Department of the Treasury Internal Revenue Service

Return of Organization Exempt From Income Tax
Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except black lung benefit trust or private foundation)

▶ The organization may have to use a copy of this return to satisfy state reporting requirements

OMB No 1545-0047 Open to Public Inspection

A 1	or me	and e	munig		
В	Check if	Please C Name of organization		Employer i	dentification number
_		use IRS YOUNG MEN'S CHRISTIAN ASSOCIATION OF			
느	Addres	puntor MIDDLE TENNESSEE (FKA YMCA OF MID TI	N)	62-0	476243
<u>_</u>	Name change		Room/suite E	Telephone	
느	Initial	Specific 900 CHURCH STREET		<u>(615</u>	) 259-9622
<u>_</u>	Final	tions City or town, state or country, and ZIP + 4	<u>F</u>	Accounting met	
<u>_</u>	Amend	MADITYTHEE, IN 37203		Other (specify)	<b>&gt;</b>
L	Applica	<ul> <li>Section 501(c)(3) organizations and 4947(a)(1) nonexempt charitable trusts must attach a completed Schedule A (Form 990 or 990-EZ).</li> </ul>			tion 527 organizations.
			H(a) is this a group retu		
		► WWW.YMCAMIDTN.ORG	H(b) If "Yes," enter num		
		ation type (check only one) ► X 501(c) ( 3 ) ◀ (Insert no ) 4947(a)(1) or 527	7 H(c) Are all affiliates inc (If "No," attach a lis	luded? I	N/A Yes No
	Check h		H(d) is this a separate r	eturn filed b	y an or-
	-	tion need not file a return with the IRS, but if the organization received a Form 990 Package	ganization covered		ruling? Yes X No
	n the m	all, it should file a return without financial data. Some states require a complete return.	I Group Exemption i		
					tion is <b>not</b> required to attach
		ceipts Add lines 6b, 8b, 9b, and 10b to line 12 56, 121, 542.	Sch B (Form 990,	990-EZ, or	990-PF)
P	rt I	Revenue, Expenses, and Changes in Net Assets or Fund Bala	ances		
	1 _	Contributions, gifts, grants, and similar amounts received	5 727 50	2	
	a	Direct public support  1a	5,737,50 182,51		
		Indirect public support  Course and the support	3,146,75		
	C	Government contributions (grants)  Total (add lines 1a through 1c) (cash \$ 9,066,777 . noncash \$	3,140,73		9,066,777.
	_ d		)	10	16,312,802.
	3	Program service revenue including government fees and contracts (from Part VII, line 93)  Membership dues and assessments		3	30,081,849.
	4	Interest on savings and temporary cash investments		4	30,001,049.
	5	Dividends and interest from securities		5	216,285.
	6 a	Gross rents 6a		3	210,203.
	b	Less rental expenses 6b		-	
	C	Net rental income or (loss) (subtract line 6b from line 6a)	<u> </u>	6c	
	7	Other investment income (describe		) 7	
Revenue	8 a	Gross amount from sales of assets other	(B) Other	1 1	
e e	•	then inventory	(5) 0		
ď	ь				
	C	Less cost or other basis and sales expenses  Gain or (loss) (attach schedule)			
	d	Net gain or (loss) (combine line 8c columns (A) and (R)		8d	
	9	Special events and activities (attach schedule) If any amount is floor paming; check here	▶ □		
	a	Gross revenue (not including \$ of contributions			
		reported on line 1a) 9a			
	b	Less direct expenses other than fundraising expenses			
مرد	C	Net income or (loss) from special events (subtract line 9b from line 9a)		9c	
	10 a	Gross sales of inventory, less returns and allowances 10a			
	b	Less cost of goods sold 10b	ļ		
) 5	C	Gross profit or (loss) from sales of inventory (attach schedule) (subtract line 10b from line	10a)	10c	
CD	11	Other revenue (from Part VII, line 103)		11	443,829.
A	12	Total revenue (add lines 1d, 2, 3, 4, 5, 6c, 7, 8d, 9c, 10c, and 11)		12	56,121,542.
	13	Program services (from line 44, column (B))		13	45,622,648.
use.	14	Management and general (from line 44, column (C))		14	6,583,077.
NED Expenses	15	Fundraising (from line 44, column (D))	(mample:: ^	15	881,839.
<b>Ž</b>	16	· · · · · · · · · · · · · · · · · · ·	STATEMENT 2	16	268,429.
-	17	Total expenses (add lines 16 and 44, column (A))		17	53,355,993.
N S	18	Excess or (deficit) for the year (subtract line 17 from line 12)		18	2,765,549.
Net Assets	19	Net assets or fund balances at beginning of year (from line 73, column (A))  Other changes in not assets or fund balances (attach explanation)	Сшушьмымы э	19	43,996,775.
Ř	20 21		STATEMENT 3	20	544,339.
3230		Net assets or fund balances at end of year (combine lines 18, 19, and 20)		21	47,306,663.

# YOUNG MEN'S CHRISTIAN ASSOCIATION OF MIDDLE TENNESSEE (FKA YMCA OF MID TN)

62-0476243

Do not include amounts reported on line 6b, 8b, 9b, 10b, or 16 of Part I.				trusts but optional for oth	V. V
		(A) Total	(B) Program services	(C) Management and general	(D) Fundraising
Grants and allocations (attach schedule)	1				
cash \$noncash \$	22				
Specific assistance to individuals (attach schedul	e) <b>23</b>				
Benefits paid to or for members (attach schedule		015 565	711 000	00 000	16 252
Compensation of officers, directors, etc	25	817,567.		89,932.	16,352
Other salaries and wages	26		21,510,107.		
Pension plan contributions	27		1,444,649.	147,748.	49,250
Other employee benefits	28	1,366,296.		112,424.	39,393
Payroll taxes	29	1,935,236.	1,731,639.	178,063.	25,534
Professional fundraising fees	30				
Accounting fees	31				
Legal fees	32	2 250 755	3,061,281.	219,329.	70,145
Supplies	33	3,350,755. 699,214.	581,479.	111,054.	6,681
Telephone	34	176,988.	111,594.	56,701.	8,693
Postage and shipping	35	4,997,758.	4,787,927.	209,831.	0,093
Occupancy	36			485,884.	5,668
Equipment rental and maintenance	37	1,804,684.	1,313,132. 413,591.	429,896.	108,366
Printing and publications	38	951,853.			
Travel	39	750,536. 950,754.	589,840.	138,208.	22,488
Conferences, conventions, and meetings	40		778,631.	157,656. 220,234.	14,467
Interest	41	2,100,272.	1,880,038. 3,362,132.	220,234.	
Depreciation, depletion, etc. (attach schedule)	42	3,362,132.	3,302,132.		
Other expenses not covered above (itemize)					
·	43a				
]	43b				
	_ <u>43c</u>				
	43d	1	i .		
			2 120 946	1 104 004	124 202
BEE STATEMENT 4  Total functional expenses (add lines 22 through 43) organizations completing columns (B)-(D), carry these totals to lines 13 int Costs. Check  in the costs in the costs in the costs from a combined educational carm	43e 15 44 98-2 paign ar	3,450,213. 53,087,564. Ind fundraising solicitation re		6,583,077. es? ►[	881,839
Total functional expenses (add lines 22 through 43) Organizations completing columns (B)-(D), carry these totals to lines 13 int Costs. Check  if you are following SOF any joint costs from a combined educational came (I) the aggregate amount of these joint (I) the amount allocated to Management and generating Statement of Program Ser	43e 98-2 paign ar costs \$   \$	3,450,213. 53,087,564.  Indiffundraising solicitation remains and Accomplishments	ported in (B) Program service (ii) the amount allocated to (iv) the amount allocated to	6,583,077。 es? ► [ Program services \$	881,839
BEE STATEMENT 4  Total functional expenses (add lines 22 through 43) Organizations completing columns (8)-(0), carry these totals to lines 13  Int Costs. Check If you are following SOF any joint costs from a combined educational cam  Yes, enter (I) the aggregate amount of these joint by the amount allocated to Management and general  Part III Statement of Program Ser	43e 98-2 paign ar costs \$   \$	3,450,213. 53,087,564.  Indiffundraising solicitation remains and Accomplishments	ported in (B) Program service (ii) the amount allocated to (iv) the amount allocated to	6,583,077。 es? ► [ Program services \$	881,839  Yes X No
SEE STATEMENT 4 Total functional expenses (add lines 22 through 43) Organizations completing columns (B)-(D), carry these totals to lines 13  Int Costs. Check If you are following SOF any joint costs from a combined educational came (es, "enter (I) the aggregate amount of these joint the amount allocated to Management and general states are till Statement of Program Services in the organization's primary exempt purpose?	43e 98-2 paign arcosts \$ 1 \$ vice /	3,450,213. 53,087,564.  Individual fundraising solicitation remains and Accomplishments  EE STATEMENT	ported in (B) Program service (II) the amount allocated to (Iv) the amount allocated to	6,583,077 • es? ► [ Program services \$ Fundraising \$	Yes X No  Program Service Expenses
SEE STATEMENT 4  Total functional expenses (add lines 22 through 43) Organizations completing columns (B)-(D), carry these totals to lines 13  Int Costs. Check If you are following SOF any joint costs from a combined educational came (es," enter (I) the aggregate amount of these joint the amount allocated to Management and general art III Statement of Program Servat is the organization's primary exempt purpose?  Organizations must describe their exempt purpose achievements that are not measurable (Section 501(c)(3) and (4)	98-2 paign arcosts \$   \$ vice / Sents in a	3,450,213. 53,087,564.  Individual fundraising solicitation recomplishments  EE STATEMENT  Clear and concise manner State	ported in (B) Program service (Ii) the amount allocated to (Iv) the amount allocated to 5	6,583,077.  es?  Program services \$  Fundraising \$	Program Service Expenses (Required for 501(c)(3) and (4) orgs , and 4947(a)(1)
B SEE STATEMENT 4  Total functional expenses (add lines 22 through 43) Organizations completing columns (8)-(0), carry these totals to lines 13  Int Costs. Check If you are following SOF or any joint costs from a combined educational came Yes, "enter (I) the aggregate amount of these joint ) the amount allocated to Management and general Part III Statement of Program Ser  nat is the organization's primary exempt purpose?  Organizations must describe their exempt purpose achievements that are not measurable (Section 501(c)(3) and (4) decations to others)	43e 43e 98-2 paign ar costs \$   \$ vice / S ents in a ) organiza	3,450,213. 53,087,564.  Individual fundraising solicitation recomplishments  EE STATEMENT  Clear and concise manner State	ported in (B) Program service (Ii) the amount allocated to (Iv) the amount allocated to 5	6,583,077.  es?  Program services \$  Fundraising \$	Program Service Expenses (Required for 501(c)(3) and (4) orgs , and 4947(a)(1)
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SEE STATEMENT 4 Total functional expenses (add lines 22 through 43) Int Costs. Check If you are following SOF Int Costs costs from a combined educational cam If you are following sof Int costs from a combined educational cam If you are following sof Int costs from a combined educational cam If you are following sof Int you are f	43e 43e 98-2 paign ar costs \$   \$ vice / S ents in a ) organiza	3,450,213. 53,087,564.  Indiffundraising solicitation research and complishments  EE STATEMENT  Indiffundraising solicitation research and concise manner State attoons and 4947(a)(1) nonexempting (1)	ported in (B) Program service (Ii) the amount allocated to (Iiv) the amount allocated to  5  the number of clients served, pub charitable trusts must also enter to  Grants and allocations \$	6,583,077.  es?  Program services \$  Fundraising \$	Program Service Expenses (Required for 501(c)(3) and (4) orgs , and 4947(a)(1) trusts, but optional for other
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BEE STATEMENT 4  Total functional expenses (add lines 22 through 43) organizations completing columns (8)-(0), carry these totals to lines 13 int Costs. Check  □ If you are following SOF any joint costs from a combined educational cam Yes," enter (I) the aggregate amount of these joint in the amount allocated to Management and general	43e 43e 98-2 paign ar costs \$   \$ vice / S ents in a ) organiza	3,450,213. 53,087,564.  Indifferential fundraising solicitation remains and Accomplishments  EE STATEMENT  Indifferential clear and concise manner State attoons and 4947(a)(1) nonexempt (1)  (1)	ported in (B) Program service (Ii) the amount allocated to (Iiv) the amount allocated to  5  the number of clients served, pub charitable trusts must also enter to  Grants and allocations \$	6,583,077.  es?  Program services \$  Fundraising \$	Yes X No  Program Service Expenses (Required for 501(c/G) and

