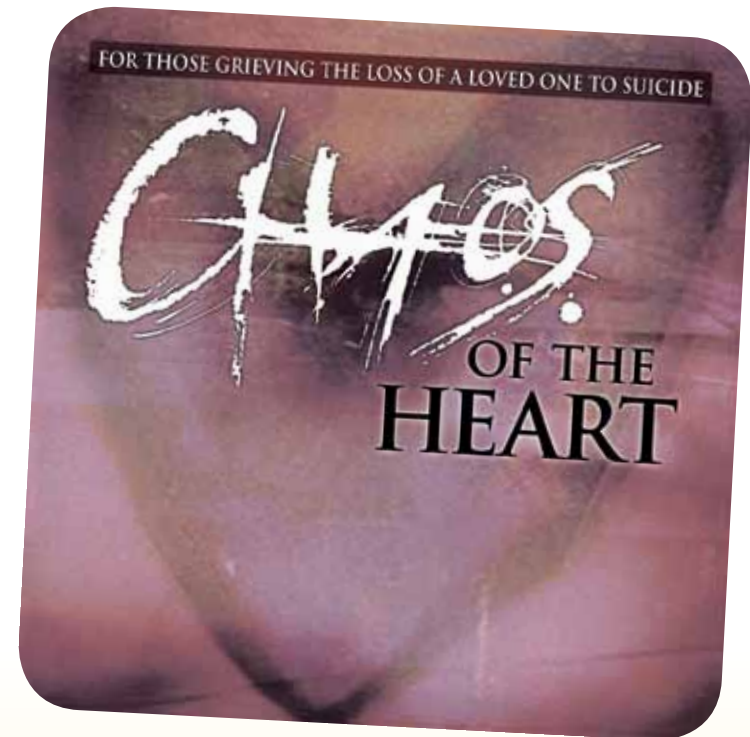


"Four years ago my only brother committed suicide. I happened to find your site and ordered *Chaos of the Heart*. The first time I listened to it the music said everything I was feeling and the words helped me so much. Your site saved my life."

— Sandy S.

"I ordered *Chaos of the Heart* so I could leave it for my family after I committed suicide. Tonight, out of desperation, I got out the CD and the Lord told me to play 'Every Single Tear.' I couldn't believe it. Then 'Keep Breathing' came on. That's what I need to do right now. I am just so grateful I opened that CD tonight."

