

Return of Organization Exempt From Income TaxUnder section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except black lung
benefit trust or private foundation)

▶ The organization may have to use a copy of this return to satisfy state reporting requirements.

2007Open to Public
Inspection**A** For the 2007 calendar year, or tax year beginning

and ending

B Check if applicable:

- ☐ Address change
☐ Name change
☐ Initial return
☐ Termination
☐ Amended return
☐ Application pending

Please use IRS label or print or type. See Specific Instructions.

C Name of organization**YOUNG MEN'S CHRISTIAN ASSOCIATION OF
MIDDLE TENNESSEE**

Number and street (or P.O. box if mail is not delivered to street address)

900 CHURCH STREET

Room/suite

City or town, state or country, and ZIP + 4

NASHVILLE, TN 37203**D** Employer identification number**62-0476243****E** Telephone number**(615) 259-9622****F** Accounting method:☐ Cash ☒ Accrual

Other (specify) ▶

• Section 501(c)(3) organizations and 4947(a)(1) nonexempt charitable trusts must attach a completed Schedule A (Form 990 or 990-EZ).

Hand I are not applicable to section 527 organizations.

H(a) Is this a group return for affiliates? ☐ Yes ☒ No**H(b)** If "Yes," enter number of affiliates ▶ **N/A****H(c)** Are all affiliates included? **N/A** ☐ Yes ☐ No
(If "No," attach a list.)**H(d)** Is this a separate return filed by an organization covered by a group ruling? ☐ Yes ☒ No**I** Group Exemption Number ▶ **N/A****G** Website: ▶ **WWW.YMCAMIDTN.ORG****J** Organization type (check only one) ☒ 501(c) (3) (insert no.) ☐ 4947(a)(1) or ☐ 527**K** Check here ☐ if the organization is not a 509(a)(3) supporting organization and its gross receipts are normally not more than \$25,000. A return is not required, but if the organization chooses to file a return, be sure to file a complete return.**L** Gross receipts: Add lines 6b, 8b, 9b, and 10b to line 12 ▶**79,818,473.****M** Check ☐ if the organization is not required to attach Sch. B (Form 990, 990-EZ, or 990-PF).**Part I Revenue, Expenses, and Changes in Net Assets or Fund Balances**

Revenue	1 Contributions, gifts, grants, and similar amounts received:				
	a Contributions to donor advised funds	1a			
	b Direct public support (not included on line 1a)	1b	8,569,180.		
	c Indirect public support (not included on line 1a)	1c	121,585.		
	d Government contributions (grants) (not included on line 1a)	1d	3,015,658.		
	e Total (add lines 1a through 1d) (cash \$ 11,706,423. noncash \$)	1e	11,706,423.		
	2 Program service revenue including government fees and contracts (from Part VII, line 93)	2	23,169,214.		
	3 Membership dues and assessments	3	43,884,805.		
	4 Interest on savings and temporary cash investments	4			
	5 Dividends and interest from securities	5	1,058,031.		
	6 a Gross rents	6a			
	b Less: rental expenses	6b			
c Net rental income or (loss). Subtract line 6b from line 6a	6c				
7 Other investment income (describe)	7				
Expenses	8 a Gross amount from sales of assets other than inventory	(A) Securities		(B) Other	
	b Less: cost or other basis and sales expenses	8a		8b	
	c Gain or (loss) (attach schedule)	8c			
	d Net gain or (loss). Combine line 8c, columns (A) and (B)	8d			
	9 Special events and activities (attach schedule). If any amount is from gaming, check here <input type="checkbox"/>				
	a Gross revenue (not including \$ of contributions reported on line 1b)	9a			
	b Less: direct expenses other than fundraising expenses	9b			
	c Net income or (loss) from special events. Subtract line 9b from line 9a	9c			
	10 a Gross sales of inventory, less returns and allowances	10a			
	b Less: cost of goods sold	10b			
	c Gross profit or (loss) from sales of inventory (attach schedule). Subtract line 10b from line 10a	10c			
	11 Other revenue (from Part VII, line 103)	11			
12 Total revenue. Add lines 1e, 2, 3, 4, 5, 6c, 7, 8d, 9c, 10c, and 11	12	79,818,473.			
Net Assets	13 Program services (from line 44, column (B))	13	62,758,864.		
	14 Management and general (from line 44, column (C))	14	9,263,575.		
	15 Fundraising (from line 44, column (D))	15	1,840,082.		
	16 Payments to affiliates (attach schedule)	16			
	17 Total expenses. Add lines 16 and 44, column (A)	17	73,862,521.		
18 Excess or (deficit) for the year. Subtract line 17 from line 12	18	5,955,952.			
19 Net assets or fund balances at beginning of year (from line 73, column (A))	19	80,475,024.			
20 Other changes in net assets or fund balances (attach explanation)	20	SEE STATEMENT 1			
21 Net assets or fund balances at end of year. Combine lines 18, 19, and 20	21	85,185,336.			

**YOUNG MEN'S CHRISTIAN ASSOCIATION OF
MIDDLE TENNESSEE**

Form 990 (2007)

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**Part II Statement of
Functional Expenses**

All organizations must complete column (A). Columns (B), (C), and (D) are required for section 501(c)(3) and (4) organizations and section 4947(a)(1) nonexempt charitable trusts but optional for others.

<i>Do not include amounts reported on line 6b, 8b, 9b, 10b, or 16 of Part I.</i>	(A) Total	(B) Program services	(C) Management and general	(D) Fundraising
22a Grants paid from donor advised funds (attach schedule) (cash \$ <u>0</u> . noncash \$ <u>0</u> .) If this amount includes foreign grants, check here <input type="checkbox"/>				STATEMENT 2
22b Other grants and allocations (attach schedule) (cash \$ <u>1,641</u> . noncash \$ <u>0</u> .) If this amount includes foreign grants, check here <input type="checkbox"/>	<u>1,641.</u>	<u>1,641.</u>		
23 Specific assistance to individuals (attach schedule)				
24 Benefits paid to or for members (attach schedule)				
25a Compensation of current officers, directors, key employees, etc. listed in Part V-A	<u>1,214,313.</u>	<u>130,702.</u>	<u>679,108.</u>	<u>404,503.</u>
b Compensation of former officers, directors, key employees, etc. listed in Part V-B	<u>0.</u>	<u>0.</u>	<u>0.</u>	<u>0.</u>
c Compensation and other distributions, not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)				
26 Salaries and wages of employees not included on lines 25a, b, and c	<u>32,946,512.</u>	<u>29,257,330.</u>	<u>3,243,824.</u>	<u>445,358.</u>
27 Pension plan contributions not included on lines 25a, b, and c	<u>1,882,250.</u>	<u>1,562,062.</u>	<u>233,829.</u>	<u>86,359.</u>
28 Employee benefits not included on lines 25a - 27	<u>1,567,705.</u>	<u>1,301,024.</u>	<u>194,754.</u>	<u>71,927.</u>
29 Payroll taxes	<u>3,039,094.</u>	<u>2,689,102.</u>	<u>291,110.</u>	<u>58,882.</u>
30 Professional fundraising fees				
31 Accounting fees				
32 Legal fees				
33 Supplies	<u>5,095,070.</u>	<u>4,565,704.</u>	<u>392,668.</u>	<u>136,698.</u>
34 Telephone	<u>949,788.</u>	<u>781,316.</u>	<u>156,527.</u>	<u>11,945.</u>
35 Postage and shipping	<u>267,542.</u>	<u>77,490.</u>	<u>183,286.</u>	<u>6,766.</u>
36 Occupancy	<u>6,979,116.</u>	<u>6,690,743.</u>	<u>288,373.</u>	
37 Equipment rental and maintenance	<u>2,649,351.</u>	<u>1,836,203.</u>	<u>807,568.</u>	<u>5,580.</u>
38 Printing and publications	<u>1,122,271.</u>	<u>553,714.</u>	<u>515,328.</u>	<u>53,229.</u>
39 Travel	<u>1,074,862.</u>	<u>813,453.</u>	<u>208,513.</u>	<u>52,896.</u>
40 Conferences, conventions, and meetings	<u>1,216,521.</u>	<u>977,717.</u>	<u>219,788.</u>	<u>19,016.</u>
41 Interest				
42 Depreciation, depletion, etc. (attach schedule)	<u>5,859,726.</u>	<u>5,859,726.</u>		
43 Other expenses not covered above (itemize):				
a PURCHASED SERVICES	<u>3,225,913.</u>	<u>1,498,931.</u>	<u>1,516,551.</u>	<u>210,431.</u>
b FINANCING COSTS	<u>2,419,506.</u>	<u>2,202,435.</u>	<u>217,071.</u>	<u>0.</u>
c MEMBERSHIP DUES	<u>324,988.</u>	<u>322,018.</u>	<u>0.</u>	<u>2,970.</u>
d ASSISTANCE, AWARDS AND				
e GRANTS	<u>484,821.</u>	<u>248,734.</u>	<u>0.</u>	<u>236,087.</u>
f INSURANCE	<u>483,281.</u>	<u>474,257.</u>	<u>9,024.</u>	<u>0.</u>
g MISCELLANEOUS EXPENSE	<u>1,058,250.</u>	<u>914,562.</u>	<u>106,253.</u>	<u>37,435.</u>
44 Total functional expenses. Add lines 22a through 43g. (Organizations completing columns (B)-(D), carry these totals to lines 13-15)	<u>73,862,521.</u>	<u>62,758,864.</u>	<u>9,263,575.</u>	<u>1,840,082.</u>

Joint Costs. Check ☐ if you are following SOP 98-2.