# Part W Balance Sheets

ote:		e required, attached schedules and amoun id be for end-of-year amounts only	ts within the	e description column	(A) Beginning of year		(B) End of year
	45	Cash - non-interest-bearing			1,786,133.	45	1,452,889
	46	Savings and temporary cash investments			1,786,133. 8,312,948.	46	10,154,041
	47 a	Accounts receivable	47a	406,657.			
	b	Less allowance for doubtful accounts	47b		277,135.	47c	406,657
	48 a	Pledges receivable	48a	4,838,530.			
	b	Less allowance for doubtful accounts	48b	650,000.	6,016,581.		4,188,530
	49	Grants receivable				49	<del></del>
	50	Receivables from officers, directors, trustees,				E0	
2	51 a	and key employees Other notes and loans receivable	51a			50	
Assets	J' a	Less, allowance for doubtful accounts	51b			51c	
Į	52	Inventories for sale or use	<u> </u>	- <del></del>		52	
	53	Prepaid expenses and deferred charges			602,201.	53	617,470
	54	Investments - securities		Cost FMV		54	
	55 a	Investments - land, buildings, and					
		equipment basis	55a	106,332,519.			
	b	Less accumulated depreciation	55b		81,742,480. 204,280.	55c	81,995,625 263,828
	56	Investments - other	SEE S	STATEMENT 6	204,280.	56	263,828
	57 a	Land, buildings, and equipment basis	57a				
	b	Less, accumulated depreciation	57b			57c	
	58	Other assets (describe	SEE S	STATEMENT 7	530,263.	58	502,865
	59	Total assets (add lines 45 through 58) (must ea	qual line 74)		99,472,021.	59	99,581,905
	60	Accounts payable and accrued expenses			2,912,253.	60	99,581,905 3,612,058
	61	Grants payable				61	
	62	Deferred revenue			1,154,032.	62	963,163
ţ	63	Loans from officers, directors, trustees, and key	y employees			63	
Liabilities	64 a	Tax-exempt bond liabilities			43,600,000.		40,900,000
Ë	t	Mortgages and other notes payable			2,281,416.	_	2,173,572
	65	Other liabilities (describe	SEE S	STATEMENT 8	5,527,545.	65	4,626,449
	66	Total liabilities (add lines 60 through 65)			55,475,246.	66	52,275,242
	Organ	nizations that follow SFAS 117, check here	X and c	omplete lines 67 through			
S		69 and lines 73 and 74			36,184,087.		41,075,941
Š	67	Unrestricted			7,812,688.		6,230,722
<u>8</u>	68	Temporarily restricted			7,012,000.	68	0,230,122
<u> </u>	69	Permanently restricted nizations that do not follow SFAS 117, check he	<b>&gt;</b>	and complete lines		69	<u> </u>
Ē	Organ	70 through 74		1 and combiete imes			
ō	70	Capital stock, trust principal, or current funds				70	
ets	71	Paid-in or capital surplus, or land, building, and	l equipment f	und		71	
Ass	72	Retained earnings, endowment, accumulated in				72	
Net Assets or Fund Balances	73	Total net assets or fund balances (add lines 6				·-	
Z	"	column (A) must equal line 19, column (B) must			43,996,775.	73	47,306,663
	74	Total liabilities and net assets / fund balance	-	•	99,472,021.		99,581,905

Form 990 is available for public inspection and, for some people, serves as the primary or sole source of information about a particular organization. How the public perceives an organization in such cases may be determined by the information presented on its return. Therefore, please make sure the return is complete and accurate and fully describes, in Part III, the organization's programs and accomplishments.

organizations, of which more than \$10,000 was provided by the related organizations? If "Yes," attach schedule 🕨 🔲 Yes 🗶 No

