Click on the question-mark icons to display help windows.

The information provided will enable you to file a more complete return and reduce the chances the IRS will need to contact you.

Form **990-EZ**

Short Form Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

2019

OMB No. 1545-0047

Open to Public Inspection

Form **990-EZ** (2019)

Department of the Treasury Internal Revenue Service ▶ Do not enter social security numbers on this form, as it may be made public.
 ▶ Go to www.irs.gov/Form990EZ for instructions and the latest information.

A F	or the	2019 calenda	ar year, or tax year beginning , 2019, and ending		, 20		
B				D Employer identification number he			
	Address c	change	Day 7, Inc.	810652034			
✓	Name change		Number and street (or P.O. box if mail is not delivered to street address) he Room/suite	E Telephone	number		
=	Initial return		1215 Meridian St.		615-319-0274		
=		rn/terminated	City or town, state or province, country, and ZIP or foreign postal code	F Group Exemption			
=	Amended Applicatio	return on pending	Nashville, TN, 37207-5764	Number • he			
		ting Method:	✓ Cash	Check ▶ ☐ if the organization is no			
	Vebsite	-		required to attach Schedule B			
		•	90-EZ, or 990-PF).				
			ck only one) — 501(c)(3) □ 501(c) () (insert no.) □ 4947(a)(1) or □ 527 □ Corporation □ Trust □ Association □ Other				
		-	7b to line 9 to determine gross receipts. If gross receipts are \$200,000 or more, or if total	assets			
			500,000 or more, file Form 990 instead of Form 990-EZ	•	¢		
	art I		e, Expenses, and Changes in Net Assets or Fund Balances (see the	instruction	ns for Part I) ந		
			the organization used Schedule O to respond to any question in this Part I		, 		
he	1		ns, gifts, grants, and similar amounts received		96966		
he	2		ervice revenue including government fees and contracts	· · ·	30568		
he	3	•	p dues and assessments	3	-		
he	4	Investment	•	4			
ne	_		unt from sale of assets other than inventory				
	5a		-				
	b		or other basis and sales expenses		-		
	6 6	•	d fundraising events:	<u>5</u> c	_		
	-	_	ome from gaming (attach Schedule G if greater than				
<u>o</u>	а	\$15,000) .					
Revenue	h		•				
ě	b		me from fundraising events (not including \$of contributions aising events reported on line 1) (attach Schedule G if the	5			
ď							
	C		t expenses from gaming and fundraising events 6c 6c ord 6b and sub	troot			
	d	line 6c) .	e or (loss) from gaming and fundraising events (add lines 6a and 6b and sub				
		,		· · 6d			
	7a		s of inventory, less returns and allowances				
	b		of goods sold				
	C		t or (loss) from sales of inventory (subtract line 7b from line 7a)				
	8		nue (describe in Schedule O)	8	127534		
_	10		nue. Add lines 1, 2, 3, 4, 5c, 6d, 7c, and 8				
			similar amounts paid (list in Schedule O)	-	+		
40	11		id to or for members				
ses	12		her compensation, and employee benefits he				
en	13		al fees and other payments to independent contractors he				
Expenses	14		v, rent, utilities, and maintenance				
ш	15	• • •	ublications, postage, and shipping				
	16		nses (describe in Schedule O) he				
	17	lotal expe	nses. Add lines 10 through 16	. • 17			
ts	18		deficit) for the year (subtract line 17 from line 9)		(4333)		
Net Assets	19		or fund balances at beginning of year (from line 27, column (A)) (must agree r figure reported on prior year's return)		20705		
	00	-					
	20		ges in net assets or fund balances (explain in Schedule O)				
_	21	Net assets	or fund balances at end of year. Combine lines 18 through 20	. ▶ 21	34432		

