Department of the Treasury Internal Revenue Service

Return Organization Exempt From ...come Tax
Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except black lung benefit trust or private foundation)

The organization may have to use a copy of this return to satisfy state reporting requirements.

OMB No. 1545-0047 Open to Public Inspection

Α	For the 2	2004 calendar year, or tax year beginning	and e	nding		
В	Check if applicable:	use institution of				entification number
	Address change				62-04	176243
	Name change lnitial return	type. See Specific 900 CHURCH STREET	not delivered to street address)	Room/suite	E Telephone n	number 259-9622
	Final	Instruc- tions. City or town, state or country, and ZIP + 4			F Accounting method	
	Amende				Other (specify)	>
	Applicat	stion • Section 501(c)(3) organizations and 4947(a)	(1) nonexempt charitable trusts	H and I are not app		ion 527 organizations.
		must attach à completed Schedule A (Form 9	90 or 990-EZ).	H(a) Is this a group r		
G	Website:	►WWW.YMCAMIDTN.ORG		H(b) If "Yes," enter no		
J	Organiza	tion type (check only one) $\triangleright X$ 501(c) (3)	rt no.) 4947(a)(1) or 527			I/A Yes No
K	Check he	re 🕨 🔲 if the organization's gross receipts are nor	mally not more than \$25,000. The	(If "No," attach a H(d) is this a separat	list.)	
		tion need not file a return with the IRS; but if the organiz		ganization cove	e return nied by red by a group r	ran or- ruling? Yes X No
		il, it should file a return without financial data. Some sta		I Group Exemption		
						on is not required to attach
L	Gross rec	ceipts: Add lines 6b, 8b, 9b, and 10b to line 12 ▶	63,142,983.	Sch. B (Form 99		
P	art I	Revenue, Expenses, and Changes in			· · · · · · · · · · · · · · · · · · ·	
	1	Contributions, gifts, grants, and similar amounts recei	ved:			
	a	Direct public support	1a	11,265,1	55.	
		Indirect public support		149,2	52.	
	С	Government contributions (grants)		2,729,9		
	d	Total (add lines 1a through 1c) (cash \$ 14,1				14,144,311.
	2	Program service revenue including government fees a			2	17,823,302.
	3	Membership dues and assessments				30,465,175.
	4	Interest on savings and temporary cash investments			4	
	5	Dividends and interest from securities			5	259,776.
	6 a	Gross rents	1 1			237/110:
	b	Less: rental expenses				
	C	Net rental income or (loss) (subtract line 6b from line 6			60	
	7	Other investment income (describe	,) 7	
Revenue	8 a	•	(A) Securities	(B) Other		
ķ		than inventory		(b) one		
ď	b	Less: cost or other basis and sales expenses	8b			
		Gain or (loss) (attach schedule)				
	d	Net gain or (loss) (combine line 8c, columns (A) and (I	3))		8d	
	9	Special events and activities (attach schedule). If any a	mount is from naming check here	>		
	1	Gross revenue (not including \$		·		
	-	reported on line 1a)				
	b	Less: direct expenses other than fundraising expenses	96			
		Net income or (loss) from special events (subtract line			9c	
		Gross sales of inventory, less returns and allowances				
	I .	Less: cost of goods sold		***************************************		
		Gross profit or (loss) from sales of inventory (attach so		Na)	100	
	11	Other revenue (from Part VII, line 103)				450,419.
	1	Total revenue (add lines 1d, 2, 3, 4, 5, 6c, 7, 8d, 9c, 10	Oc. and 11)		12	63,142,983.
	13	Program services (from line 44, column (B))	70, 4.10		13	47,790,398.
Ses	14	Management and general (from line 44, column (C))	***************************************		14	6,302,564.
Expenses	15	Fundraising (from line 44, column (D))	***************************************		15	1,033,298.
χ̈́	16	Payments to affiliates (attach schedule)		***************************************	16	1,000,290.
	1	Total expenses (add lines 16 and 44, column (A))	••••••	***************************************	17	55,126,260.
	18	Excess or (deficit) for the year (subtract line 17 from lin	e 12)	***************************************	18	8,016,723.
# S	19	Net assets or fund balances at beginning of year (from	line 73. column (A))		19	47,306,663.
Net Assets	20	Other changes in net assets or fund balances (attach ex	planation) SEE 9	 Зтатемемт 2	20	916,120.
⋖	21	Net assets or fund balances at end of year (combine lin	es 18, 19, and 20)		20	56,239,506.
4230	ነብ -	LHA For Privacy Act and Paperwork Reduction Act N			21	
01-1	J-00	or a record viol and a aboutour increasion were	, ace me separate manufilling	•		Form 990 (2004)