Are any joint costs from a combined educational campaign and fundraising solicitation reported in (B) Program services? ☐ Yes ☒ No
 If "Yes," enter (i) the aggregate amount of these joint costs \$ N/A ; (ii) the amount allocated to Program services \$ N/A ;
 (iii) the amount allocated to Management and general \$ N/A ; and (iv) the amount allocated to Fundraising \$ N/A

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12-27-07

Form **990** (2007)

Part III Statement of Program Service Accomplishments (See the instructions.)

Form 990 is available for public inspection and, for some people, serves as the primary or sole source of information about a particular organization. How the public perceives an organization in such cases may be determined by the information presented on its return. Therefore, please make sure the return is complete and accurate and fully describes, in Part III, the organization's programs and accomplishments.

What is the organization's primary exempt purpose? ► SEE STATEMENT 3		Program Service Expenses (Required for 501(c)(3) and (4) orgs., and 4947(a)(1) trusts; but optional for others.)
All organizations must describe their exempt purpose achievements in a clear and concise manner. State the number of clients served, publications issued, etc. Discuss achievements that are not measurable. (Section 501(c)(3) and (4) organizations and 4947(a)(1) nonexempt charitable trusts must also enter the amount of grants and allocations to others.)		
a	SEE ATTACHED PROGRAM SERVICES STATEMENT.	62,758,864.
(Grants and allocations \$ 1,641.) If this amount includes foreign grants, check here ► <input type="checkbox"/>		
b		
(Grants and allocations \$) If this amount includes foreign grants, check here ► <input type="checkbox"/>		
c		
(Grants and allocations \$) If this amount includes foreign grants, check here ► <input type="checkbox"/>		
d		
(Grants and allocations \$) If this amount includes foreign grants, check here ► <input type="checkbox"/>		
e	Other program services (attach schedule)	
(Grants and allocations \$) If this amount includes foreign grants, check here ► <input type="checkbox"/>		
f	Total of Program Service Expenses (should equal line 44, column (B), Program services) ►	62,758,864.

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**YOUNG MEN'S CHRISTIAN ASSOCIATION OF
MIDDLE TENNESSEE**

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Part IV Balance Sheets (See the instructions.)

Note: Where required, attached schedules and amounts within the description column should be for end-of-year amounts only.

		(A) Beginning of year		(B) End of year
Assets	45 Cash - non-interest-bearing	2,932,620.	45	5,694,959.
	46 Savings and temporary cash investments	13,527,419.	46	36,789,841.
	47 a Accounts receivable 47a 445,302.			
	b Less: allowance for doubtful accounts 47b	321,786.	47c	445,302.
	48 a Pledges receivable 48a 15,056,507.			
	b Less: allowance for doubtful accounts 48b 1,000,000.	20,531,217.	48c	14,056,507.
	49 Grants receivable		49	
	50 a Receivables from current and former officers, directors, trustees, and key employees		50a	
	b Receivables from other disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)		50b	
	51 a Other notes and loans receivable 51a			
	b Less: allowance for doubtful accounts 51b		51c	
	52 Inventories for sale or use		52	
	53 Prepaid expenses and deferred charges	1,159,305.	53	897,798.
	54 a Investments - publicly-traded securities <input type="checkbox"/> Cost <input type="checkbox"/> FMV		54a	
	b Investments - other securities <input type="checkbox"/> Cost <input type="checkbox"/> FMV		54b	
55 a Investments - land, buildings, and equipment: basis 55a 151,016,000.				
b Less: accumulated depreciation STMT 4 55b 43,752,300.	97,771,103.	55c	107,263,700.	
56 Investments - other SEE STATEMENT 5	344,367.	56	375,388.	
57 a Land, buildings, and equipment: basis 57a				
b Less: accumulated depreciation 57b		57c		
58 Other assets, including program-related investments (describe BOND ISSUE COSTS)	328,776.	58	448,992.	
59 Total assets (must equal line 74). Add lines 45 through 58	136,916,593.	59	165,972,487.	
Liabilities	60 Accounts payable and accrued expenses	4,116,461.	60	5,843,244.
	61 Grants payable		61	
	62 Deferred revenue	3,241,513.	62	2,994,128.
	63 Loans from officers, directors, trustees, and key employees		63	
	64 a Tax-exempt bond liabilities 33,740,000.	62,680,000.	64a	
	b Mortgages and other notes payable 13,369,132.	5,987,633.	64b	
	65 Other liabilities (describe SEE STATEMENT 6) 1,974,463.	3,282,146.	65	
66 Total liabilities. Add lines 60 through 65	56,441,569.	66	80,787,151.	
Net Assets or Fund Balances	Organizations that follow SFAS 117, check here <input checked="" type="checkbox"/> X and complete lines 67 through 69 and lines 73 and 74.			
	67 Unrestricted	54,859,304.	67	65,005,185.
	68 Temporarily restricted	25,615,720.	68	20,180,151.
	69 Permanently restricted		69	
	Organizations that do not follow SFAS 117, check here <input type="checkbox"/> and complete lines 70 through 74.			
	70 Capital stock, trust principal, or current funds		70	
	71 Paid-in or capital surplus, or land, building, and equipment fund		71	
	72 Retained earnings, endowment, accumulated income, or other funds		72	
	73 Total net assets or fund balances. Add lines 67 through 69 or lines 70 through 72. (Column (A) must equal line 19 and column (B) must equal line 21)	80,475,024.	73	85,185,336.
74 Total liabilities and net assets/fund balances. Add lines 66 and 73	136,916,593.	74	165,972,487.	

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Part IV-A Reconciliation of Revenue per Audited Financial Statements With Revenue per Return (See the instructions.)

a Total revenue, gains, and other support per audited financial statements			a	79,849,494.
b Amounts included on line a but not on Part I, line 12:				
1 Net unrealized gains on investments	b1	31,021.		
2 Donated services and use of facilities	b2			
3 Recoveries of prior year grants	b3			
4 Other (specify):	b4			
Add lines b1 through b4			b	31,021.
c Subtract line b from line a			c	79,818,473.
d Amounts included on Part I, line 12, but not on line a :				
1 Investment expenses not included on Part I, line 6b	d1			
2 Other (specify):	d2			
Add lines d1 and d2			d	0.
e Total revenue (Part I, line 12). Add lines c and d			e	79,818,473.

Part IV-B	Reconciliation of Expenses per Audited Financial Statements With Expenses per Return			
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a Total expenses and losses per audited financial statements		a	75,139,183.
b Amounts included on line a but not on Part I, line 17:			
1 Donated services and use of facilities	b1		
2 Prior year adjustments reported on Part I, line 20	b2		
3 Losses reported on Part I, line 20	b3		
4 Other (specify): CHANGE IN DERIVATIVE LIABILITY	b4	1,276,662.	
Add lines b1 through b4		b	1,276,662.
c Subtract line b from line a		c	73,862,521.
d Amounts included on Part I, line 17, but not on line a :			
1 Investment expenses not included on Part I, line 6b	d1		
2 Other (specify):	d2		
Add lines d1 and d2		d	0.
e Total expenses (Part I, line 17). Add lines c and d		e	73,862,521.

Part V-A Current Officers, Directors, Trustees, and Key Employees (List each person who was an officer, director, trustee, or key employee at any time during the year even if they were not compensated.) (See the instructions.)