62-0476243 Page 5

Par	t VI	Other Information		Yes	No
76	Did the	e organization engage in any activity not previously reported to the IRS? If "Yes," attach a detailed description of each activity	76		X
77	Were a	any changes made in the organizing or governing documents but not reported to the IRS?	77		X
	If "Yes	," attach a conformed copy of the changes			
78 a	Did the	e organization have unrelated business gross income of \$1,000 or more during the year covered by this return?	78a		Х
b	If "Yes	," has it filed a tax return on <b>Form 990-T</b> for this year?	78b		
79	Was th	here a liquidation, dissolution, termination, or substantial contraction during the year?	79		X
	If "Yes	," attach a statement			
80 a	is the	organization related (other than by association with a statewide or nationwide organization) through common membership,			
	govern	ning bodies, trustees, officers, etc., to any other exempt or nonexempt organization?	80a		X
b	If "Yes	," enter the name of the organization			
		and check whether it is exempt <b>or</b> nonexempt			
81 a	Enter	direct or indirect political expenditures. See line 81 instructions.			
b	Did the	e organization file Form 1120-POL for this year?	81b		X
82 a	Did the	e organization receive donated services or the use of materials, equipment, or facilities at no charge or at substantially less than			
	fair rei	ntal value?	82a	X	
þ	If "Yes	," you may indicate the value of these items here. Do not include this amount as revenue in Part I or as an			
	expens	se in Part II (See instructions in Part III )			
83 a	Did the	e organization comply with the public inspection requirements for returns and exemption applications?	83a	_ X	
b	Did the	e organization comply with the disclosure requirements relating to quid pro quo contributions?	83b	X	
84 a	Did the	e organization solicit any contributions or gifts that were not tax deductible?	84a		X
b	If "Yes	," did the organization include with every solicitation an express statement that such contributions or gifts were not			:
	tax de	ductible? N/A	84b		
85	501(c	y(4), (5), or (6) organizations. a Were substantially all dues nondeductible by members? N/A	85a		
b		e organization make only in-house lobbying expenditures of \$2,000 or less?	85b		
		was answered to either 85a or 85b, <b>do not</b> complete 85c through 85h below unless the organization received a waiver for proxy tax			
	owed 1	for the prior year			
C		assessments, and similar amounts from members 85c N/A			:
đ		n 162(e) lobbying and political expenditures 85d N/A			
8		gate nondeductible amount of section 6033(e)(1)(A) dues notices  85e N/A			
f	Taxab	le amount of lobbying and political expenditures (line 85d less 85e)  85i N/A			
g		the organization elect to pay the section 6033(e) tax on the amount on line 85f? N/A	85g		
h	If sect	ion 6033(e)(1)(A) dues notices were sent, does the organization agree to add the amount on line 85f to its reasonable estimate of dues			
		ble to nondeductible lobbying and political expenditures for the following tax year? N/A	85h		
86		)(7) organizations. Enter: a Initiation fees and capital contributions included on line 12 86a N/A			
		receipts, included on line 12, for public use of club facilities  86b N/A			i
87		)(12) organizations. Enter a Gross income from members or shareholders 87a N/A			
b		income from other sources (Do not net amounts due or paid to other sources			
	-	st amounts due or received from them ) 87b N/A			
88		time during the year, did the organization own a 50% or greater interest in a taxable corporation or partnership,			
		entity disregarded as separate from the organization under Regulations sections 301 7701-2 and 301 7701-3?			
••		," complete Part IX	88	X	
89 a		c)(3) organizations. Enter Amount of tax imposed on the organization during the year under			
_		n 4911 ► 0 • , section 4912 ► 0 • , section 4955 ► 0 •			
b		c)(3) and 501(c)(4) organizations. Did the organization engage in any section 4958 excess benefit			
		ction during the year or did it become aware of an excess benefit transaction from a prior year? s,* attach a statement explaining each transaction	806		Х
		Amount of tax imposed on the organization managers or disqualified persons during the year under	89b		
٠		ns 4912, 4955, and 4958			0.
d		Amount of tax on line 89c, above, reimbursed by the organization			0.
90 a		e states with which a copy of this return is filed TENNESSEE			<del>•</del>
b		er of employees employed in the pay period that includes March 12, 2003		3	106
91		poks are in care of ►MR. TIM WEILL Telephone no. ► 615-25	9_9		100
٠.		1015-25	<u> </u>	J L L	<del></del>
	Locate	ed at ► 900 CHURCH STREET - NASHVILLE, TN 37203 ZIP+4 ► 3	72N	3	
	200010	ZIF+4 P 3	, <u> u</u>	<del>-</del>	
92	Section	on 4947(a)(1) nonexempt charitable trusts filing Form 990 in lieu of Form 1041- Check here		<b>▶</b> □	$\neg$
		nter the amount of tax-exempt interest received or accrued during the tax year	N/	Α	
323041 12-17-0	03	The state of the s		n <b>990</b> i	(2003)
	-	6			1

Page 6

Part VII Analysis of Income-Producing			uctions )		
Note: Enter gross amounts unless otherwise		ted business income		ded by section 512, 513, or 514	(E)
Indicated.	(A) Business	(B)	(C) Exclu-	(D)	Related or exempt
93 Program service revenue	code	Amount	sion code	Amount	function income
a SEE 990,PG 2, PART IIIA					16,312,802.
b					
C					
d				,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,,	
е					
f Medicare/Medicaid payments					
g Fees and contracts from government agencies					
94 Membership dues and assessments			İ		30,081,849.
95 Interest on savings and temporary cash investments					
96 Dividends and interest from securities			14	216,285.	
97 Net rental income or (loss) from real estate					
a debt-financed property					
b not debt-financed property					
98 Net rental income or (loss) from personal property					
99 Other investment income					
100 Gain or (loss) from sales of assets					
other than inventory					
101 Net income or (loss) from special events					
102 Gross profit or (loss) from sales of inventory					
103 Other revenue					
a MISCELLANEOUS					434,746.
b NATIONAL ALLOCATION					434,746. 9,083.
C					
d					
e					
104 Subtotal (add columns (B), (D), and (E))		0	•	216,285.	46,838,480.
105 Total (add line 104, columns (B), (D), and (E))				<u> </u>	47,054,765.
Note: Line 105 plus line 1d, Part I, should equal the amount					
Part VIII Relationship of Activities to the	Accompl	ishment of Exem	pt Pur	poses (See page 34 of the	instructions )
Line No. Explain how each activity for which income is repo			ed import	antly to the accomplishment o	of the organization's
exempt purposes (other than by providing funds f		ses)			
RELATED TO EXEMPT PURPO					
93& SEE 990 PAGE 2, PART II	IA				
103A SEE 990 PAGE 2, PART II					
103B REIMBURSEMENT FROM NATI					
Part IX Information Regarding Taxable	<u>Subsidiar</u>		ded Er		<del></del>
(A) (B) Name, address, and EIN of corporation, Percentage of		(C) Nature of activities	Ì	(D) Total income	<b>(E)</b> End-of-year
partnership, or disregarded entity ownership interes	st				assets
	%				
	%				
	%	<del></del>			
Design and the second s	%				
Part X Information Regarding Transfers					
(a) Did the organization, during the year, receive any funds, o				nal benefit contract?	Yes X No
(b) Did the organization during the year, pay premiums, dire	•	•	contract?		Yes X No
Note: If "Yes" to (b), file Form 8870 and Form 4720 (see			d atat-	to and to the heat of and a second	and hall-file a
Under penalties of penury, I declare that I have examined this	. reiniu' iucińajų		rer has any	knowledge	ge and belief, it is true,
		0-29-04	1mb	NEILL DR. VP F	المهم
			· · ·	rint name and title	
			ate	Check if self-	Preparer's SSN or PTIN

#### **SCHEDULE A** (Form 990 or 990-EZ)

# Organization Exempt Under Section 501(c)(3)

(Except Private Foundation) and Section 501(e), 501(f), 501(k),

501(n), or Section 4947(a)(1) Nonexempt Charitable Trust

2003

OMB No 1545-0047

Department of the Treasury Internal Revenue Service Name of the organization

Supplementary Information-(See separate instructions.) ▶ MUST be completed by the above organizations and attached to their Form 990 or 990-EZ

YOUNG MEN'S CHRISTIAN ASSOCIATION OF

Employer identification number

MIDDLE TENNESSEE (FKA YMCA OF MID TN) 62 0476243 Compensation of the Five Highest Paid Employees Other Than Officers, Directors, and Trustees (See page 1 of the instructions. List each one. If there are none, enter "None.") (b) Title and average hours (d) Contributions to (e) Expense (a) Name and address of each employee paid employee benefit plans & deferred compensation (c) Compensation per week devoted to account and other more than \$50,000 position allowances SR PRG DIR ANDREW VEAL 40/WEEK 900 CHURCH STREET NASHVILLE, TN 148,463 19,809 GRP V.P. MICHAEL HEILBRONN 900 CHURCH STREET NASHVILLE, TN **40/WEEK** 114,857. 20,527 STEVE TAMMARO SR VP 900 CHURCH STREET NASHVILLE, TN 19,904 40/WEEK 98,549. GENE DEMANINCOR GRP V.P. 900 CHURCH STREET NASHVIILE, 40/WEEK 106,419. 16,867 GRP V.P. DAVID SNOW 900 CHURCH STREET NASHVILLE, 40/WEEK 103,607. 19,094 Total number of other employees paid 38 over \$50,000 Part II Compensation of the Five Highest Paid Independent Contractors for Professional Services (See page 2 of the instructions List each one (whether individuals or firms) If there are none, enter "None") (a) Name and address of each independent contractor paid more than \$50,000 (b) Type of service (c) Compensation ST. THOMAS P.O. BOX 380 NASHVILLE, TN 37202 STAFFING SERVICES 146,413. AARON'S JANITORIAL HIGHLAND, ANTIOCK, TN JANITORIAL 5041 W. OAK UNAVAILABLE SERVICE 103,601. LAW OFFFICES OF BASS, BERRY & SIMS 315 DEADERICK ST # 2700, NASHVILLE, TN 37202 93,043. LEGAL SERVICES TRIANGLE 2 PARTNERS CAMP BUSINESS BayshoRe 34*S* BLUB., TAMPA, FL. UNAVAILABLE PLAN 100,240. THE WINFIELD CONSULTING GROUP, INC 1649 NORTH DECATUR RD, ATLANTA, GA 30307 MARKET RESEARCH 86,028. Total number of others receiving over \$50,000 for professional services

For Paperwork Reduction Act Notice, see the Instructions for Form 990 and Form 990-EZ. 323101/12-05-03

	Provide the following information about the supported organizations (See page 5 of the instructions )	(3))
	(a) Name(s) of supported organization(s)	(b) Line number from above
14	An organization organized and operated to test for public safety. Section 509(a)(4). (See page 6 of the instructions.)	