YOUNG MEN'S CHRISTIAN ASSOCIATION OF MIDDLE MENNESSEE

62-0476243

-	art II Statement of Grand (4		anizations and section 4947		a tructe buil antional for ath	n 501(c)(3) Page 2
	Do not include amounts reported on line 6b, 8b, 9b, 10b, or 16 of Part I.	i, org	(A) Total	(B) Program services	(C) Management and general	(D) Fundraising
22	Grants and allocations (attach schedule)					
	(cash \$ noncash \$	22				
23		23				
24		24				
25	Compensation of officers, directors, etc.	25	772,089.	671,717.	84,930.	15,442.
26		26	25,816,802.	22,686,282.	2,673,914.	456,606.
27		27	1,864,458.	1,566,145.	223,735.	74,578.
28	Other employee benefits	28	1,327,386.	1,137,256.	146,748.	43,382.
29		29	2,012,982.	1,848,366.	136,667.	27,949.
30		30				
31		31				
32		32				
33		33	3,478,358.	3,164,396.	181,960.	132,002.
34		34	704,589.	576,755.	124,259.	3,575.
35		35	153,792.	102,847.	49,100.	1,845.
36		36	5,188,498.	4,897,522.	290,976.	
37		37	1,817,202.	1,341,639.	475,161.	402.
38		38	1,019,001.	379,930.	544,680.	94,391.
39		39	804,270.	630,021.	154,500.	19,749.
40		40	1,019,592.	827,909.	173,758.	17,925.
41	Interest	41	·			
42		42	3,520,329.	3,520,329.		
43						
	a	43a				
	b	43b		es anniquina. A genera sergeral 3 a g prilimidad à 19 a di 18 de 2 di 18 de 2 de 18 de 18 de 18 de 18 de 18 de		
		43c				
	1	43d				
1	SEE STATEMENT 3	430	5,626,912.	4,439,284.	1,042,176.	145,452.
44	Total functional expenses (add lines 22 through 43). Organizations completing columns (8)-(0), carry these totals to lines 13-15.	44	55,126,260.	47,790,398.	6,302,564.	1,033,298.
	nt Costs. Check > if you are following SOP 98					
Are	any joint costs from a combined educational campai	gn an	d fundraising solicitation rej	ported in (B) Program servi	ces? ▶ [Yes X No
lf "	Yes," enter (i) the aggregate amount of these joint cos	sts \$;((ii) the amount allocated to	Program services \$	·
) the amount allocated to Management and general \$			(iv) the amount allocated to	Fundraising \$	
	art III Statement of Program Servi					
Wh	at is the organization's primary exempt purpose? 🕨	_ <u>S</u>	EE STATEMENT	4	***************************************	
						Program Service Expenses
	organizations must describe their exempt purpose achievement ievements that are not measurable. (Section 501(c)(3) and (4) or					(Required for 501(c)(3) and (4) orgs., and 4947(a)(1) trusts; but optional for others.)
allo	cations to others.)			· · · · · · · · · · · · · · · · · · ·		trusts; but optional for others.)
а	SEE ATTACHED STATEMENT					
						47 700 200
			(0	Grants and allocations \$)	47,790,398.
b			(0	Grants and allocations \$)	47,790,398.
b			(0	Grants and allocations \$)	47,790,398.
b)	47,790,398.
				erants and allocations \$		47,790,398.
b)	47,790,398.
)	47,790,398.
			(6	Grants and allocations \$		47,790,398.
c			(6			47,790,398.
			(6	Grants and allocations \$)	47,790,398.
c			(6	Grants and allocations \$		47,790,398.
c			(6	Grants and allocations \$ Grants and allocations \$		47,790,398.
d			(G (G	Grants and allocations \$ Grants and allocations \$ Grants and allocations \$		47,790,398.
d	Other program services (attach schedule)	ine 44	(G (G (G	Grants and allocations \$		
d e f		ine 44	(G (G (G	Grants and allocations \$)	47,790,398. 47,790,398. Form 990 (2004)