[illegible]

**YOUNG MEN'S CHRISTIAN ASSOCIATION OF
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Part VI Other Information (continued)		Yes	No
82 a Did the organization receive donated services or the use of materials, equipment, or facilities at no charge or at substantially less than fair rental value?	82a		X
b If "Yes," you may indicate the value of these items here. Do not include this amount as revenue in Part I or as an expense in Part II. (See instructions in Part III.) 82b N/A			
83 a Did the organization comply with the public inspection requirements for returns and exemption applications?	83a	X	
b Did the organization comply with the disclosure requirements relating to <i>quid pro quo</i> contributions?	83b		
84 a Did the organization solicit any contributions or gifts that were not tax deductible?	84a		X
b If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible?	84b		
85 a 501(c)(4), (5), or (6). Were substantially all dues nondeductible by members?	85a		
b Did the organization make only in-house lobbying expenditures of \$2,000 or less?	85b		
If "Yes" was answered to either 85a or 85b, do not complete 85c through 85h below unless the organization received a waiver for proxy tax owed for the prior year.			
c Dues, assessments, and similar amounts from members	85c		
d Section 162(e) lobbying and political expenditures	85d		
e Aggregate nondeductible amount of section 6033(e)(1)(A) dues notices	85e		
f Taxable amount of lobbying and political expenditures (line 85d less 85e)	85f		
g Does the organization elect to pay the section 6033(e) tax on the amount on line 85f?	85g		
h If section 6033(e)(1)(A) dues notices were sent, does the organization agree to add the amount on line 85f to its reasonable estimate of dues allocable to nondeductible lobbying and political expenditures for the following tax year?	85h		
86 501(c)(7) organizations. Enter: a Initiation fees and capital contributions included on line 12 86a N/A			
b Gross receipts, included on line 12, for public use of club facilities	86b		
87 501(c)(12) organizations. Enter: a Gross income from members or shareholders	87a		
b Gross income from other sources. (Do not net amounts due or paid to other sources against amounts due or received from them.)	87b		
88 a At any time during the year, did the organization own a 50% or greater interest in a taxable corporation or partnership, or an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? If "Yes," complete Part IX	88a		X
b At any time during the year, did the organization, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," complete Part XI	88b		X
89 a 501(c)(3) organizations. Enter: Amount of tax imposed on the organization during the year under: section 4911 ▶ <u>0.</u> ; section 4912 ▶ <u>0.</u> ; section 4955 ▶ <u>0.</u>			
b 501(c)(3) and 501(c)(4) organizations. Did the organization engage in any section 4958 excess benefit transaction during the year or did it become aware of an excess benefit transaction from a prior year? If "Yes," attach a statement explaining each transaction	89b		X
c Enter: Amount of tax imposed on the organization managers or disqualified persons during the year under sections 4912, 4955, and 4958 ▶ <u>0.</u>			
d Enter: Amount of tax on line 89c, above, reimbursed by the organization ▶ <u>0.</u>			
e All organizations. At any time during the tax year, was the organization a party to a prohibited tax shelter transaction?	89e		X
f All organizations. Did the organization acquire a direct or indirect interest in any applicable insurance contract?	89f		X
g For supporting organizations and sponsoring organizations maintaining donor advised funds. Did the supporting organization, or a fund maintained by a sponsoring organization, have excess business holdings at any time during the year?	89g		X
90 a List the states with which a copy of this return is filed ▶ TN			
b Number of employees employed in the pay period that includes March 12, 2007	90b	3558	
91 a The books are in care of ▶ MR. TIM WEILL Telephone no. ▶ 615-259-9622			
Located at ▶ 900 CHURCH STREET, NASHVILLE, TN ZIP + 4 ▶ 37203			
b At any time during the calendar year, did the organization have an interest in or a signature or other authority over a financial account in a foreign country (such as a bank account, securities account, or other financial account)?	91b		X
If "Yes," enter the name of the foreign country ▶ N/A See the instructions for exceptions and filing requirements for Form TD F 90-22.1 , Report of Foreign Bank and Financial Accounts.			

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Part VI Other Information (continued) **Yes No**

c At any time during the calendar year, did the organization maintain an office outside of the United States? **91c** ☐ ☒

If "Yes," enter the name of the foreign country **N/A**

92 Section 4947(a)(1) nonexempt charitable trusts filing Form 990 in lieu of Form 1041- Check here ☐

and enter the amount of tax-exempt interest received or accrued during the tax year **92** **N/A**

Part VII Analysis of Income-Producing Activities (See the instructions.)

Note: Enter gross amounts unless otherwise indicated.

	Unrelated business income		Excluded by section 512, 513, or 514		(E) Related or exempt function income
	(A) Business code	(B) Amount	(C) Exclu- sion code	(D) Amount	
93 Program service revenue:					
a PROGRAM SERVICE REVENUE	541610	211,742.			22,957,472.
b					
c					
d					
e					
f Medicare/Medicaid payments					
g Fees and contracts from government agencies					
94 Membership dues and assessments					43,884,805.
95 Interest on savings and temporary cash investments					
96 Dividends and interest from securities			14	1,058,031.	
97 Net rental income or (loss) from real estate:					
a debt-financed property					
b not debt-financed property					
98 Net rental income or (loss) from personal property					
99 Other investment income					
100 Gain or (loss) from sales of assets other than inventory					
101 Net income or (loss) from special events					
102 Gross profit or (loss) from sales of inventory					
103 Other revenue:					
a					
b					
c					
d					
e					
104 Subtotal (add columns (B), (D), and (E))		211,742.		1,058,031.	66,842,277.
105 Total (add line 104, columns (B), (D), and (E))					68,112,050.

Note: Line 105 plus line 1e, Part I, should equal the amount on line 12, Part I.

Part VIII Relationship of Activities to the Accomplishment of Exempt Purposes (See the instructions.)

Line No.	Explain how each activity for which income is reported in column (E) of Part VII contributed importantly to the accomplishment of the organization's exempt purposes (other than by providing funds for such purposes).
93A	ALL OF THE INCOME EARNED IS USED FOR THE PROGRAM SERVICES LISTED ON THE ATTACHED STATEMENT.

Part IX Information Regarding Taxable Subsidiaries and Disregarded Entities (See the instructions.)

(A) Name, address, and EIN of corporation, partnership, or disregarded entity	(B) Percentage of ownership interest	(C) Nature of activities	(D) Total income	(E) End-of-year assets
	%			
N/A	%			
	%			
	%			

Part X Information Regarding Transfers Associated with Personal Benefit Contracts (See the instructions.)

(a) Did the organization, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? ☐ Yes ☒ No

(b) Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract? ☐ Yes ☒ No

Note: If "Yes" to (b), file Form 8870 and Form 4720 (see instructions).

Form **990** (2007)

Form 990 (2007)

Part XI**Information Regarding Transfers To and From Controlled Entities.** Complete only if the organization is a controlling organization as defined in section 512(b)(13). N/A**No**

106 Did the reporting organization **make** any transfers **to** a controlled entity as defined in section 512(b)(13) of the Code? If "Yes," complete the schedule below for each controlled entity.

	(A) Name, address, of each controlled entity	(B) Employer Identification Number	(C) Description of transfer	(D) Amount of transfer
a				
b				
c				
Totals				

No

107 Did the reporting organization **receive** any transfers **from** a controlled entity as defined in section 512(b)(13) of the Code? If "Yes," complete the schedule below for each controlled entity.

	(A) Name, address, of each controlled entity	(B) Employer Identification Number	(C) Description of transfer	(D) Amount of transfer
a				
b				
c				
Totals				

Yes

108 Did the organization have a binding written contract in effect on August 17, 2006, covering the interest, rents, royalties, and annuities described in question 107 above?

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge.

Please
Sign
Here

Signature of officer

Date

TIMOTHY WEILL, SENIOR V.P.
Type or print name and titlePaid
Preparer's
Use OnlyPreparer's
signature
Firm's name (or
yours if
self-employed),
address, and
ZIP + 4

Date

08/22/08

Check if
self-
employed

Preparer's SSN or PTIN (See Gen. Inst. X)

EIN

Phone no. (615) 242-7351

Form 990 (2007)

SCHEDULE A
(Form 990 or 990-EZ)

Department of the Treasury
Internal Revenue Service

Organization Exempt Under Section 501(c)(3)

(Except Private Foundation) and Section 501(e), 501(f), 501(k),
501(n), or 4947(a)(1) Nonexempt Charitable Trust

Supplementary Information-(See separate instructions.)