Form 990-EZ (2019) Page 2 Part II Balance Sheets (see the instructions for Part II) Check if the organization used Schedule O to respond to any question in this Part II . . . (A) Beginning of year (B) End of year 38765 34432 22 Cash, savings, and investments 22 23 23 Land and buildings 24 Other assets (describe in Schedule O) 24 38765 34432 25 25 Total assets Total liabilities (describe in Schedule O) 26 26 38765 27 34432 27 Net assets or fund balances (line 27 of column (B) must agree with line 21) Statement of Program Service Accomplishments (see the instructions for Part III) Part III **Expenses** Check if the organization used Schedule O to respond to any guestion in this Part III (Required for section Self-care services for nonprofit professionals What is the organization's primary exempt purpose? 501(c)(3) and 501(c)(4) organizations; optional for Describe the organization's program service accomplishments for each of its three largest program services, others.) as measured by expenses. In a clear and concise manner, describe the services provided, the number of persons benefited, and other relevant information for each program title. To offer wellness resources to nonprofit and ministry staff in order to alleviate burnout and promote individual and organizational health. We served 39 individuals in 2019.) If this amount includes foreign grants, check here 28a 51839 he (Grants \$ To offer workshops for individuals and organizations focused on various wellness topics and creating 29 healthy organization cultures. 29a 0 (Grants \$) If this amount includes foreign grants, check here 30) If this amount includes foreign grants, check here 30a Other program services (describe in Schedule O)) If this amount includes foreign grants, check here 31a Total program service expenses (add lines 28a through 31a) 51839 List of Officers, Directors, Trustees, and Key Employees (list each one even if not compensated – see the instructions for Part IV) Check if the organization used Schedule O to respond to any question in this Part IV (c) Reportable he (d) Health benefits. (b) Average compensation contributions to employee (e) Estimated amount of (a) Name and title hours per week (Forms W-2/1099-MISC) benefit plans, and other compensation devoted to position (if not paid, enter -0-) deferred compensation Candace Clippard 27 **Executive Director** 36458 **Abby Buter** 7 **Assistant Director** 5858 Jill Wright 0 **Board of Directors- President** Meagan Ryan 0 **Board of Directors- Secretary Zack Moulton** 0 **Board of Directors David Ssebulime** 0 **Board of Directors Jake Smith** 0 **Board of Directors** John Allen 0 **Board of Directors**

Part	· · · · · · · · · · · · · · · · · · ·				•
	instructions for Part V.) Check if the organization used Schedule O to respond to any question in this	s Part		✓	-
00			Yes	No	-
33	Did the organization engage in any significant activity not previously reported to the IRS? If "Yes," provide a detailed description of each activity in Schedule O	33		1	- 1
34	Were any significant changes made to the organizing or governing documents? If "Yes," attach a conformed copy of the amended documents if they reflect a change to the organization's name. Otherwise, explain the				
250	change on Schedule O. See instructions	34	•		-
35a	Did the organization have unrelated business gross income of \$1,000 or more during the year from business activities (such as those reported on lines 2, 6a, and 7a, among others)?	35a		1	_
b	If "Yes" to line 35a, has the organization filed a Form 990-T for the year? If "No," provide an explanation in Schedule O	35b		1	_
С	Was the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization subject to section 6033(e) notice, reporting, and proxy tax requirements during the year? If "Yes," complete Schedule C, Part III	35c		1	_
36	Did the organization undergo a liquidation, dissolution, termination, or significant disposition of net assets during the year? If "Yes," complete applicable parts of Schedule N	36		/	
37a	Enter amount of political expenditures, direct or indirect, as described in the instructions ▶ 37a			•	
b	Did the organization file Form 1120-POL for this year?	37b		1	
38a	Did the organization borrow from, or make any loans to, any officer, director, trustee, or key employee; or were any such loans made in a prior year and still outstanding at the end of the tax year covered by this return? .	38a		y	ŀ
	If "Yes," complete Schedule L, Part II, and enter the total amount involved	- Joan			
39 a	Section 501(c)(7) organizations. Enter: Initiation fees and capital contributions included on line 9				
b	Gross receipts, included on line 9, for public use of club facilities	-			
40a	Section 501(c)(3) organizations. Enter amount of tax imposed on the organization during the year under: section 4911 ► ; section 4912 ► ; section 4955 ►				
b	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in any section 4958				
	excess benefit transaction during the year, or did it engage in an excess benefit transaction in a prior year that has not been reported on any of its prior Forms 990 or 990-EZ? If "Yes," complete Schedule L, Part I	40b		1	
С	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Enter amount of tax imposed on organization managers or disqualified persons during the year under sections 4912, 4955, and 4958				
d	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Enter amount of tax on line 40c reimbursed by the organization				
е	All organizations. At any time during the tax year, was the organization a party to a prohibited tax shelter				
	transaction? If "Yes," complete Form 8886-T	40e		1	1
41	List the states with which a copy of this return is filed ▶				•
42a	The organization's books are in care of ▶ Accordus LLC Telephone no. ▶	478-73	1-679	1	
	Located at ► 5016 Spedale Ct. #228, Spring Hill, TN ZIP + 4 ►				
b	At any time during the calendar year, did the organization have an interest in or a signature or other authority over a financial account in a foreign country (such as a bank account, securities account, or other financial account)?	42b	Yes	No 🗸	-
	If "Yes," enter the name of the foreign country ► See the instructions for exceptions and filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR).				
С	At any time during the calendar year, did the organization maintain an office outside the United States? If "Yes," enter the name of the foreign country	42c		✓	-
43	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-EZ in lieu of Form 1041 —Check here and enter the amount of tax-exempt interest received or accrued during the tax year		. 1	▶ □	
	and enter the amount of tax-exempt interest received of accrued during the tax year		Yes	No	-
44a	Did the organization maintain any donor advised funds during the year? If "Yes," Form 990 must be completed instead of Form 990-EZ	44a	103	110	
b	Did the organization operate one or more hospital facilities during the year? If "Yes," Form 990 must be completed instead of Form 990-EZ				
_	Did the organization receive any payments for indoor tanning services during the year?	44b 44c		4	-
c d	If "Yes" to line 44c, has the organization filed a Form 720 to report these payments? If "No," provide an			•	
45-	explanation in Schedule O	44d			-
45a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	45a		✓	
b	Did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? If "Yes," Form 990 and Schedule R may need to be completed instead of Form 990-FZ. See instructions	45h			