— Karen, Grand Rapids, MI

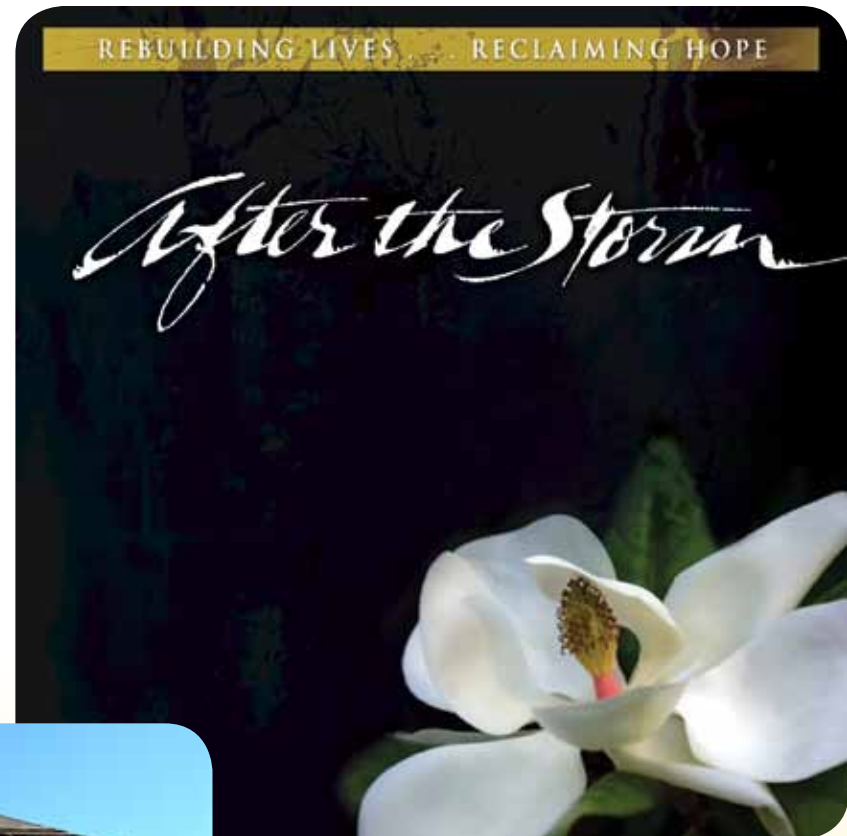




After hurricane Katrina devastated the gulf coast Music for the Soul created a CD including music performances from New Orleans residents and interviews with evacuees.

Within 58 days we had sent 10,000 CDs to churches and shelters in Mississippi and Louisiana.

In November, we held free concerts in four New Orleans churches, and passed out 5,000 more copies of *After the Storm*.





Though originally created for those affected by Hurricanes Katrina & Rita this CD has proved a blessing for those facing the storms of life, such as job loss, divorce, the loss of a loved one, and other difficult seasons of life. It's also helpful for those struggling with depression.

"I love the CD. I have used it already numerous times in therapy. I recently used it with a man who had just lost his job. And I have listened to it over and over for my own storm-battered soul."

— Sharon Hersh,  
Therapist, Author, and Seminary Professor, Denver, CO

"I keep listening to the CD over and over again. Thanks for awakening my heart again to the Lord's comfort and love. It has renewed my faith and hope and is helping me to grieve the many losses that have come our way."

— Kathy Boren, Mandeville, LA



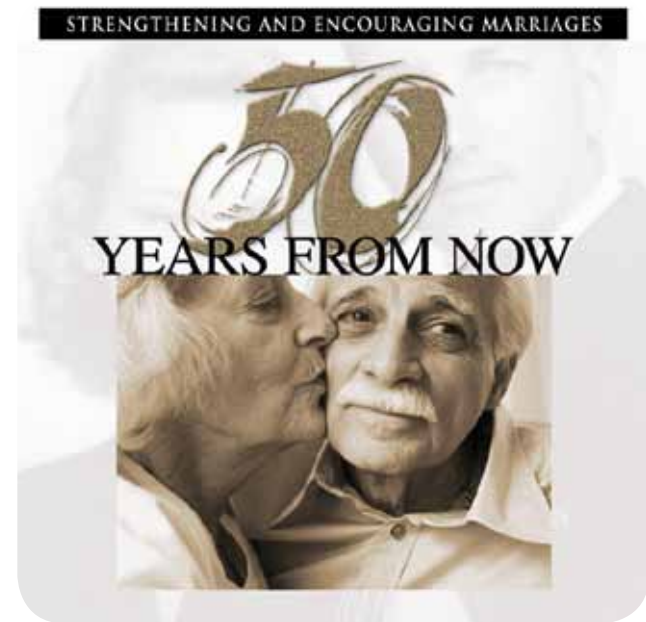
This project gently reminds couples of the vows made to God and one another while dealing honestly with the challenges of marriage — restorative songs for any marriage!

“Just received your excellent CD and within two hours we were playing it in a counseling session. It was the right song and the timing was exquisite for them to hear those lyrics.”

— Michael Hanley,  
Marriage for Life, Point Lonsdale, Victoria, Australia

“This is what couples need to hear. We play it at our weekends and you should see the looks on their faces as they listen. We’ve even know of three couples who have used *Fifty Years from Now* when they renewed their vows!”

— Jaunita Thayer,  
Marriage Restored, Lafayette, IN



## A CD for those loving a child with special needs.

"Sometimes you don't want other people around but you still want to feel like somebody understands. Listening to the CD was like having a support group here. I cried all morning pouring my heart out to God. God speaks through this CD."