► **MUST** be completed by the above organizations and attached to their Form 990 or 990-EZ

OMB No. 1545-0047

2007

Name of the organization	YOUNG MEN'S CHRISTIAN ASSOCIATION OF MIDDLE TENNESSEE	Employer identification number	62 0476243
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Part I Compensation of the Five Highest Paid Employees Other Than Officers, Directors, and Trustees

(See page 1 of the instructions. List each one. If there are none, enter "None.")

(a) Name and address of each employee paid more than \$50,000	(b) Title and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans & deferred compensation	(e) Expense account and other allowances
DONALD JONES 900 CHURCH STREET, NASHVILLE, TN 3720	SR VP 45.00	141,547.	19,265.	
HAKAN DARUD 900 CHURCH STREET, NASHVILLE, TN 3720	SR PROGRAM DIR 40.00	132,989.	23,050.	
KEITH CROSS 900 CHURCH STREET, NASHVILLE, TN 3720	SR VP 45.00	132,031.	23,855.	
JEFF PARSLEY 900 CHURCH STREET, NASHVILLE, TN 3720	SR VP 45.00	125,914.	23,080.	
LISA BECK 900 CHURCH STREET, NASHVILLE, TN 3720	VP 45.00	114,678.	17,849.	
Total number of other employees paid over \$50,000	64			

Part II-A Compensation of the Five Highest Paid Independent Contractors for Professional Services

(See page 2 of the instructions. List each one (whether individuals or firms). If there are none, enter "None.")

(a) Name and address of each independent contractor paid more than \$50,000	(b) Type of service	(c) Compensation
ATIBA SOFTWARE 1720 WEST END AVENUE, STE 33, NASHVILLE, TN 37203	SOFTWARE PROGRAMMING	493,773.
LIGHTHOUSE COUNSEL 228 CIRCLE VIEW DRIVE, FRANKLIN, TN 37067	FUNDRAISER	191,494.
SEER ANALYTICS 518 NORTH TAMPA STREET, TAMPA, FL 33602	MARKET STUDIES	112,327.
REGGIE LUDWIG 620 WATERMARK WAY, FRANKLIN, TN 37064	TENNIS PROFESSIONAL	60,834.
KRAFTCPAS 555 GREAT CIRCLE ROAD STE 200, NASHVILLE, TN 37222	ACCOUNTANTS	52,261.
Total number of others receiving over \$50,000 for professional services	0	

Part II-B Compensation of the Five Highest Paid Independent Contractors for Other Services

(List each contractor who performed services other than professional services, whether individuals or firms. If there are none, enter "None." See page 2 of the instructions.)

(a) Name and address of each independent contractor paid more than \$50,000	(b) Type of service	(c) Compensation
INTELLICORP RECORDS INC 6001 COCHRAN ROAD, STE 200, SOLON, OH 44139	BACKGROUND CHECKS	117,082.
PRO-CLEAN LLC 700 INVERNESS AVE, STE 102, NASHVILLE, TN 37204	JANITORIAL SERVICES	115,147.
ALLIANCE 1, LLC 2410 PATTERSON STREET, NASHVILLE, TN 37205	COURIER SERVICES	86,983.
JOHN KANG D/B/A CENTRAL BLDG 7000 EXECUTIVE CR DRIVE, STE 100, BRENTWOOD, TN 37027	CLEANING SERVICES	78,451.
Total number of other contractors receiving over \$50,000 for other services	0	

YOUNG MEN'S CHRISTIAN ASSOCIATION OF

Schedule A (Form 990 or 990-EZ) 2007

MIDDLE TENNESSEE

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Part III **Statements About Activities** (See page 2 of the instructions.)

	Yes	No
1 During the year, has the organization attempted to influence national, state, or local legislation, including any attempt to influence public opinion on a legislative matter or referendum? If "Yes," enter the total expenses paid or incurred in connection with the lobbying activities ► \$ _____ \$ _____ (Must equal amounts on line 38, Part VI-A, or line i of Part VI-B.) Organizations that made an election under section 501(h) by filing Form 5768 must complete Part VI-A. Other organizations checking "Yes" must complete Part VI-B AND attach a statement giving a detailed description of the lobbying activities.	1	X
2 During the year, has the organization, either directly or indirectly, engaged in any of the following acts with any substantial contributors, trustees, directors, officers, creators, key employees, or members of their families, or with any taxable organization with which any such person is affiliated as an officer, director, trustee, majority owner, or principal beneficiary? (If the answer to any question is "Yes," attach a detailed statement explaining the transactions.)		
a Sale, exchange, or leasing of property?	2a	X
b Lending of money or other extension of credit?	2b	X
c Furnishing of goods, services, or facilities? SEE STATEMENT 8	2c	X
d Payment of compensation (or payment or reimbursement of expenses if more than \$1,000)? SEE PART V-A, FORM 990	2d	X
e Transfer of any part of its income or assets?	2e	X
3 a Did the organization make grants for scholarships, fellowships, student loans, etc.? (If "Yes," attach an explanation of how the organization determines that recipients qualify to receive payments.) SEE STATEMENT 9	3a	X
b Did the organization have a section 403(b) annuity plan for its employees?	3b	X
c Did the organization receive or hold an easement for conservation purposes, including easements to preserve open space, the environment, historic land areas or historic structures? If "Yes," attach a detailed statement	3c	X
d Did the organization provide credit counseling, debt management, credit repair, or debt negotiation services?	3d	X
4 a Did the organization maintain any donor advised funds? If "Yes," complete lines 4b through 4g. If "No," complete lines 4f and 4g	4a	X
b Did the organization make any taxable distributions under section 4966? N/A	4b	
c Did the organization make a distribution to a donor, donor advisor, or related person? N/A	4c	
d Enter the total number of donor advised funds owned at the end of the tax year ►		0
e Enter the aggregate value of assets held in all donor advised funds owned at the end of the tax year ►		0.
f Enter the total number of separate funds or accounts owned at the end of the year (excluding donor advised funds included on line 4d) where donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts ►		0.
g Enter the aggregate value of assets in all funds or accounts included on line 4f at the end of the tax year ►		0.

Schedule A (Form 990 or 990-EZ) 2007

Part IV Reason for Non-Private Foundation Status (See pages 4 through 8 of the instructions.)I certify that the organization is not a private foundation because it is: (Please check only **ONE** applicable box.)

- 5 ☐ A church, convention of churches, or association of churches. Section 170(b)(1)(A)(i).
- 6 ☐ A school. Section 170(b)(1)(A)(ii). (Also complete Part V.)
- 7 ☐ A hospital or a cooperative hospital service organization. Section 170(b)(1)(A)(iii).
- 8 ☐ A federal, state, or local government or governmental unit. Section 170(b)(1)(A)(v).
- 9 ☐ A medical research organization operated in conjunction with a hospital. Section 170(b)(1)(A)(iii). Enter the hospital's name, city, and state ►
- 10 ☐ An organization operated for the benefit of a college or university owned or operated by a governmental unit. Section 170(b)(1)(A)(iv). (Also complete the **Support Schedule** in Part IV-A.)
- 11a ☒ An organization that normally receives a substantial part of its support from a governmental unit or from the general public. Section 170(b)(1)(A)(vi). (Also complete the **Support Schedule** in Part IV-A.)
- 11b ☐ A community trust. Section 170(b)(1)(A)(vi). (Also complete the **Support Schedule** in Part IV-A.)
- 12 ☐ An organization that normally receives: (1) more than 33 1/3% of its support from contributions, membership fees, and gross receipts from activities related to its charitable, etc., functions - subject to certain exceptions, and (2) no more than 33 1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975. See section 509(a)(2). (Also complete the **Support Schedule** in Part IV-A.)
- 13 ☐ An organization that is not controlled by any disqualified persons (other than foundation managers) and otherwise meets the requirements of section 509(a)(3). Check the box that describes the type of supporting organization:
☐ Type I ☐ Type II ☐ Type III-Functionally Integrated ☐ Type III-Other

Provide the following information about the supported organizations. (See page 8 of the instructions.)

(a) Name(s) of supported organization(s)	(b) Employer identification number (EIN)	(c) Type of organization (described in lines 5 through 12 above or IRC section)	(d) Is the supported organization listed in the supporting organization's governing documents?		(e) Amount of support
			Yes	No	
Total ►					

- 14 ☐ An organization organized and operated to test for public safety. Section 509(a)(4). (See page 8 of the instructions.)