,	Organizations described on line 1 records to show the name of, and t				• •		•	
	such amounts for each year	N/A	in each year noin, each o	nsquamed person Du nu	ı ına ımış nət mini An	uf (eturii. Ei	iter the Suit Of	
	(2002)	(2001)		(2000)	(199	9)		
b	For any amount included in line 17	that was received from	n each person (other than	"disqualified persons"), pre	pare a list for your r	ecords to sh	ow the name of,	
	and amount received for each year,	, that was more than th	e larger of (1) the amou	nt on line 25 for the year o	r <b>(2)</b> \$5,000. (Includ	e in the list o	rganizations	
	described in lines 5 through 11, as	well as individuals ) De	o not file this list with you	r return. After computing	the difference betwe	en the amou	nt received and	
	the larger amount described in (1)	or (2), enter the sum o	of these differences (the ex	cess amounts) for each ye	ar. N/A			
	(2002)	(2001)		(2000)	(199	9)		
C	Add Amounts from column (e) for	lines 1	5	16				
	17	2	0	21	<b></b>	27c	N/A	
d	Add Line 27a total		and line 27b total			27d	N/A	
е	Public support (line 27c total minus	s line 27d total)			<b>▶</b>	27e	N/A	
f	Total support for section 509(a)(2)	test Enter amount on	line 23, column (e)	<b>▶</b> 27f	N/A			
g	Public support percentage (li	ne 27e (numerator)	divided by line 27f (de	enominator))	. •	27g	N/A	9
h	Investment income percentage	ge (line 18, column	(e) (numerator) divide	d by line 27f (denomin	ator))	27h	N/A	9
_								

Unusual Grants: For an organization described in line 10, 11, or 12 that received any unusual grants during 1999 through 2002, prepare a list for your records to show, for each year, the name of the contributor, the date and amount of the grant, and a brief description of the nature of the grant. Do not file this list with your return. Do not include these grants in line 15

323121 12-05-03 NONE

N/A

Schedule A (Form 990 or 990-EZ) 2003 MIDDLE TENNESSEE (FKA YMCA OF MID TN) Part V Private School Questionnaire (See page 7 of the instructions)

29	Does the organization have a racially nondiscriminatory policy toward students by statement in its charter, bylaws, other governing		Yes	No
29	instrument, or in a resolution of its governing body?	29		
30	Does the organization include a statement of its racially nondiscriminatory policy toward students in all its brochures, catalogues,		<del> </del>	
••	and other written communications with the public dealing with student admissions, programs, and scholarships?	30	1	
31	Has the organization publicized its racially nondiscriminatory policy through newspaper or broadcast media during the period of			
	solicitation for students, or during the registration period if it has no solicitation program, in a way that makes the policy known			
	to all parts of the general community it serves?	31	]	
	If "Yes," please describe, if "No," please explain (If you need more space, attach a separate statement)			
		_		
32	Does the organization maintain the following	-		
а	Records indicating the racial composition of the student body, faculty, and administrative staff?	32a	ļ	
b	Records documenting that scholarships and other financial assistance are awarded on a racially nondiscriminatory basis?	32b		
C	Copies of all catalogues, brochures, announcements, and other written communications to the public dealing with student			
	admissions, programs, and scholarships?	32c	-	
d	Copies of all material used by the organization or on its behalf to solicit contributions?	32d	ļ	Į
	If you answered "No" to any of the above, please explain (If you need more space, attach a separate statement)	_		
33	Does the organization discriminate by race in any way with respect to	<b>-</b>		
а	Students' rights or privileges?	33a		
þ	Admissions policies?	33b		
C	Employment of faculty or administrative staff?	33c		
d	Scholarships or other financial assistance?	33d		
8	Educational policies?	33e		
f	Use of facilities?	33f		
g	Athletic programs?	33g		
h	Other extracurricular activities?	33h		
	If you answered "Yes" to any of the above, please explain (If you need more space, attach a separate statement.)			
		_		
34 a	Does the organization receive any financial aid or assistance from a governmental agency?	34a	ļ	
þ	Has the organization's right to such aid ever been revoked or suspended?	34b	ļ	
	If you answered "Yes" to either 34a or b, please explain using an attached statement		- 1	
35	Does the organization certify that it has complied with the applicable requirements of sections 4 01 through 4 05 of Rev. Proc. 75-50,			
	1975-2 C.B. 587, covering racial nondiscrimination? If "No." attach an explanation	35	ı J	

62-0476243

Schedule A (Form 990 or 990-EZ) 2003 MIDDLE TENNESSEE (FKA YMCA OF MID TN) Part VI-A Lobbying Expenditures by Electing Public Charities (See page 9 of the instructions)

•		ı	aye
7	<u>/ n</u>		

	(10 pe completed part	by an eligible organization that filed Form 5/68)				
Che	ck > a if the organization bel	ongs to an affiliated group Check	b if y	ou che	ecked <mark>"a"</mark> and "limited contr	ol" provisions apply
		on Lobbying Expenditures additures means amounts paid or incurred )		!	(a) Affiliated group totals	(b) To be completed for ALL electing organizations
37 38 39	Total lobbying expenditures to influent Total lobbying expenditures to influent Total lobbying expenditures (add linest Other exempt purpose expenditures Total exempt purpose expenditures (a Lobbying nontaxable amount Enter the control of the con	36 and 37) dd lines 38 and 39)	·	36 37 38 39 40	N/A	
	If the amount on line 40 is - Not over \$500,000	The lobbying nontaxable amount is - 20% of the amount on line 40				
	Over \$500,000 but not over \$1,000,000 Over \$1,000,000 but not over \$1,500,000 Over \$1,500,000 but not over \$17,000,000	\$100,000 plus 15% of the excess over \$500,000 \$175,000 plus 10% of the excess over \$1,000,000 \$225,000 plus 5% of the excess over \$1,500,000		41		
12	Over \$17,000,000  Grassroots nontaxable amount (enter	\$1,000,000 25% of line 41)		42		
	Subtract line 42 from line 36 Enter -0	•	Ì	43		
14	Subtract line 41 from line 38 Enter -0	- if line 41 is more than line 38		44		

#### 4-Year Averaging Period Under Section 501(h)

(Some organizations that made a section 501(h) election do not have to complete all of the five columns below. See the instructions for lines 45 through 50 on page 11 of the instructions )

		Lobbying Exp	enditures During 4-Year A	veraging Period	N/A
Calendar year (or fiscal year beginning in)	(a) 2003	(b) 2002	(c) 2001	(d) 2000	(e) Total
45 Lobbying nontaxable amount					0.
46 Lobbying ceiling amount (150% of line 45(e))					0.
47 Total lobbying expenditures			-		0.
48 Grassroots nontaxable amount					0.
49 Grassroots ceiling amount (150% of line 48(e))					0.
50 Grassroots lobbying expenditures					0.

#### Part VI-B Lobbying Activity by Nonelecting Public Charities

Caution: If there is an amount on either line 43 or line 44, you must file Form 4720.

(For reporting only by organizations that did not complete Part VI-A) (See page 12 of the instructions)

N/A

During the year, did the organization attempt to influence national, state or local legislation, including any attempt to influence public opinion on a legislative matter or referendum, through the use of

- Paid staff or management (Include compensation in expenses reported on lines c through h.)
- Media advertisements
- Mailings to members, legislators, or the public
- Publications, or published or broadcast statements
- Grants to other organizations for lobbying purposes
- Direct contact with legislators, their staffs, government officials, or a legislative body
- h Rallies, demonstrations, seminars, conventions, speeches, lectures, or any other means
- Total lobbying expenditures (Add lines c through h.)
  - If "Yes" to any of the above, also attach a statement giving a detailed description of the lobbying activities

Yes	No	Amount
	-	
		0
		0.