Form 99	0-EZ (20	019)								Р	age 4	
										Yes	No	
46		ne organization engage, directly or in										
		ndidates for public office? If "Yes," c		Part I					46		*	
Part \		Section 501(c)(3) Organizations	_	.: 47 401	1.50							
		All section 501(c)(3) organizations	s must answer que	stions 47–49b ar	nd 52, and	d con	nplete th	e tab	ies to	or line	es	
		50 and 51.										
		Check if the organization used Sch	nedule O to respond	to any question i	n this Part	· VI					Ц	
										Yes	No	
47		ne organization engage in lobbying If "Yes," complete Schedule C, Part		section 501(h) elec					47		1	
48	Is the	organization a school as described in	n section 170(b)(1)(A)(ii)? If "Yes," comple	te Schedul	e E			48		1	
49a	Did the organization make any transfers to an exempt non-charitable related organization?								49a		1	
b If "Yes," was the related organization a section 527 organization?								. [49b			
50		plete this table for the organization's			other than	office	rs, directo	ors, tr	ustee	es, an	d key	
	emplo	oyees) who each received more than	\$100,000 of comper	sation from the or	ganization	. If the	ere is non	e, ent	er "N	one."		
			(b) Average	(c) Reportable	(d) H	ealth b	enefits,					
	(a)	Name and title of each employee	hours per week	compensation	contributions t			(e) Estimated a other compe				
			devoted to position	(Forms W-2/1099-MIS	5(3) '	mpens	I	Oth	er com	pensar	IOH	
None						<u> </u>						
f 51	Comp	number of other employees paid over plete this table for the organization's 000 of compensation from the organ	s five highest compe	ensated independe	ent contrac	_ ctors	who each	rece	eived	more	than	
	(a)	Name and business address of each independ	ent contractor	(b) Type of	service		(c)	Comp	ensatio	on		
None												
ا.	T_4-1		akana anah masabit									
		number of other independent contra	•		· -							
52		he organization complete Schedu		. , . ,	•	s mu	ist attach		V		\]_	
				· · · · · ·				. •			No	
		of perjury, I declare that I have examined this red complete. Declaration of preparer (other than						nowled	ge and	belief,	it is	
, 501	, and	L		a.c or willon propa	ao any M	· · · · · · · ·						
Sia-		Signature of officer		Dat-								
Sign		Signature of officer Date										
Here	he	Candace Clippard, Executive Director										
		Type or print name and title										
Paid		Print/Type preparer's name	Preparer's signature		Date			if	PTIN			
Prepa	arer				self-employed							
Use (Firm's EIN ▶					
		Firm's address ► Phone no.										
May th	e IRS	discuss this return with the preparer	shown above? See i	nstructions					Yes		No	