YOUNG MEN'S CHRISTIAN ASSOCIATION OF

Schedule A (Form 990 or 990-EZ) 2007

MIDDLE TENNESSEE

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Part IV-A**Support Schedule** (Complete only if you checked a box on line 10, 11, or 12.) **Use cash method of accounting.****Note:** You may use the worksheet in the instructions for converting from the accrual to the cash method of accounting.

Calendar year (or fiscal year beginning in) ▶	(a) 2006	(b) 2005	(c) 2004	(d) 2003	(e) Total
15 Gifts, grants, and contributions received. (Do not include unusual grants. See line 28.)	13,530,011.	16,756,229.	16,260,651.	7,559,117.	54,106,008.
16 Membership fees received	37,696,472.	32,051,900.	30,465,175.	30,081,849.	130,295,396.
17 Gross receipts from admissions, merchandise sold or services performed, or furnishing of facilities in any activity that is related to the organization's charitable, etc., purpose	21,326,838.	19,312,351.	17,823,302.	16,312,802.	74,775,293.
18 Gross income from interest, dividends, amounts received from payments on securities loans (section 512(a)(5)), rents, royalties, income from similar sources, and unrelated business taxable income (less section 511 taxes) from businesses acquired by the organization after June 30, 1975	686,735.	445,068.	259,776.	216,285.	1,607,864.
19 Net income from unrelated business activities not included in line 18					
20 Tax revenues levied for the organization's benefit and either paid to it or expended on its behalf					
21 The value of services or facilities furnished to the organization by a governmental unit without charge. Do not include the value of services or facilities generally furnished to the public without charge					
22 Other income. Attach a schedule. Do not include gain or (loss) from sale of capital assets	645,116.	477,300.	SEE STATEMENT 10 450,419.	443,829.	2,016,664.
23 Total of lines 15 through 22	73,885,172.	69,042,848.	65,259,323.	54,613,882.	262,801,225.
24 Line 23 minus line 17	52,558,334.	49,730,497.	47,436,021.	38,301,080.	188,025,932.
25 Enter 1% of line 23	738,852.	690,428.	652,593.	546,139.	
26 Organizations described on lines 10 or 11: a Enter 2% of amount in column (e), line 24					26a 3,760,519.
b Prepare a list for your records to show the name of and amount contributed by each person (other than a governmental unit or publicly supported organization) whose total gifts for 2003 through 2006 exceeded the amount shown in line 26a. Do not file this list with your return. Enter the total of all these excess amounts					26b 2,978,962.
c Total support for section 509(a)(1) test: Enter line 24, column (e)					26c 188,025,932.
d Add: Amounts from column (e) for lines: 18 1,607,864. 19 2,016,664. 22 2,978,962.					26d 6,603,490.
e Public support (line 26c minus line 26d total)					26e 181,422,442.
f Public support percentage (line 26e (numerator) divided by line 26c (denominator))					26f 96.4880%
27 Organizations described on line 12: a For amounts included in lines 15, 16, and 17 that were received from a "disqualified person," prepare a list for your records to show the name of, and total amounts received in each year from, each "disqualified person." Do not file this list with your return. Enter the sum of such amounts for each year: N/A					
(2006) (2005) (2004) (2003)					
b For any amount included in line 17 that was received from each person (other than "disqualified persons"), prepare a list for your records to show the name of, and amount received for each year, that was more than the larger of (1) the amount on line 25 for the year or (2) \$5,000. (Include in the list organizations described in lines 5 through 11b, as well as individuals.) Do not file this list with your return. After computing the difference between the amount received and the larger amount described in (1) or (2), enter the sum of these differences (the excess amounts) for each year: N/A					
(2006) (2005) (2004) (2003)					
c Add: Amounts from column (e) for lines: 15 16 17 20 21					27c N/A
d Add: Line 27a total and line 27b total					27d N/A
e Public support (line 27c total minus line 27d total)					27e N/A
f Total support for section 509(a)(2) test: Enter amount on line 23, column (e)					27f N/A
g Public support percentage (line 27e (numerator) divided by line 27f (denominator))					27g N/A %
h Investment income percentage (line 18, column (e) (numerator) divided by line 27f (denominator))					27h N/A %

28 Unusual Grants: For an organization described in line 10, 11, or 12 that received any unusual grants during 2003 through 2006, prepare a list for your records to show, for each year, the name of the contributor, the date and amount of the grant, and a brief description of the nature of the grant. Do not file this list with your return. Do not include these grants in line 15.

NONE

723131 12-27-07

Schedule A (Form 990 or 990-EZ) 2007

YOUNG MEN'S CHRISTIAN ASSOCIATION OF

Schedule A (Form 990 or 990-EZ) 2007

MIDDLE TENNESSEE

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Part V

Private School Questionnaire (See page 9 of the instructions.)

N/A

(To be completed ONLY by schools that checked the box on line 6 in Part IV)

		Yes	No
29	Does the organization have a racially nondiscriminatory policy toward students by statement in its charter, bylaws, other governing instrument, or in a resolution of its governing body?		
30	Does the organization include a statement of its racially nondiscriminatory policy toward students in all its brochures, catalogues, and other written communications with the public dealing with student admissions, programs, and scholarships?		
31	Has the organization publicized its racially nondiscriminatory policy through newspaper or broadcast media during the period of solicitation for students, or during the registration period if it has no solicitation program, in a way that makes the policy known to all parts of the general community it serves?		
	If "Yes," please describe; if "No," please explain. (If you need more space, attach a separate statement.)		
32	Does the organization maintain the following:		
a	Records indicating the racial composition of the student body, faculty, and administrative staff?		
b	Records documenting that scholarships and other financial assistance are awarded on a racially nondiscriminatory basis?		
c	Copies of all catalogues, brochures, announcements, and other written communications to the public dealing with student admissions, programs, and scholarships?		
d	Copies of all material used by the organization or on its behalf to solicit contributions?		
	If you answered "No" to any of the above, please explain. (If you need more space, attach a separate statement.)		
33	Does the organization discriminate by race in any way with respect to:		
a	Students' rights or privileges?		
b	Admissions policies?		
c	Employment of faculty or administrative staff?		
d	Scholarships or other financial assistance?		
e	Educational policies?		
f	Use of facilities?		
g	Athletic programs?		
h	Other extracurricular activities?		
	If you answered "Yes" to any of the above, please explain. (If you need more space, attach a separate statement.)		
34 a	Does the organization receive any financial aid or assistance from a governmental agency?		
b	Has the organization's right to such aid ever been revoked or suspended?		
	If you answered "Yes" to either 34a or b, please explain using an attached statement.		
35	Does the organization certify that it has complied with the applicable requirements of sections 4.01 through 4.05 of Rev. Proc. 75-50, 1975-2 C.B. 587, covering racial nondiscrimination? If "No," attach an explanation		

Schedule A (Form 990 or 990-EZ) 2007

YOUNG MEN'S CHRISTIAN ASSOCIATION OF

Schedule A (Form 990 or 990-EZ) 2007 MIDDLE TENNESSEE

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Part VI-A Lobbying Expenditures by Electing Public Charities (See page 11 of the instructions.)

N/A

(To be completed **ONLY** by an eligible organization that filed Form 5768)Check **a** ☐ if the organization belongs to an affiliated group. Check **b** ☐ if you checked "a" and "limited control" provisions apply.**Limits on Lobbying Expenditures**

(The term "expenditures" means amounts paid or incurred.)

(a)
Affiliated group
totals(b)
To be completed for all
electing organizations

N/A

36 Total lobbying expenditures to influence public opinion (grassroots lobbying)

36

37 Total lobbying expenditures to influence a legislative body (direct lobbying)

37

38 Total lobbying expenditures (add lines 36 and 37)

38

39 Other exempt purpose expenditures

39

40 Total exempt purpose expenditures (add lines 38 and 39)

40

41 Lobbying nontaxable amount. Enter the amount from the following table -

If the amount on line 40 is -

The lobbying nontaxable amount is -

Not over \$500,000 20% of the amount on line 40

Over \$500,000 but not over \$1,000,000 \$100,000 plus 15% of the excess over \$500,000

Over \$1,000,000 but not over \$1,500,000 \$175,000 plus 10% of the excess over \$1,000,000

Over \$1,500,000 but not over \$17,000,000 \$225,000 plus 5% of the excess over \$1,500,000

Over \$17,000,000 \$1,000,000

41

42 Grassroots nontaxable amount (enter 25% of line 41)

42

43 Subtract line 42 from line 36. Enter -0- if line 42 is more than line 36

43

44 Subtract line 41 from line 38. Enter -0- if line 41 is more than line 38

44

Caution: If there is an amount on either line 43 or line 44, you must file Form 4720.**4-Year Averaging Period Under Section 501(h)**

(Some organizations that made a section 501(h) election do not have to complete all of the five columns below. See the instructions for lines 45 through 50 on page 13 of the instructions.)