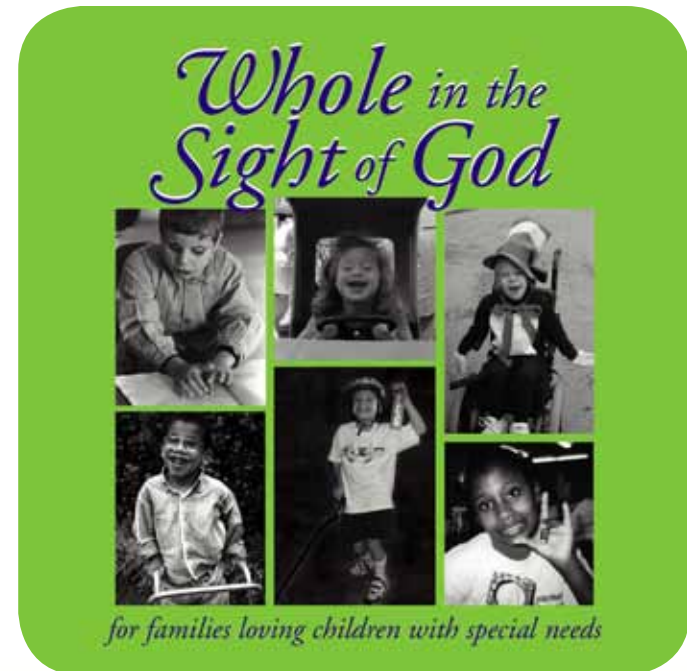
— Mrs. Erika Russell, Arlington Heights, Illinois

"This is comforting deep in my gut. Not in a hand patting sort of way."

— Dr. Mary Sharp, author of *An Unexpected Joy*

"Warm and thoughtful, moving and powerful. Thank you for writing this special song that shows you understand disability."

— Joni Earickson-Tada, quadriplegic author, artist, and founder of Joni & Friends, Agoura Hills, California



In the aftermath of the 9/11 terrorist attacks, we created *Heroes Unsung* to honor police officers and their families.

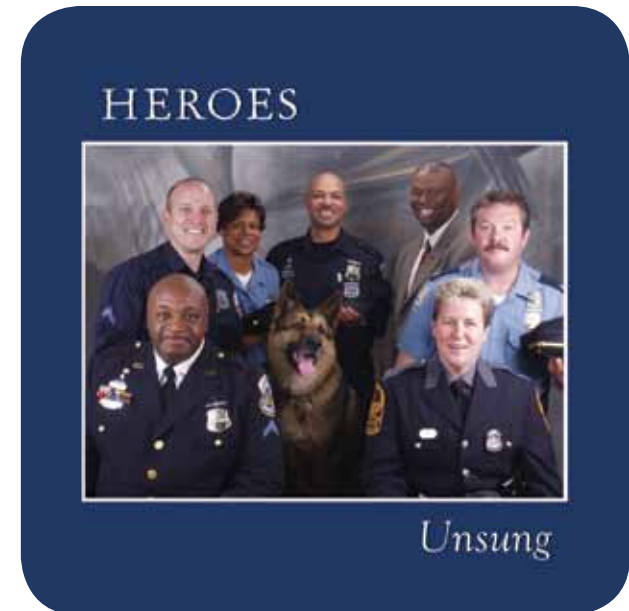
We were invited to perform the song *Heroes Unsung* at the 22<sup>nd</sup> Annual National Peace Officers Memorial in Washington D.C. and followed President Bush on the program.

“When I first heard the *Heroes Unsung* it made me realize that somebody really knows what I am going through. I don’t feel alone anymore.”

— Kevin Hale, Retired Police Officer, VA

“I felt the presence of God listening to this CD...not in some remote way but in a very powerful way.”

— Larry Malone,  
former Viet Nam fighter pilot,  
Nashville, TN





Music for the Soul has also created single songs to help those working in the trenches with organizations fighting some of society's most challenging problems such as **homelessness, sex trafficking, and separation due to military deployment.**

## *Days of Hope*

"What a powerful song. I'm the adult day director for an agency working with adults who need socialization, and supervision. You inspired me these last couple of days and for the future! 'When we serve is when we love!' Thank you for this simple reminder."

— Daphne Massaro, Cleveland, Ohio



Days of  
**HOPE**



## ***Sex Trafficking***

### *Child of God*

"It's like you have walked in the shoes of a prostituted woman.

The opening is such a page out of their everyday reality, and to transition to beauty and freedom.

It's perfection."