Form 990 (2004)

David IV	Dalamaa	Chasta
	Halanca	Shoote

	Balance Sileets			T		1
	ere required, attached schedules and amould be for end-of-year amounts only.	ounts within	the description column	(A) Beginning of year		(B) End of year
45	Cash - non-interest-bearing	1,452,889.	45	790,753.		
46	Savings and temporary cash investments	10,154,041.	46	13,573,140.		
47 a	Accounts receivable	4	7a 265,977.			
b			7b	406,657.	47c	265,977
48 a	Pledges receivable	4	3a 7,208,459.			
b			675,000.	4,188,530.	48c	6,533,459
49	Grants receivable				49	
50	Receivables from officers, directors, trustee					
, l	and key employees				50	
Ssets 51 a			1a			
					51 c	
52	Inventories for sale or use			C17 470	52	0.57. 0.70
53	Prepaid expenses and deferred charges		N	617,470.	53	957,873
54	Investments - securities		Cost FMV		54	
55 a	, • .	1.5	sa 110,161,695.			
	equipment: basis		$\frac{110,161,695}{110}$			
	Less: accumulated depreciation	_	ib 27,794,499.	81,995,625.	55c	82 367 106
56	Investments - other		STATEMENT 5	263,828.	56	82,367,196. 289,915.
57 a		1	7a	203,020.	JU	207,713
b	· · · · · · · · · · · · · · · · · · ·				57c	
58	Other assets (describe		STATEMENT 6	502,865.	58	475,467
59	Tatal accets (add lines AE through EO) (con-	ot agual liga 7/	1	99,581,905.	59	105 252 700
60	Total assets (add lines 45 through 58) (must Accounts payable and accrued expenses			3,612,058.	59 60	105,253,780. 3,024,775.
61	Grants payable			3,012,030.	61	3,024,113
62	Deferred revenue			963,163.	62	1,051,072.
	Loans from officers, directors, trustees, and			300/1031	63	1,031,072
64	a Tax-exempt bond liabilities			40,900,000.	64a	38,110,000.
	b Mortgages and other notes payable			2,173,572.	64b	3,065,923.
65	Other liabilities (describe	SEE	STATEMENT 7	4,626,449.	65	3,762,504.
66	Total liabilities (add lines 60 through 65)			52,275,242.	66	49,014,274.
	inizations that follow SFAS 117, check here					
	69 and lines 73 and 74.		•			
8 67	Unrestricted			41,075,941.	67	44,905,247.
88	Temporarily restricted		******************************	6,230,722.	68	11,334,259.
<u>ක</u> 69	Permanently restricted	·····			69	
Net Assets or Fund Balances 68 69 0rga 70 71 72 73	nizations that do not follow SFAS 117, check	here 🕨 🗌	and complete lines			
<u>.</u>	70 through 74.					
70 <u>چ</u>	Capital stock, trust principal, or current fund				70	
9 71 88	Paid-in or capital surplus, or land, building,				71	
₹ 72	Retained earnings, endowment, accumulate				72	
g 73	Total net assets or fund balances (add lines			47 200 000		FC 000 F01
	column (A) must equal line 19; column (B) r			47,306,663.		56,239,506.
74	Total liabilities and net assets / fund balan	ices (add lines	66 and 73)	99,581,905.	74	105,253,780.

Form 990 is available for public inspection and, for some people, serves as the primary or sole source of information about a particular organization. How the public perceives an organization in such cases may be determined by the information presented on its return. Therefore, please make sure the return is complete and accurate and fully describes, in Part III, the organization's programs and accomplishments.