Lobbying Expenditures During 4-Year Averaging Period

N/A

Calendar year (or fiscal year beginning in) ▶	(a) 2007	(b) 2006	(c) 2005	(d) 2004	(e) Total
45 Lobbying nontaxable amount					0.
46 Lobbying ceiling amount (150% of line 45(e))					0.
47 Total lobbying expenditures					0.
48 Grassroots nontaxable amount					0.
49 Grassroots ceiling amount (150% of line 48(e))					0.
50 Grassroots lobbying expenditures					0.

Part VI-B Lobbying Activity by Nonelecting Public Charities

(For reporting only by organizations that did not complete Part VI-A) (See page 14 of the instructions.)

N/A

During the year, did the organization attempt to influence national, state or local legislation, including any attempt to influence public opinion on a legislative matter or referendum, through the use of:

	Yes	No	Amount
a Volunteers			
b Paid staff or management (Include compensation in expenses reported on lines c through h.)			
c Media advertisements			
d Mailings to members, legislators, or the public			
e Publications, or published or broadcast statements			
f Grants to other organizations for lobbying purposes			
g Direct contact with legislators, their staffs, government officials, or a legislative body			
h Rallies, demonstrations, seminars, conventions, speeches, lectures, or any other means			
i Total lobbying expenditures (Add lines c through h.)			0.

If "Yes" to any of the above, also attach a statement giving a detailed description of the lobbying activities.

FORM 990	OTHER CHANGES IN NET ASSETS OR FUND BALANCES	STATEMENT	1
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DESCRIPTION	AMOUNT
UNREALIZED GAIN ON INVESTMENTS	31,021.
CHANGE IN DERIVATIVE LIABILITY	-1,276,661.
TOTAL TO FORM 990, PART I, LINE 20	-1,245,640.

FORM 990	CASH GRANTS AND ALLOCATIONS TO INDIVIDUALS	STATEMENT	2
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CLASS OF ACTIVITY/DONEE'S NAME AND ADDRESS	DONEE'S RELATIONSHIP	AMOUNT
T. KOKO 1262 FOSTER AVENUE NASHVILLE, TN 37210	NONE	975.
D. BURTON 1262 FOSTER AVENUE NASHVILLE, TN 37210	NONE	666.
TOTAL INCLUDED ON FORM 990, PART II, LINE 22B		1,641.

FORM 990	STATEMENT OF ORGANIZATION'S PRIMARY EXEMPT PURPOSE PART III	STATEMENT	3
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EXPLANATION

THE MISSION OF THE YOUNG MEN'S CHRISTIAN ASSOCIATION OF MIDDLE TENNESSEE (THE "YMCA") IS A WORLDWIDE CHARITABLE FELLOWSHIP UNITED BY A COMMON LOYALTY TO JESUS CHRIST FOR THE PURPOSE OF HELPING PERSONS GROW IN SPIRIT, MIND AND BODY. THE YMCA IS WORKING TO BUILD STRONG KIDS, STRONG FAMILIES, AND STRONG COMMUNITIES BY SERVING 271,234 MEMBERS AT TWENTY-NINE CENTERS THROUGHOUT TWELVE MIDDLE TENNESSEE COUNTIES AND SOUTHERN KENTUCKY. YMCA PROGRAMS ENCOMPASS A VARIETY OF AREAS INCLUDING YOUTH AND TEEN PROGRAMS, ADULT AND FAMILY PROGRAMS, OUTREACH AND WELLNESS.

FORM 990	DEPRECIATION OF ASSETS HELD FOR INVESTMENT	STATEMENT	4
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DESCRIPTION	COST OR OTHER BASIS	ACCUMULATED DEPRECIATION	BOOK VALUE
LAND & LAND IMPROVEMENTS	11,075,984.	0.	11,075,984.
BLDGS, FURNITURE, SOFTWARE, CIP	139,940,016.	43,752,300.	96,187,716.
TOTAL TO FORM 990, PART IV, LN 55	151,016,000.	43,752,300.	107,263,700.

FORM 990	OTHER INVESTMENTS	STATEMENT	5
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DESCRIPTION	VALUATION METHOD	AMOUNT
INVESTMENTS	MARKET VALUE	375,388.
TOTAL TO FORM 990, PART IV, LINE 56, COLUMN B		375,388.

FORM 990	OTHER LIABILITIES	STATEMENT	6
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DESCRIPTION	BEGINNING OF YEAR	END OF YEAR
DERIVATIVE LIABILITY - INTEREST RATE SWAP	1,630,096.	2,906,758.
DEFERRED COMPENSATION OBLIGATION	344,367.	375,388.
TOTAL TO FORM 990, PART IV, LINE 65	1,974,463.	3,282,146.

FORM 990 PART V-A - LIST OF CURRENT OFFICERS, DIRECTORS, STATEMENT 7
TRUSTEES AND KEY EMPLOYEES

NAME AND ADDRESS	TITLE AND AVRG HRS/WK	COMPEN- SATION	EMPLOYEE BEN PLAN CONTRIB	EXPENSE ACCOUNT
JOHN MARK JOHNSON 900 CHURCH STREET NASHVILLE, TN 37203	CEO 45.00	352,995.	36,132.	0.
DAVID BYRD 900 CHURCH STREET NASHVILLE, TN 37203	COO 45.00	222,334.	33,278.	0.
PETER OLDHAM 900 CHURCH STREET NASHVILLE, TN 37203	SENIOR VICE PRESIDENT 45.00	177,964.	29,889.	0.
TIMOTHY WEILL 900 CHURCH STREET NASHVILLE, TN 37203	SENIOR VICE PRESIDENT 45.00	162,296.	21,729.	0.
MICHAEL HEILBRONN 900 CHURCH STREET NASHVILLE, TN 37203	VICE PRESIDENT 45.00	151,037.	26,659.	0.
LAWSON ALLEN 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
NELSON ANDREWS 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
H. LEE BARFIELD II 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
JIM BARR 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
MELISSA BLACKBURN 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
ROBERT R. BLAGOJEVICH 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.

LEILANI BOULWARE 900 CHURCH STREET NASHVILLE, TN 37203	SECRETARY 1.25	0.	0.	0.
DR. ELBERT BROOKS 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
WOOD CALDWELL 900 CHURCH STREET NASHVILLE, TN 37203	EX OFFICIO 1.25	0.	0.	0.
GREER CARR 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
GEORGE H. CATE 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
JOYCE COOK 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
FLORENCE DAVIS 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
PETE DELAY 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
BILL DELOACHE 900 CHURCH STREET NASHVILLE, TN 37203	TREASURER-CAPITAL 1.25	0.	0.	0.
FRANK DROWOTA 900 CHURCH STREET NASHVILLE, TN 37203	CHAIR - ELECT 1.25	0.	0.	0.
JACK ELISAR 900 CHURCH STREET NASHVILLE, TN 37203	TREASURER 1.25	0.	0.	0.
MARK EVANS 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
FARSHEED FERDOWSI 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.

RICH FORD 900 CHURCH STREET NASHVILLE, TN 37203	PAST CHAIR 1.25	0.	0.	0.
BILLY FRIST 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
SANDRA FULTON 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
PEDRO GARCIA, ED.D. 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
HOMER B. GIBBS, JR. 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
JAMES W. GRANBERY 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
ROUPEN M. GULBENK 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
JACQUELYN GUTHRIE 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
GERRY HELPER 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
BILL HENDERSON 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
SEN. DOUGLAS HENRY 900 CHURCH STREET NASHVILLE, TN 37203	HONORARY 1.25	0.	0.	0.
KEN HOMER 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
BILL HUDSON 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.

KAREN JOHNSON 900 CHURCH STREET NASHVILLE, TN 37203	YOUNG LEADER 1.25	0.	0.	0.
SYDNEY F. KEEBLE, JR. 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
JOE KELLEY 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
BILL KNESTRICK 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
WALTER KNESTRICK 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
RONALD F. KNOX, JR. 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
THOMAS LYNN 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
SHAWN MCFARLAND 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
CLAYTON MCWHORTER 900 CHURCH STREET NASHVILLE, TN 37203	HONORARY 1.25	0.	0.	0.
ANDY MILLER 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
JOHN ED MILLER 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
JIM MURRAY 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
DORTCH OLDHAM 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.