— Lisa Thompson,  
The Liaison for the Abolition of Sexual Trafficking  
for The Salvation Army National Headquarters



## Separation Due To Military Deployment

### Prayer for You

"I first heard *Prayer for You* when we lived in Florida and my husband was deployed for months at a time. I'll never forget — I was driving, it was raining, and the song came on out of the blue. It couldn't have hit my heart any harder. There is no other song like it to relate the feelings we have experienced all too often.

Thank you so much."

— Jodie



## *What we are working on now...*

Music for the Soul is constantly at work on new endeavors. Currently, we are focusing on two full-length projects:

- One for those who are caring for an aging or ill loved one in the home and
- One for those who are recovering from sexual abuse

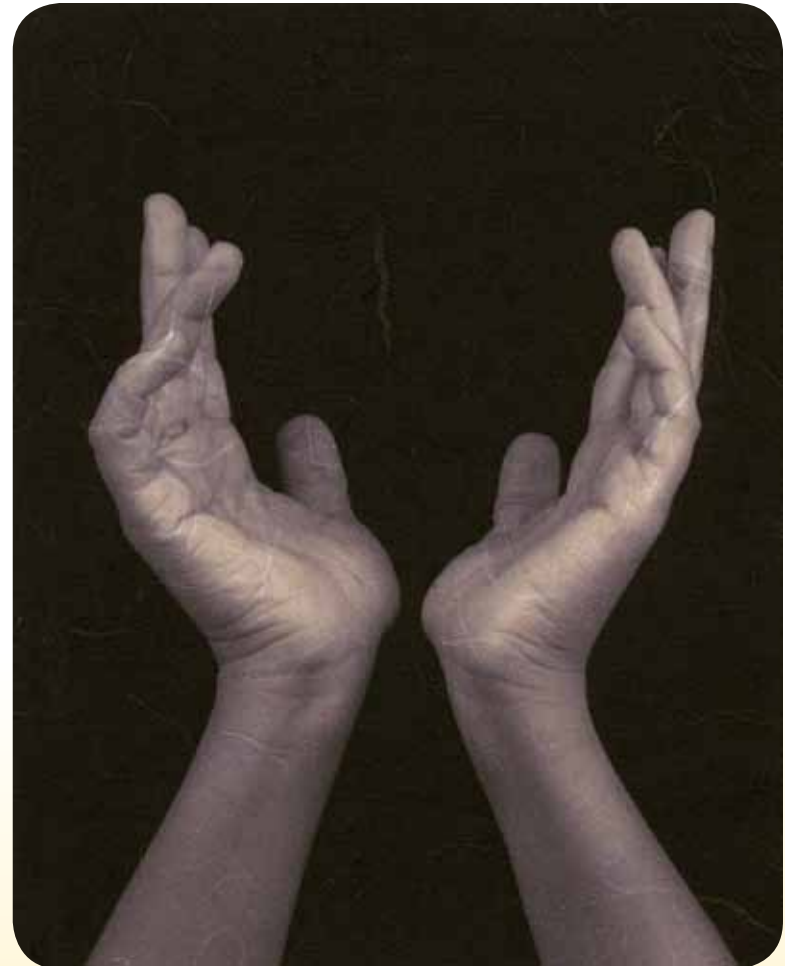
We are also constantly working to build new partnerships — reaching out with our resources to bless those in need of hope and healing.



## How You Can Help...

- Become a supporting donor
- Host a house party
- Become a prayer partner
- Purchase some of our resources for your church  
*For \$99 you can sample one of each of our recordings and videos. We call this the **Soul Care Starter Kit**. It makes a perfect gift to a pastor for a church library or a therapist for a counseling center.*
- Help spread the word about our ministry

Music has a way of seeping through the cracks in those walls and  
**opening the heart.**  
Then we can lay a message of  
**hope and healing**  
in the opened heart.





## *How to Contact Us...*

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Nashville, TN 37215

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1-877-214-7703 Toll Free  
e-mail: [info@musicforthesoul.org](mailto:info@musicforthesoul.org)  
[www.musicforthesoul.org](http://www.musicforthesoul.org)



## *Music for the Soul was founded based on two beliefs...*

- Jesus is the compassionate healer, the one who loves us without reservation, and is always with us even in our deepest, darkest despair and times of greatest challenges.
- Music is one of God's greatest gifts of communication, and that through specially crafted songs we can "talk" to people about things they may not be able to hear in any other way.