323141 12-05-03

Schequie A (Form 990 or 990-EZ) 2003 MIDDLE TENNESSEE (FKA YMCA OF MID TN)

Part VII Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations (See page 12 of the instructions ) Did the reporting organization directly or indirectly engage in any of the following with any other organization described in section 51 501(c) of the Code (other than section 501(c)(3) organizations) or in section 527, relating to political organizations? Yes No a Transfers from the reporting organization to a noncharitable exempt organization of 51a(i) X (i) Cash (ii) Other assets a(ii) **b** Other transactions (i) Sales or exchanges of assets with a noncharitable exempt organization b(i) (ii) Purchases of assets from a noncharitable exempt organization b(ii) (iii) Rental of facilities, equipment, or other assets b(iii) (iv) Reimbursement arrangements b(iv) (v) Loans or loan guarantees b(v) (vi) Performance of services or membership or fundraising solicitations b(vi) Sharing of facilities, equipment, mailing lists, other assets, or paid employees d If the answer to any of the above is "Yes," complete the following schedule. Column (b) should always show the fair market value of the goods, other assets, or services given by the reporting organization. If the organization received less than fair market value in any transaction or sharing arrangement, show in column (d) the value of the goods, other assets, or services received N/A (a) (c) (d) Name of noncharitable exempt organization Line no Amount involved Description of transfers, transactions, and sharing arrangements 52 a Is the organization directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) of the Code (other than section 501(c)(3)) or in section 527? X No Yes If "Yes," complete the following schedule N/A (b) (a) (c) Name of organization Type of organization Description of relationship

FOOTNOTES

STATEMENT

LAND, BUILDINGS, EQUIPMENT AND FURNITURE ARE RECORDED AT COST, WHEN PURCHASED, OR AT FAIR MARKET VALUE, WHEN GIFTED TO THE YMCA (FOR ALL ITEMS THAT EXCEED SIGNIFICANT AMOUNTS). DEPRECIATION IS CALCULATED BY THE STRAIGHT-LINE METHOD TO ALLOCATE THE COST OF DEPRECIABLE ASSETS, AS SO DETERMINED, TO OPERATIONS OVER ESTIMATED USEFUL LIVES OF TEN YEARS FOR EQUIPMENT AND FURNITURE, FIFTEEN YEARS FOR LAND IMPROVEMENTS AND FORTY YEARS FOR BUILDINGS.

PROPERTY.	PLANT	AND	EQUIPMENT:
-----------	-------	-----	------------

LAND AND LAND IMPROVEMENTS BUILDINGS & IMPROVEMENTS EQUIPMENT AND FURNITURE SOFTWARE

9,466,360. 83,927,104. 12,656,615. 282,440.

TOTAL

LESS: ACCUMULATED DEPRECIATION

106,332,519. <24,336,894.>

TOTAL - NET

81,995,625.

FORM 990	PAYMENTS T	O AFFILIATES		STATEMENT	2
AFFILIATE'S NAME		AFFILIATI	E'S ADDRESS		
THE NATIONAL YMCA FUND,	INC.		H WACKER DR., IL 60606	STE 1400,	
PURPOSE OF PAYMENT				AMOUNT	
MEMBERSHIP DUES				268,4	29.
TOTAL TO FORM 990, PART	I, LINE 16			268,42	29.
FORM 990 OTHER C	HANGES IN NET A	ASSETS OR FUNI	D BALANCES	STATEMENT	3
DESCRIPTION		AMOUNT			
EQUITY LOSS ON PARTNERS UNREALIZED GAIN ON HEDG UNREALIZED GAIN ON INVE	ING ACTIVITY			<360,50 845,29 59,54	91.
TOTAL TO FORM 990, PART	I, LINE 20			544,3	39.
FORM 990	OTHER	EXPENSES		STATEMENT	4
DESCRIPTION	(A) TOTAL	(B) PROGRAM SERVICES	(C) MANAGEMENT AND GENERAL	(D) FUNDRAISIN	1G
MISC EXPENSES PURCHASED SERVICES INTERCOMPANY GRANTS INSURANCE AMORTIZATION EXPENSE WORKMANS COMP INS	688,852. 1,929,663. 283,296. 254,004. 27,398. 267,000.	391,701. 1,046,833. 178,920. 248,364. 27,398. 237,630.	236,381. 859,561. 69,372. 5,640.	60,77	70. 59. 04.
OTAL TO FM 990, LN 43 3,450,213. 2,130,846. 1,194,		1,194,984.	124,38	33.	

FORM 990 STATEMENT OF ORGANIZATION'S PRIMARY EXEMPT PURPOSE STATEMENT 5
PART III

#### **EXPLANATION**

THE MISSION OF THE YOUNG MEN'S CHRISTIAN ASSOCIATION OF MIDDLE TENNESSEE (THE "YMCA") IS A WORLDWIDE CHARITABLE FELLOWSHIP UNITED BY A COMMON LOYALTY TO JESUS CHRIST FOR THE PURPOSE OF HELPING PERSONS GROW IN SPIRIT, MIND AND BODY. THE YMCA IS WORKING TO BUILD STRONG KIDS, STRONG FAMILIES, AND STRONG COMMUNITIES BY SERVING 162,500 MEMBERS AT TWENTY-TWO YMCA CENTERS THROUGHOUT SEVEN MIDDLE TENNESSEE COUNTIES AND SCOTTSVILLE, KY. YMCA PROGRAMS ENCOMPASS A VARIETY OF AREAS INCLUDING YOUTH AND TEEN PROGRAMS, ADULT AND FAMILY PROGRAMS, OUTREACH AND WELLNESS.

FORM 990	OTHER	INVESTMENTS		STATEMENT	6
DESCRIPTION			VALUATION METHOD	AMOUNT	
INVESTMENTS			MARKET VALUE	263,82	28.
TOTAL TO FORM 990, PART IV,	LINE 56	, COLUMN B		263,82	28.
FORM 990	OT	HER ASSETS		STATEMENT	7
DESCRIPTION				AMOUNT	
BOND ISSUE COSTS OTHER ASSETS				410,97	
TOTAL TO FORM 990, PART IV,	LINE 58	, COLUMN B		502,86	55.
FORM 990	OTHER 1	LIABILITIES		STATEMENT	8
DESCRIPTION				AMOUNT	
DERIVATIVE LIABILITY - INTERPRED COMPENSATION OBLIGATION		E SWAP		4,362,62	
TOTAL TO FORM 990, PART IV,	LINE 65	, COLUMN B		4,626,44	19.

FORM 990 OTHER RI	EVENUE N	OT INCLUDED ON FOR	RM 990	STATEMENT	9
DESCRIPTION				AMOUNT	
EQUITY LOSS ON PARTNERSHIP			•	<360,5	00.>
TOTAL TO FORM 990, PART IV-	-A		:	<360,5	00.>
FORM 990 OTHER EX	KPENSES 1	NOT INCLUDED ON FO	DRM 990	STATEMENT	10
DESCRIPTION				AMOUNT	
LOSS ON HEDGING ACTIVITY			•	<845,2	90.>
TOTAL TO FORM 990, PART IV-	<b>-</b> B		•	<845,290	
FORM 990 INFORMAT		ART IX RDING TAXABLE SUBS	SIDIARIES	STATEMENT	11
NAME, ADDRESS & ID NUMBER OF CORP OR PARTNERSHIP	PCT OWN	NATURE OF BUSINESS	TOTAL INCOME	END-OF-YE ASSETS	
ST. THOMAS/YMCA, LLC,	50.00%	THROUGH AUGUST	.701 000		0.
NASHVILLE, TN, EIN: 62-1872028		31, 2003 SEE STATEMENT 14 FOR ADDITIONAL INFORMATION	<721,000.3		

PART III, QUESTION 2(C): DURING THE YEAR, YMCA NEGOTIATED CONTRACTS FOR MARKETING, LEGAL, MAILING, AND CONSTRUCTION SERVICES WITH TAXABLE ORGANIZATIONS IN WHICH AN OFFICER OR KEY EMPLOYEE OF THE TAXABLE ORGANIZATION WAS ALSO A BOARD MEMBER OF THE YMCA. ALL CONTRACTS WERE SUBJECT TO AN OPEN BID PROCESS, NEGOTIATED AT ARM'S LENGTH, AND AMOUNTS PAID BY YMCA FOR THE SERVICES RECEIVED REPRESENT FAIR MARKET VALUE OR LESS. THE TOTAL AMOUNT PAID IN RELATION TO THESE CONTRACTS DURING THE YEAR WAS \$670,000.

SCHEDULE A	OTHER INC	OME		STATEMENT 13
DESCRIPTION	2002 AMOUNT	2001 AMOUNT	2000 AMOUNT	1999 AMOUNT
MISCELLANEOUS	819,726.	1,296,831.	1,413,765	1,067,659.
TOTAL TO SCHEDULE A, LINE 22	819,726.	1,296,831.	1,413,765	. 1,067,659.



We build strong kids, strong families, strong communities.

# TAX YEAR 2003 Overview of YMCA Philosophy & Programs

Our Mission: A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping persons grow in spirit, mind and body.

Our Commitment: We build strong kids, strong families and strong communities.

Our Values: Caring, Honesty, Respect, Responsibility

Our Vision: To be a source of strength to our community by providing an environment where people of all ages, faiths, races, backgrounds and abilities work toward achieving their God-given fullest potential, build friendships, and experience the joy of helping others. We will fulfill this vision by:

Increasing Availability to All. The YMCA is for everyone, no matter where they live or their ability to pay. Through the generosity of YMCA friends, our goal is to have sufficient funds to ensure that our YMCA remains available to all By 2020, we will serve 1 in 5 people in our community and have a facility or program center within 15 minutes of every person in Middle Tennessee

**Developing Youth and Teens** Our YMCA is a safe place where youth and teens can dream, learn, grow and achieve their fullest potential. By 2020, we will reach 1 in 4 youth and teens through programs that transform their lives and produce positive outcomes.