JAMES M. PATTERSON, JR. 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
DAVID PERDUE 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
MARSHALL POLK 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
DUSTY ROTHROCK 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
REV. BOB SPAIN 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
PAUL THROGMORTON 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
CARTER TODD 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
CLAIRE TUCKER 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
CAL TURNER 900 CHURCH STREET NASHVILLE, TN 37203	CHAIR 1.25	0.	0.	0.
DEBORAH TURNER 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
WILLIAM E. TURNER, JR. 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
GWANYCA VADEN 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
WILLIAM B. WADLINGTON, MD 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.

JAMES M. WARD 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
JAMES A WEBB III 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
BERNARD WERTHAN 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
OLIN WEST III 900 CHURCH STREET NASHVILLE, TN 37203	ASST. TREAS 1.25	0.	0.	0.
W. RIDLEY WILLS II 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
WILLIAM M. WILSON 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
FLEMING WILT 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
GARY BENZ 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
LINDA COGGINS 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
SUSAN CRUNK 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
MARTY DICKENS 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
GARY EVERTON 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
BRENDA GILMORE 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.

CRAIG JOHNSON 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
ANNIE LONGENECKER 900 CHURCH STREET NASHVILLE, TN 37203	INTERN 1.25	0.	0.	0.
RANDY LOWRY 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
RITA MCDONALD 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
DOYLE RIPPEE 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
JIM SHAUB 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
DAVID SMITH 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
JANE STRANCH 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
CONNIE WEISNER 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.
TONY WOLFE 900 CHURCH STREET NASHVILLE, TN 37203	BOARD MEMBER 1.25	0.	0.	0.

TOTALS INCLUDED ON FORM 990, PART V-A

1,066,626.	147,687.	0.
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SCHEDULE A	EXPLANATION OF TRANSACTIONS PART III, LINE 2C	STATEMENT	8
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THE YMCA PURCHASES INSURANCE AND CONTRACTS FOR MARKETING SERVICES, LAW SERVICES AND CONSTRUCTION THROUGH CERTAIN BOARD MEMBERS. THE TOTAL OF SUCH EXPENDITURES APPROXIMATED \$2,531,000 IN 2007.

SCHEDULE A	EXPLANATION OF QUALIFICATIONS TO RECEIVE PAYMENTS	STATEMENT	9
	PART III, LINE 3A		

RECIPIENTS ARE AWARDED SCHOLARSHIPS BASED ON NEED AND ACHIEVEMENT.

SCHEDULE A	OTHER INCOME	STATEMENT	10
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DESCRIPTION	2006 AMOUNT	2005 AMOUNT	2004 AMOUNT	2003 AMOUNT
MISCELLANEOUS	645,116.	477,300.	450,419.	443,829.
TOTAL TO SCHEDULE A, LINE 22	645,116.	477,300.	450,419.	443,829.



Part III—Exempt Purpose and Statement of Program Achievements

Our Primary Purpose

The YMCA of Middle Tennessee is a not-for-profit, worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping persons grow in spirit, mind and body. Our commitment is clear: Through a range of life-changing programs and services, meeting critical needs in our communities, “we build strong kids, strong families and strong communities.”

In all that we do, we strive to model and teach the core YMCA character values of *caring, honesty, respect and responsibility*.

Our YMCA is open and accessible to everyone in our community, of all ages, faiths, ethnicities, backgrounds and abilities. Through our We Build People annual giving campaign and our Open Doors financial-assistance program, we ensure that our YMCA remains available to all, regardless of their income or ability to pay.

Several years ago, our volunteer and staff leadership developed a clear and bold plan called “Vision 2020” to ensure that our YMCA will continue to enrich the lives of children and families in our communities. In 2007 we continued to make great strides toward achieving the objectives set forth in Vision 2020.

Our **vision** is to be a source of strength to our community by providing an environment where people of all ages, faiths, races, backgrounds and abilities work toward achieving their God-given fullest potential, build friendships, and experience the joy of helping others. We will fulfill this vision by:

Increasing Availability to All. The YMCA is for everyone, no matter where they live or their ability to pay. Through the generosity of YMCA friends, our goal is to have sufficient funds to ensure that our YMCA remains available to all. By 2020, we will serve 1 in 5 people in our community and have a facility or program center within 15 minutes of every person in Middle Tennessee.

Developing Youth and Teens. Our YMCA is a safe place where youth and teens can dream, learn, grow and achieve their fullest potential. By 2020, we will reach 1 in 4 youth and teens through programs that transform their lives and produce positive outcomes.

Inspiring Healthier Lifestyles. Our YMCA helps people to live healthier lives. Since our founding in 1875, health and wellness programs have been integral to our mission of building spirit, mind and body. By 2020, we will influence 1 in 8 people to live a healthier life through YMCA membership.

Deepening Member and Community Involvement. Through the creation of small, caring communities, our YMCA will build long-term relationships among members and staff that foster a sense of belonging, service to others, and the joy of giving. By 2020, our goal is

to have 50% of members engaged in building stronger communities through sharing their time, talents or treasure.

Ensuring Our Legacy. By developing strong staff and volunteer leadership, and a sound financial base, our YMCA will continue to make a positive difference for future generations. By 2020, 100% of staff and volunteers will consider the Y a fulfilling place to invest time and energy to improve the lives of others. By 2020, we have an endowment fund equal to our operating budget to ensure the future of our YMCA.

Exempt-Purpose Achievements

Our mission is expressed and lived out by **3,869** full- and part-time staff, **5,979** volunteers and **10,867** donors who join together to achieve profoundly positive results in strengthening the children, the families and the communities in our service area.

The milestones our volunteers, donors, staff and other friends achieved working together in 2007 illustrate the depth and breadth to which YMCA programs and services have become integral parts of our Nashville, Middle Tennessee and southern Kentucky communities.

In each of our five “Vision 2020” priority areas, we achieved the following during 2007:

Increasing Availability To All

- Lived our mission by reaching **271,324** lives—1 in 6 people in our **12-county** service area—at **29** centers and **343** program locations, through membership, program participation, volunteerism and philanthropy.
- Served people from all walks of life, with **30%** of members (**52,446**) receiving financial assistance through our Open Doors program, featuring an income-based rate scale.
- Kept life-changing programs and services available to all with contributions of **\$5,123,913** to our We Build People annual giving campaign—**107%** of our goal and **11%** above 2006—thanks to the leadership of Jim Shaub and Stewart Bronaugh, and to the generosity of **10,867** joyful givers and **1,429** dedicated volunteers.
- Provided charitable subsidy and financial assistance totaling **\$13,416,376**, a **17%** increase over 2006.
- Broke ground on a year-round overnight resident camp that will bless children and adults from throughout Middle Tennessee at the Joe C. Davis YMCA Outdoor Center on Percy Priest Lake.
- Turned the dirt for the new Downtown YMCA Burkholder Center, continuing a rich legacy of service in the heart of Nashville with a new Y for the new downtown.
- Were so embraced by the community that we doubled the wellness space and added a new gym at the Bellevue Family YMCA and J. L. Turner Lifelong Learning Center of SCI—less than a year after opening.
- In November, opened the new Mt. Juliet YMCA at the Valley Center to establish a presence of health-and-wellness services for adults and children in the rapidly growing Wilson County community.

Developing Youth & Teens

- Enriched **147,475** youth and teens by providing them with safe, caring places to dream, learn, grow and work toward achieving their God-given fullest potential in spirit, mind and body.
- Instilled character, confidence, athletic skills and active living in **24,124** children through youth sports.
- Provided more than **17,183** swim lessons to children and adults at **49** pools.
- Strengthened confidence, forged friendships and sharpened character for a record-setting **2,924** campers at Camp Widjiwagan—voted “Best Day Camp” for the 10th consecutive year by *Nashville Parent* readers.
- Fostered academic, social and physical enrichment for **11,475** school-aged children at **150** sites through before- and after-school Fun Company and Summer Fun, in partnership with local schools.
- Provided learning, laughter and love for **226** children through licensed preschool services.
- Developed positive values and confidence in **5,582** children and families through our Urban Services YDC, Y-CAP, and Hispanic Achievers youth-development/outreach programs.
- Doubled the number of Y-Build participants, providing career training and life skills for **130** men ages 18-24, thanks to Eddie Phillips/Beazer Homes and a number of community partners; and laid groundwork for a new Y-Medcorps program to help young women move toward careers in healthcare services.
- Encouraged spiritual, mental and physical growth in **386** students at the Preston Taylor Boys & Girls Club/YMCA Youth Development Center at McKissack Middle School, a partnership with Boys & Girls Clubs, Metro Nashville Public Schools and United Way.
- Guided **159** boys and girls toward long-term success and achievement through our year-round Urban Services School of Academics & Athletics (USSAA) program.
- Through the **nation’s 2nd largest** Youth in Government program, provided **3,021** middle- and high-school students at **83** schools statewide with civic-engagement education and leadership development.