	YOUNG MEN'S CHRISTIA	N ASSOCIATION OF
Form	1 990 (2004) MIDDLE ENNESSEE	62-0476243 Page
Pa	irt IV-A Reconciliation of Revenue per Audited	Part IV-B Reconciliation of Expenses per Audited
	Financial Statements with Revenue per Return	Financial Statements with Expenses per Return
а	Total revenue, gains, and other support per audited financial statements a 63,169,070	
	per audited financial statements	audited financial statements
b	Amounts included on line a but not on	line 17, Form 990:
	line 12, Form 990:	(1) Donated services
(1)	Net unrealized gains	and use of facilities \$
	on investments\$26,087.	(2) Prior year adjustments
(2)	Donated services	reported on line 20,
	and use of facilities \$	Form 990\$
(3)	Recoveries of prior	(3) Losses reported on
	year grants\$	line 20, Form 990\$
(4)	Other (specify):	(4) Other (specify):
	\$ 26.087	STMT 8 \$ <890,033.>
	Add amounts on lines (1) through (4) b 26, 087	Add amounts on lines (1) through (4) b (890,033)
C	Line a minus line b	
ď	Amounts included on line 12, Form 990 but not on line a :	d Amounts included on line 17, Form 990 but not on line a:
(1)	Investment expenses	(1) Investment expenses
	not included on	not included on
	line 6b, Form 990\$	line 6b, Form 990\$
(2)	Other (specify):	(2) Other (specify):
	\$	<u> </u>
		Add amounts on lines (1) and (2) bd d 0
е	Total revenue per line 12, Form 990	e Total expenses per line 17, Form 990
	(line c plus line d) ▶ 8 63,142,983	(line c plus line d)
P	art V List of Officers, Directors, Trustees, and Key	
	(A) Name and address	(B) Title and average hours per week devoted to position (C) Compensation (D) Contributions to employee benefit plans & deferred compensation other allowance
JO	HN MARK JOHNSON	CEO
	0 CHURCH STREET	
ÑĀ	SHVILLE, TN 37203	40 HRS/WEEK 278,965. 32,443. 0.
	VID BYRD	COO
	0 CHURCH STREET	,
	SHVILLE, TN 37203	40 HRS/WEEK 187,750. 28,645. 0.
	TER OLDHAM	SENIOR VICE PRESIDENT
	0 CHURCH STREET	
	SHVILLE, TN 37203	40 HRS/WEEK 155,489. 26,609. 0.
	MOTHY WEILL	SENIOR VICE PRESIDENT
	0 CHURCH STREET	. DENTOR VIOL TREBUINT
	SHVILLE, TN 37203	40 HRS/WEEK 149,885. 24,020. 0.
	E ATTACHED SCHEDULE OF	10 IRO, WEEK 145,003. 24,020. 0.
	NCOMPENSATED BOARD OF DIRECTORS	
	SHVILLE, TN 37203	5 HRS/MONTH 0. 0. 0.
INT	ASHVILLE, IN 37203	5 HRS/MONTH 0. 0. 0.
_		
		.
		.
		.

75 Did any officer, director, trustee, or key employee receive aggregate compensation of more than \$100,000 from your organization and all related organizations, of which more than \$10,000 was provided by the related organizations? If "Yes," attach schedule.