**Inspiring Healthier Lifestyles** Our YMCA helps people to live healthier lives. Since our founding in 1875, health and wellness programs have been integral to our mission of building spirit, mind and body. By 2020, we will influence 1 in 8 people to live a healthier life through YMCA membership

Deepening Member and Community Involvement Through the creation of small, caring communities, our YMCA will build long-term relationships among members and staff that foster a sense of belonging, service to others, and the joy of giving. By 2020, our goal is to have 50% of members engaged in building stronger communities through sharing their time, talents or treasure.

**Ensuring Our Legacy** By developing strong staff and volunteer leadership, and a sound financial base, our YMCA will continue to make a positive difference for future generations. By 2020, 100% of staff and volunteers will consider the Y a

fulfilling place to invest time and energy to improve the lives of others. By 2020, we have an endowment fund equal to our operating budget to ensure the future of our YMCA.

# Facts & Figures:

The following is a listing of the YMCA's accomplishments for the year 2003:

- Launched Vision 2020, a long-term strategic plan to increase availability to all, develop youth and teens, inspire healthier lifestyles, deepen member and community involvement, and ensure our legacy.
- Reached 162,500 lives—1 in 9 people in the 11-county area we serve—through membership, program participation, volunteerism and philanthropy.
- Served 47,860 households, an increase of 5.6 percent over 2002.
- Provided financial assistance, through our Open Doors Income-Based Rate Scale, to
   55 percent of new YMCA members, and provided financial assistance to more than
   25 percent of all members.
- Raised \$3,502,538 through We Build People, 4.8 percent above our goal and 9 percent higher than 2002, thanks to 1,195 volunteers and 9,506 donors working to keep the YMCA available for all.
- Balanced a \$60,761,208 budget, growing 3.18 percent over 2002, with reserves fully funded.
- Initiated a long-term deferred maintenance plan for capital improvements, and invested \$2.2 million to improve facilities including Maddox, Northwest and Donelson-Hermitage.
- Instilled values and athletic skills in 20,406 youth-sports participants led by 1,552 volunteer coaches.
- Helped 2,560 kids to grow in Christian character and positive values while having a blast at Camp Widjiwagan—voted "Best Day Camp" for the 6<sup>th</sup> consecutive year by Nashville Parent readers.
- Developed an inspiring vision and business plan for a resident camp at the Joe C.
  Davis YMCA Outdoor Center, with leadership from our Camp Task Force chaired
  by Frank Drowota and our Camp Board chaired by Leilani Boulware.
- Strengthened and built relationships with 5,005 children and families through Youth Development Center and Y-CAP programs.

- Led by outstanding volunteers and staff, reached \$5.1 million toward \$6 million necessary to break ground on a YMCA to serve northern Rutherford County.
- Continued to develop relationships and raise funds toward a new YMCA to serve Bellevue, in partnership with Senior Citizens Inc.
- Equipped **300** men and women to overcome life-controlling issues through Restore Ministries.
- Directed the nation's second-largest Youth in Government program, providing 2,629 Tennessee middle- and high-school students with civic-engagement education and leadership development.
- Taught swimming to 9,421 people (94 percent of them children) at 37 pools.
- Enriched the lives of **7,114** children at **138** Fun Company sites by providing structured, creative before- and after-school care.
- Initiated several new programs to develop our **3,901** staff and **5,128** volunteers, ensuring a continuing legacy of mission-driven leadership.
- Strengthened values and commitment to learning for **150** young men and women in grades 5-12 through Urban Services School of Academics and Athletics (USSAA); and, thanks to several generous friends, secured funds to expand USSAA to a year-round program.
- Enhanced the development of **1,200** teens by infusing developmental assets to help them grow up healthy, caring and responsible.
- Provided a safe, constructive learning environment for **250** youth and teens at the Preston Taylor Youth Development Center at McKissack Middle School, a partnership between the YMCA, Boys & Girls Clubs, Metro schools and United Way.
- Received a \$600,000 gift to fund Positive Beginnings, a Y-CAP intervention program for youth referred by the Juvenile Courts, over the next three years.
- Inspired 180 Davidson County students through Hispanic Achievers, and laid the groundwork to expand the program into Williamson County
- Served as **one of 20** pilot YMCAs nationwide for the Luther Gulick Project, an initiative aimed at developing solutions to the nation's lifestyle-health crisis.
- Initiated a long-range diversity commitment based on **Jesus**' model of treating all people with dignity and respect.

- Passed the Board Chair gavel from Ron Knox to Rich Ford and the Foundation Board Chair gavel from Bill Turner to Lee Barfield.
- Welcomed 12 new members to the Heritage Club and honored Ridley and Irene Wills with the 2003 H.G. Hill Philanthropic Award.
- Thanked our volunteers and presented **James A. "Jimmy" Webb III** with the YMCA's highest honor, the Order of the Red Triangle, at our Annual Celebration.
- Continued to develop partnerships with YMCAs worldwide in nations including Japan, Israel, China, Russia and Venezuela, led by **Adrian Moody** and **100** volunteers.

The YMCA of Middle Tennessee has a surplus of operating funds that are designated for the building and repair of facilities. Any surplus goes back into the community or is used to start new programs or purchase new equipment.

YMCA Philosophy: The YMCA lives its mission each and every day. We are committed to strengthening our role as a leader in the nurturing and healthy development of children, teens, adults, seniors, families and communities. The YMCA brings communities together. It's a place where everyone belongs regardless of age, faith, race, background, income or ability. The YMCA, through its Open Doors financial assistance program, ensures that everyone who wants to participate in Y programs has the opportunity. One in four members receives some level of financial assistance. The ability to break through boundaries that often separate communities is inherent to the YMCA. We create opportunities for interaction that result in new friendships, new possibilities for personal growth and a strengthened community. Diverse groups find common ground by playing, learning and working together.

The YMCA of Middle Tennessee has adopted four character development initiatives as a basis for all operations, staff development and program development. The following initiatives guide the YMCA and are at the heart of everything we do:

Caring Respect Honesty Responsibility

The YMCA continues to be a leader in community-based health and wellness, childcare, camping, aquatics, youth sports, volunteerism, community development, outreach and international partnerships.

Operating Characteristics: The YMCA of Middle Tennessee believes it is essential to operate in a manner consistent with its Christian principles. The Y believes in the healthy development of all people and operates with the following set of characteristics:

Driven by the YMCA mission.

- Adherence to the character development initiatives of caring, respect, honesty and responsibility.
- Governed by caring, committed and well-informed volunteers.
- Operated so that membership and programs are accessible and affordable to all people.
- Managed by a well-trained, competent and diverse staff.
- Operated so that all staff and members are treated with dignity and respect.
- Operated so that each person feels he/she belongs, can contribute and succeed.
- Fiscally sound and supported through earned income and a growing percentage of contributed support.
- Operated so that the highest levels of quality and safety are assured for all.
- Committed to responding rapidly to the changing needs of the community through program development.
- Managed with a focus on continuous improvement of structure, programs and delivery systems.

The YMCA of Middle Tennessee offers programs that build strong kids, strong families and strong communities. The following is a listing of YMCA programs during 2003:

# STRONG KIDS

### YOUTH PROGRAMMING

Character building and practicing Christian principles are the heart and soul of the YMCA. At the Y, children learn the following values:

**CARING**—Be kind and show concern for others. Express gratitude. Forgive others. Help people in need. Be compassionate.

**HONESTY**—Don't cheat, steal or deceive. Keep your promises. Be reliable. Have the courage to do the right thing. Build a good reputation. Be loyal to your family, friends and country.

**RESPECT**—Live by the Golden Rule. Value the abilities and characteristics of others. Use good manners. Be considerate of the feelings of others. Honor others' dignity, privacy and freedom. Be courteous and polite.

**RESPONSIBILITY**—Do what you are supposed to do. Finish what you start. Always do your best. Be accountable for your choices. Exercise self-control. Be good stewards of the earth.

The YMCA offers a wide variety of programs and activities for children. Two of our most popular are youth sports and day camp.

#### YOUTH SPORTS

Sports keep children active while teaching them important values, sportsmanship and teamwork. At the YMCA, everybody gets the chance to play. In 2003, **20,406** Middle Tennessee children learned the fundamentals of basketball, soccer, T-ball, gymnastics and other sports at the Y, led by **1,552** volunteer coaches.

#### **DAY CAMP**

The YMCA believes all children should experience the joy and adventure of camp. In 2003, the Y served 7,295 campers, with 25% of them receiving financial assistance. Camp Widjiwagan at the Joe C. Davis YMCA Outdoor Center helped 2,560 kids grow in Christian character and positive values with activities including horseback riding, swimming, canoeing, kayaking and climbing the Alpine Tower, along with sports like soccer, street hockey, basketball and tennis.

#### **TEEN ACTION AGENDA**

Currently, YMCAs throughout the United States reach 1 in 8 teens—more than 3 million teens nationwide. Recognizing the unique obstacles faced by teenagers, the YMCA launched a nationwide campaign to serve one in five teens by 2005. More than 370 U.S. YMCAs associations, including the YMCA of Middle Tennessee, have taken steps to expand programs and services tailored to teenagers.