Inspiring Healthier Lifestyles

- Inspired **173,905** facility members and **12,805** program members representing **81,524** households (a **9%** increase over 2006) to grow healthier and stronger in spirit, mind and body.
- Engaged members in healthier living through **80,356** group-fitness classes.
- Guided **25,976** people toward improved overall health through personal training.
- Strengthened **18,140** active older adults through membership and programs.
- Fostered better health in employees of **266** organizations with **14,976** Corporate Partner memberships.
- Through Restore Ministries, helped **977** men and women find hope and freedom from life-controlling issues.
- Continued a leadership role for Y-USA’s Activate America initiative, developing innovative solutions to the nation’s lifestyle-health crisis and continuing to reach out to “health seekers.”

Deepening Member & Community Involvement

- Partnered with **5,979** volunteers (an **18%** increase over 2006) to build strong kids, families and communities.
- Joined hands with **743** churches, schools, businesses and other community partners.
- Enlisted **2,316** enthusiastic volunteer youth-sports coaches to strengthen children and teens.
- Reached out to a record **1,978** men and women with support, encouragement and wellness guidance through outreach programs including ABC (After Breast Cancer), DiabeteSmart and LupuStrong.
- Thanks to **120** staff and volunteers, continued to strengthen International friendships with **13** Y's in **nine** nations.

Ensuring Our Legacy

- Made tremendous progress on our Vision 2020 Campaign, led by outstanding co-chairs Lee Barfield and Bill Turner and our all-star campaign cabinet, by publicly announcing our \$75 million goal, celebrating two groundbreakings (resident camp and the Downtown Y), and moving closer to the dreams of a Margaret Maddox Family YMCA teen center and a Northwest Family YMCA indoor-aquatics center.
- Took great strides toward ensuring our legacy through the endowment, exceeding \$12.4 million in planned gifts and \$6 million in YMCA Foundation assets.
- Continued a legacy of excellent volunteer leadership, with Board Chair Cal Turner Jr. and Chair-Elect Frank Drowota Jr.; and with Foundation Board Chair Bill Wilson and Chair-Elect Jimmy Webb.
- Presented Jackie Guthrie with our highest volunteer honor, the Order of the Red Triangle, at our Annual Celebration, where we thanked the many friends who join their voices and instruments “in harmony” to bless others through the Y.
- Celebrated the annual Heritage Club dinner (**461** members strong, with **31** new members in 2007!), presenting Bond DeLoache with the Foundation's highest honor, the H.G. Hill Jr. Philanthropic Award.
- Fostered staff engagement and expertise in **3,869** full- and part-time employees, with **27,655** total hours of training provided, and with a **96%** staff-satisfaction level.
- Invested \$2.4 million in improvements, updates and ongoing maintenance to ensure high-quality facilities.
- Balanced an \$84,383,050 budget, growing 12% over 2006, with reserves fully funded.

Core Programs

Life-changing programs provided by the YMCA of Middle Tennessee include:

School Age Services:

Fun Company—A before- and after-school program that equips school-aged children to develop their own interests through hands-on, activity- and project-based learning experiences designed to promote group dynamics and foster innate curiosity.

Preschool care—Enriching children and their families in a nurturing, stimulating environment.

Restore Ministries—A powerful, Christ-centered recovery program that helps men and women to overcome life-controlling issues and addictions.

Y-CAP:

Arts Alive—Recreation and club programs designed for higher-risk youth in East Nashville, emphasizing the visual and performing arts.

Kids Church—Helping children and families to grow spiritually, mentally and physically through a dynamic Sunday-morning program in East Nashville.

Parents' Place—An empowerment program for Y-CAP parents.

Positive Beginnings—An intense intervention program for young people referred to Y-CAP by the Davidson County juvenile courts.

Warren's House—A Christ-centered home for boys ages 10-18, located in East Nashville, preparing young men for a full life of healthy relationships and meaningful work.

Williamson County Y-CAP—Reaching higher-risk youth with mentoring, social/life skills, and positive values through the Williamson County juvenile courts and the Alternative Learning Center.

Urban Services and Youth Development:

Black Achievers—Empowering youth to achieve positive social, educational, career and personal goals by placing them in mentoring relationships with adult achievers who give knowledge, encouragement and motivation.

The Bridge—A YMCA-affiliated, academically rigorous summer enrichment program for highly motivated middle-school students from Nashville public schools. Building relationships that inspire young people to discover the value of learning.

Hispanic Achievers—A powerful mentorship program for Hispanic Students, based at the Harding Place Family YMCA and in Williamson County, pairing them with adult achievers in their communities.

Leaders Clubs—Dynamic service and leadership-development programs for teens at YMCA centers throughout Middle Tennessee.

Lil' Sisters/Bufalo Soldiers—Gender-specific, teen-pregnancy prevention programs reaching out primarily to 5th-8th grade youth.

Preston Taylor Boys and Girls Clubs/YMCA Youth Development Center at McKissack Middle School

The SEAL Team—Providing educational activities focused primarily on teens in urban communities; helping to prevent the spread of HIV and STDs among urban youth through education and awareness; “by teens, to teens.”

Time to Rise—A year-round, academically based program for rising 5th- and 6th-grade students from the public school system; providing opportunities to learn and grow in a supervised environment.

USSAA—Urban Services School of Academics and Athletics is a year-round program in which youth ages 5th through 12th grade develop athletic, academic, leadership and teambuilding skills.

Youth in Government—A Tennessee-wide program providing civic-engagement and leadership-development opportunities for students ages 11-19. With 2,500+ participants, it is the nation's 2nd-largest Youth in Government program.

Youth Sports—Providing more than 20,000 children and teens each year with sports programs that build character, confidence, positive values and physical health.

Y Build—Equipping young men ages 18-24 with education, mentoring and hands-on experience leading to career opportunities in the construction trades.

Health Outreach:

ABC (After Breast Cancer)—Providing health-and-wellness guidance, encouragement, support and educational programs for breast-cancer survivors.

DiabeteSmart—Providing health-and-wellness guidance, encouragement, support and educational programs for people living with diabetes.

LupuStrong—Providing health-and-wellness guidance, encouragement, support and educational programs for people living with lupus.

Summary of Governing Principles

The YMCA of Middle Tennessee believes it is essential to operate in a manner consistent with its Christian principles. The Y believes in the healthy development of all people and operates with the following set of characteristics:

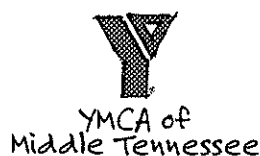
- Driven by the YMCA mission.
- Adherent to the character development initiatives of caring, respect, honesty and responsibility.
- Governed by caring, committed and well-informed volunteers.
- Operated so that membership and programs are accessible and affordable to all people.
- Managed by a well-trained, competent and diverse staff.
- Operated so that all staff and members are treated with dignity and respect.
- Operated so that each person feels he/she belongs, can contribute and succeed.
- Fiscally sound and supported through earned income and a growing percentage of contributed support.
- Operated so that the highest levels of quality and safety are assured for all.
- Committed to responding rapidly to the changing needs of the community through program development.
- Managed with a focus on continuous improvement of structure, programs and delivery systems.

Community Partnerships

YMCAs know that they can't solve community problems alone. Y's develop strategic partnerships with other organizations to provide innovative programs and services. For example, the Y partners with area schools for its Fun Company before-and-after-school program and with businesses to provide summer jobs for teens in Youth Development programs. Throughout Middle Tennessee, the YMCA partners with **743** schools, businesses, churches, housing developments and service organizations.

Conclusion

For any organization to stand the test of time it must be able to keep up with the world around it. Through all of its 132 years, the YMCA of Middle Tennessee has been a place where people can find hope, fellowship and healing. The YMCA has always stayed true to its mission of helping persons grow in spirit, mind and body. The YMCA of Middle Tennessee continues to build strong kids, strong families and strong communities.



*We build
strong kids, strong families,
strong communities.*

Our mission: A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping persons grow in spirit, mind and body.