## YMCA teen programs focus on:

- Leadership and service-learning
- Education, career and life skills
- Health, safety and well-being

### Examples of YMCA teen programs:

- YMCA Leaders Club
- YMCA Earth Service Corps
- Youth In Government
- Black Achievers
- Hispanic Achievers
- The BRIDGE
- Time to Rise
- USSAA Boot Camp
- Youth Sports
- Teen Centers
- Skate Parks

#### Signature YMCA Teen Programs

#### Hispanic & Black Achievers

The YMCA's Black Achievers and Minority Achievers programs have made a significant impact on Middle Tennessee young people. The success of these programs, coupled with the region's rapidly growing Hispanic population, prompted the YMCA to begin a Hispanic Achievers program. In 2003, the program involved more than 636 youth, parents, mentors and volunteers. The mission of Hispanic Achievers is to empower youth to make and achieve positive social, educational, career and personal goals by placing them in mentoring relationships with Hispanic adult achievers who provide knowledge, encouragement and motivation. In addition, Hispanic Achievers offers ACT preparation courses, college-campus tours and scholarship programs. It is the YMCA's hope that 100% of participating students will graduate from high school and that a high percentage will go on to college.

#### The BRIDGE

Mary Jane and Gilbert Smith started The BRIDGE in 1993 to help youth navigate the challenging transition of adolescence. Inspired by a national program called Summerbridge, the BRIDGE aims to get older kids into teaching and younger kids into learning. Each summer, rising 7<sup>th</sup>-10<sup>th</sup> graders spend five weeks doing intensive academic projects created by collegiate student-teachers. BRIDGE students commit themselves to three years, and many come back to teach after graduation and pursue careers in education.

#### Urban Services School of Athletics and Academics (USSAA)

The YMCA's popular USSAA program is designed to help young men and women, ages 7 to 17, work with others toward a common goal of love and respect. USSAA participants take part in an overnight, summer "boot camp" style program that involves academics, athletics, a disciplined schedule, and sessions aimed at dealing with violence, teamwork and community service. In 2003, thanks to generous contributions, the YMCA secured funds to expand USSAA to a year-round program.

# STRONG FAMILIES

#### **CHILDCARE**

The YMCA of Middle Tennessee cared for **7,440** children in 2003 through its daycare and preschool programs.

#### **FUN COMPANY**

When it comes to school-aged children, the Y believes no child should go home to an empty house. That's why in 1983 it developed Fun Company, a before-and-after school childcare program. Recognizing that many families struggle to afford quality childcare, the Y offers financial assistance to ensure that no one is turned away because of an inability to pay. For example, in 2003 the Middle Tennessee Y enriched the lives of **7,114** children at **138** Fun Company sites and provided **\$1,117,827** in assistance to **19%** of participating families. Fun Company provides family-centered, values-based, comprehensive programs for children, before and after school and during the summer. The focus is on developing the whole child—not only academically but also socially and emotionally. The Y incorporates service-learning projects into the Fun Company curriculum, teaching new skills while emphasizing the importance of giving back to the community.

#### FAMILY PROGRAMMING

With so many influences vying for families' time and attention, it's often difficult to find a fun, wholesome atmosphere where parents and children can become healthier together. That's why family programming is such a high priority at the YMCA.

#### Family Nights & Picnics

The YMCA sets aside special nights for families to come to the YMCA and enjoy games, food and fellowship. Pool parties, cookouts, daddy-daughter dances, teen lock-ins, family fun-runs and carnivals are all part of the YMCA's service to families in Middle Tennessee communities.

#### Y-Guides and Y-Princesses

Y-Guides was developed to support parents' vital role as teachers, counselors and friends to their children. The purpose of Y-Guides is to foster companionship between father and child and to support the child's growth. The father observes his child's relationship in the group and sees his child's strengths and needs. The child sees his dad in action with other dads and children, providing a very important adult model. The theme of the program involves American Indian culture. Y-Guides is for fathers and sons, while Y Princesses is a father-daughter program. The Y also offers a Papoose program for fathers and their preschoolers (sons or daughters). Meetings involve quality time together with crafts, games, stories, rituals and refreshments.

# STRONG COMMUNITIES

#### **HEALTH & WELLNESS**

Physical fitness and recreation have always been central to the YMCA's not-for-profit, charitable mission. The Y views physical activity as an integral component of building character and encouraging healthy, balanced living. YMCAs offer a full range of health-and-wellness services for people of all ages, faiths, incomes, backgrounds and abilities.

Luther Gulick Project. Studies show that the United States faces a lifestyle-health crisis; we are the least healthy of the world's developed nations. Inadequate physical activity and poor nutrition are raising levels of obesity and leading to increased rates of heart disease, diabetes, cancer and psychosocial problems. Only about 15% of Americans exercise regularly. Low-income and minority groups tend to be the hardest hit. In response, the YMCA of the USA has launched the Luther Gulick Project to seek innovate ways of reaching and serving less-active Americans. The YMCA of Middle Tennessee is serving as one of 20 pilot YMCAs for the project. The Y has—and will continue to have—an important role in addressing the lifestyle-health crisis through their wellness services.

### Y-CAP (COMMUNITY ACTION PROJECT)

We see it on the news every day: Many children are not getting the love and support they need from parents, schools or society at large. As a result, they're looking for love and acceptance in ways that often cause them harm and tear at the fabric of family and community. The YMCA has created a program that *really works* because it doesn't just scratch the surface—it digs deep to break the destructive cycle.

Y-CAP (YMCA Community Action Project) is changing lives in Middle Tennessee. Established in 1985, Y-CAP is an intensive intervention program for youth ages 10-14. Most youth are referred through juvenile courts and school systems. Y-CAP creates a plan for each child and family that addresses spiritual, mental and social needs. The goal is to turn tragedy into triumph one child, one family at a time.

How well does Y-CAP work? In 2002 and 2003, Y-CAP programs reached more than **500** youth and their families. Of the youth referred to the program by juvenile-court judges and school officials, **98%** achieved academic success by advancing to the next grade level and **94%** did not commit a delinquent offense during their Y-CAP enrollment.

#### **Y-CAP Services**

Tutoring
Mentoring
Recreation
Y-CAP Academy
Individual and Group Counseling
Values Education
Spiritual Counseling
Daily School Attendance Monitoring
In-Home Family Intervention
Group Home for Boys
Family Assistance (food, clothes, job search, referrals, etc.)
Family Sponsorship at Christmas

"Y-CAP distinguishes itself in the range of services it provides, the comprehensiveness of its approach to families at risk, and the dedication, energy and effectiveness of staff and volunteers. Early and effective intervention, of the type Y-CAP has pioneered in this community, is essential if we are to reduce delinquency and crime."

Judge Andrew J. Shookhoff, Metropolitan Juvenile Court of Davidson County

"I know of no other early-intervention program that is as effective as Y-CAP." Frank Drowota III, Chief Justice, Tennessee Supreme Court

# **COLLABORATIONS**

YMCAs know that they can't solve community problems alone. Y's develop strategic partnerships with other organizations to provide innovative programs and services. For example, the Y partners with area schools for its Fun Company before-and-after-school program and with businesses to provide summer jobs for teens in Youth Development programs. Throughout Middle Tennessee, the YMCA partners with 574 schools, businesses, churches, housing developments and service organizations.

# **CONCLUSION**

For any organization to stand the test of time it must be able to keep up with the world around it. Through all of its 128 years, the YMCA of Middle Tennessee has been a place where people can find hope, fellowship and healing. The YMCA has always stayed true to its mission of helping persons grow in spirit, mind and body. The YMCA of Middle Tennessee is helping to build strong kids, strong families and strong communities.

#### YMCA of Middle Tennessee 2003 Board of Directors

	Α	В	D	E	F	G	М
1	FNAME	LNAME	STREET	CITY	ST	ZIP	OFFICERS
2	Nelson	Andrews	900 Church St	Nashville	TN	37203	
3	DeVan	Ard, Jr	900 Church St	Nashville	TN	37203	
4	Keith	Baker	900 Church St	Nashville	TN	37203	
_	H Lee	Barfield II	900 Church St	Nashville	TN	37203	
	Monica	Barr	900 Church St	Nashville	TN	37203	
7	Sam	Bartholomew	900 Church St	Nashville	TN	37203	Secretary
8	David	Bellar	900 Church St	Nashville	TN	37203	<u> </u>
9	Robert L	Bibb	900 Church St	Nashville	TN	37203	
_	Leilani	Boulware	900 Church St	Nashville	TN	37203	
	Dr Elbert	Brooks	900 Church St	Nashville	TN	37203	<u> </u>
	Dr Mark	Bryan	900 Church St	Nashville	TN	37203	
	Wood	Caldwell	900 Church St	Nashville	TN	37203	
	George H	Cate	900 Church St	Nashville	TN	37203	
	Pat	Clark	900 Church St	Nashville	TN	37203	
_	Joyce	Cook	900 Church St	Nashville	TN	37203	
	Charles L	Cornelius Jr	900 Church St	Nashville	TN	37203	<del>                                     </del>
_	Robin Grindstaff	Costa	900 Church St	Nashville	TN	37203	<u> </u>
	Douglas	Cruickshanks, Jr	900 Church St	Nashville	TN	37203	<del> </del>
	Greg	Daily	900 Church St	Nashville	TN	37203	ļ
	Florence	Davis	900 Church St	Nashville	TN	37203	ļ
	James	Davis	900 Church St	Nashville	TN	37203	<b></b>
	Bill	DeLoache	900 Church St	Nashville	TN	37203	<del>                                     </del>
_	Jeff	Diamond	900 Church St	Nashville	TN	37203	
_	Marty	Dickens	900 Church St	Nashville	TN	37203	<del> </del>
	Jack	Diller	900 Church St	Nashville	TN	37203	
	Jack	Elisar	900 Church St	Nashville	TN	37203	Treasurer
	John	Emery	900 Church St	Nashville	TN	37203	1
	Robert C	Fisher, Ph D	900 Church St	Nashville	TN	37203	
	Rich	Ford	900 Church St	Nashville	TN	37203	Chair
31		Foster	900 Church St	Nashville	TN .	37203	1
32		Frist	900 Church St	Nashville	TN	37203	
_	Sandra	Fulton	900 Church St	Nashville	TN	37203	ļ
	Pedro	Garcia, Ed D	900 Church St	Nashville	TN	37203	<u> </u>
	Homer B	Gibbs, Jr	900 Church St	Nashville	TN	37203	
_	Paul	Gilliland	900 Church St	Nashville	TN	37203	
	James W	Granbery	900 Church St	Nashville	TN	37203	
_	Roupen M	Gulbenk	900 Church St	Nashville	TN	37203	
	Bill	Henderson	900 Church St	Nashville	TN	37203	
_	Sen Douglas	Henry	900 Church St	Nashville	TN	37203	Honorary
	Bill Karen	Hudson	900 Church St	Nashville	TN	37203	
		Johnson	900 Church St	Nashville	TN	37203	ļ
	Wade Sudani F	Joyner L	900 Church St	Nashville	TN	37203	ļ
_	Sydney F	Keeble, Jr	900 Church St	Nashville	TN	37203	ļ
45 46	Janet	Kleinfelter Knestrick	900 Church St	Nashville		37203	<del> </del>
	Walter	Knestrick	900 Church St	Nashville		37203	<del> </del>
	Ronald F	Knox, Jr	900 Church St 900 Church St	Nashville	_	37203	Doot Chair
49		Lancaster	900 Church St	Nashville Nashville		37203	Past Chair
_	Suzie	Lindsey	900 Church St	Nashville Nashville	_	37203 37203	<del>                                     </del>
	Marc	Lively	900 Church St			37203	<del> </del>
	Chris	McCarthy	900 Church St	Nashville Nashville		37203	<del> </del>
	Clayton	McWhorter	900 Church St	Nashville	$\overline{}$	37203	Honoros
_	John	Mifflin	900 Church St			37203	Honorary
	John Ed	Miller	900 Church St	Nashville Nashville		37203	<del> </del>
_	Gayle	Moyer-Harns	900 Church St	Nashville Nashvilla		37203	<del>                                     </del>
$\overline{}$	Kitty	Murfree	900 Church St	Nashville Nashville		37203 37203	<del> </del>
58		Nichols	900 Church St	Nashville	-		
	Dortch	Oldham	900 Church St	Nashville		37203 37203	-
$\overline{}$	Mike	O'Malley	900 Church St	Nashville		37203	<del> </del>
	Buddy	Ortale	900 Church St	Nashville		37203	-
	James M	Patterson, Jr	900 Church St		_	37203	<del> </del>
63		Payne	900 Church St	Nashville Nashville	_	37203	<del> </del>
64		Pfeffer	900 Church St	Nashville Nashville		37203 37203	<del> </del>
<u> </u>		Ryan	900 Church St				<del> </del>
65 I		ryan .	ooo onulul ot	Nashville		37203	1
65 66			900 Church St	Machalle	T.	37203	
66		Sowell Spain	900 Church St 900 Church St	Nashville Nashville		37203 37203	-

#### YMCA of Middle Tennessee 2003 Board of Directors

	Α	В	D	E	F	G	M
1	FNAME	LNAME	STREET	CITY	ST	ZIP	OFFICERS
69	Carter	Todd	900 Church St	Nashville	TN	37203	
70	Cal	Turner	900 Church St	Nashville	TN	37203	Chair-Elect
71	Todd	Turner	900 Church St	Nashville	TN	37203	
72	William E	Turner, Jr	900 Church St	Nashville	TN	37203	
73	William B	Wadlington, MD	900 Church St	Nashville	TN	37203	
74	James M	Ward	900 Church St	Nashville	TN	37203	
75	James A	Webb III	900 Church St	Nashville	TN	37203	
76	Olin	West III	900 Church St	Nashville	TN	37203	Asst Treas
77	Todd	Williams	900 Church St	Nashville	TN	37203	
78	David	Williams II	900 Church St	Nashville	TN	37203	
79	W Ridley	Wills II	900 Church St	Nashville	TN	37203	
80	William M	Wilson	900 Church St	Nashville	TN	37203	
81	Fleming	Wilt	900 Church St	Nashville	TN	37203	
82	Barbara	Winger	900 Church St	Nashville	ŤN	37203	

# Young Men's Christian Association of Middle Tennessee: Statement 14

During 2001, the YMCA and Saint Thomas Network formed and became 50% owners of St. Thomas/YMCA, LLC. The purpose of this company was to integrate complementary services and promote community health and services in the areas of wellness, prevention, conditioning and rehabilitation, all in accordance with the exempt purposes of the YMCA and STN.

Effective August 31, 2003, STN transferred its 50% membership interest in the LLC to the YMCA, leaving the YMCA as sole member. The operations and activities of the LLC continue to be operated by the YMCA at one of its centers. Prior to the transfer by STN, the YMCA's share of the joint venture losses for the 8 months ended August 31, 2003, was \$360,500.

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# Form **8868**

(December 2000)

Department of the Treasury Internal Revenue Service

# Application for Extension of Time To File an Exempt Organization Return

File a separate application for each return.

OMB No. 1545-1709

<ul><li>If you a</li></ul>	are filing for an Automatic 3-Month Extension, complete only Part I and check this box are filing for an Additional (not automatic) 3-Month Extension, complete only Part II (on page 2 of this not complete Part II unless you have already been granted an automatic 3-month extension on a p	form).
Part I	Automatic 3-Month Extension of Time - Only submit original (no copies needed)	
All other o	rm 990-T corporations requesting an automatic 6-month extension - check this box and complete Part I corporations (including Form 990-C filers) must use Form 7004 to request an extension of time to file incol artnerships, REMICs and trusts must use Form 8736 to request an extension of time to file Form 1065, 10	me tax
Type or print	Name of Exempt Organization YOUNG MEN'S CHRISTIAN ASSOCIATION OF MIDDLE TENNESSEE (FKA YMCA OF MID TN)	Employer identification number 62-0476243
due date for filing your return See instructions	Number, street, and room or suite no. If a P.O. box, see instructions.  900 CHURCH STREET  City, town or post office, state, and ZIP code. For a foreign address, see instructions.	
	NASHVILLE, TN 37203	
X For	pe of return to be filed (file a separate application for each return):  m 990	227 069
<ul><li>If this is</li></ul>	rganization does <b>not</b> have an office or place of business in the United States, check this boxs for a <b>Group Return</b> , enter the organization's four digit Group Exemption Number (GEN) If th If it is for part of the group, check this box   If it is for part of the group, check this box I and attach a list with the names and ElNs of all	is is for the whole group, check this
to f	quest an automatic 3-month (6-month, for 990-T corporation) extension of time until $AUGUST 1$ le the exempt organization return for the organization named above. The extension is for the organization $X$ calendar year $2003$ or, and ending, and ending	
2 If th	is tax year is for less than 12 months, check reason:	Change in accounting period
	is application is for Form 990-BL, 990-PF, 990-T, 4720, or 6069, enter the tentative tax, less any refundable credits. See instructions	<b>\$</b>
	is application is for Form 990-PF or 990-T, enter any refundable credits and estimated payments made. Include any prior year overpayment allowed as a credit	<u>\$</u>
	ance Due. Subtract line 3b from line 3a. Include your payment with this form, or, if required, deposit with pon or, if required, by using EFTPS (Electronic Federal Tax Payment System). See instructions	
	Signature and Verification	
Under pena It is true, co	lties of perjury, I declare that I have examined this form, including accompanying schedules and statements, and to the irrect, and complete, and that I am authorized to prepare this form.	e best of my knowledge and belief,
Signature ]		Date > 5/12/04
LHA F	or Paperwork Reduction Act Notice, see instruction	Form <b>8868</b> (12-2000)