Yes X No

YOUNG MEN'S CHRISTIAN ASSOCIATION OF

Form	990 (2004) MIDDLE ENNESSEE 62-0476	243		Page 5
Pa	rt VI Other Information		Yes	No
76	Did the organization engage in any activity not previously reported to the IRS? If "Yes," attach a detailed description of each activity	76		X
77	Were any changes made in the organizing or governing documents but not reported to the IRS?	77		Х
	If "Yes," attach a conformed copy of the changes.			
78 a	Did the organization have unrelated business gross income of \$1,000 or more during the year covered by this return?	78a		X
b	If "Yes," has it filed a tax return on Form 990-T for this year?	78b		
79	Was there a liquidation, dissolution, termination, or substantial contraction during the year?	79		Х
	If "Yes," attach a statement			
80 a	Is the organization related (other than by association with a statewide or nationwide organization) through common membership,			
	governing bodies, trustees, officers, etc., to any other exempt or nonexempt organization?	80a		X
b	If "Yes," enter the name of the organization			
	and check whether it is exempt or nonexempt.			
81 a	Enter direct or indirect political expenditures. See line 81 instructions 81a 0.			
b	Did the organization file Form 1120-POL for this year?	81b		Х
82 a	Did the organization receive donated services or the use of materials, equipment, or facilities at no charge or at substantially less than			
	fair rental value?	82a	Х	
b	If "Yes," you may indicate the value of these items here. Do not include this amount as revenue in Part I or as an			
	expense in Part II. (See instructions in Part III.)			l
83 a	Did the organization comply with the public inspection requirements for returns and exemption applications?	83a	Х	
b	Did the organization comply with the disclosure requirements relating to quid pro quo contributions?	83b	Х	
84 a	Did the organization solicit any contributions or gifts that were not tax deductible?	84a		X
b	• • • • • • • • • • • • • • • • • • • •			
	tax deductible? N/A	84b		
85	501(c)(4), (5), or (6) organizations. a Were substantially all dues nondeductible by members? N/A	85a		
b	Did the organization make only in-house lobbying expenditures of \$2,000 or less? N/A	85b		
	If "Yes" was answered to either 85a or 85b, do not complete 85c through 85h below unless the organization received a waiver for proxy tax			
	owed for the prior year.			
C				
d				
6				
f	Taxable amount of lobbying and political expenditures (line 85d less 85e)			
g	Does the organization elect to pay the section 6033(e) tax on the amount on line 85f?	85g		
h	, , , , , , , , , , , , , , , , , , , ,		1	
	allocable to nondeductible lobbying and political expenditures for the following tax year? N/A	85h		
86	501(c)(7) organizations. Enter: a Initiation fees and capital contributions included on line 12			
þ	Gross receipts, included on line 12, for public use of club facilities			
87	501(c)(12) organizations. Enter: a Gross income from members or shareholders 87a N/A			
b	Gross income from other sources. (Do not net amounts due or paid to other sources			
	against amounts due or received from them.) 87b N/A			
88	At any time during the year, did the organization own a 50% or greater interest in a taxable corporation or partnership,	1		
	or an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3?			
	If "Yes," complete Part IX	88	X	***********
89 a	501(c)(3) organizations. Enter: Amount of tax imposed on the organization during the year under:			
	section 4911 ► 0 • ; section 4912 ► 0 • ; section 4955 ► 0 •			******
q	501(c)(3) and 501(c)(4) organizations. Did the organization engage in any section 4958 excess benefit			
	transaction during the year or did it become aware of an excess benefit transaction from a prior year?		Ì	17
_	If "Yes," attach a statement explaining each transaction	89b	<u> </u>	<u>X</u>
C	Enter: Amount of tax imposed on the organization managers or disqualified persons during the year under			^
	sections 4912, 4955, and 4958			0.
00 5				0.
90 a			٠,	216
01	Number of employees employed in the pay period that includes March 12, 2004	0_04		7 1 0
91	THE DOUNS are HI Care OF PIECE TITE WILLIAM 1616 NO. P 013-23	J-31	166	
	Located at ▶ 900 CHURCH STREET - NASHVILLE, TN 37203 ZIP+4 ▶ 3	7201	2	
	LOUAGED BY SOO CHICKEN DITUDES THE DITUDES THE STATE OF T	, 20.		
92	Section 4947(a)(1) nonexempt charitable trusts filing Form 990 in lieu of Form 1041- Check here			\neg
JL.	and enter the amount of tax-exempt interest received or accrued during the tax year	N/1	<u></u> ∟	
42304	11		990 (2	20041

62-0476243 MIDDLE ENNESSEE Form 990 (2004) Page 6 Part VII Analysis of Income-Producing Activities (See page 33 of the instructions.) Unrelated business income Excluded by section 512, 513, or 514 Note: Enter gross amounts unless otherwise (E) (C) Exclu-sion code (A) (B) (D) indicated. Related or exempt **Business** Amount Amount function income 93 Program service revenue: code 17,823,302. PROGRAM SERVICE REVENUE f Medicare/Medicaid payments g Fees and contracts from government agencies 30,465,175 94 Membership dues and assessments Interest on savings and temporary cash investments ... 14 259,776 Dividends and interest from securities 97 Net rental income or (loss) from real estate: a debt-financed property b not debt-financed property 98 Net rental income or (loss) from personal property Other investment income 100 Gain or (loss) from sales of assets other than inventory 101 Net income or (loss) from special events 102 Gross profit or (loss) from sales of inventory 103 Other revenue: MISCELLANEOUS 450,419. 48,738,896 104 Subtotal (add columns (B), (D), and (E)) 48,998,672 105 Total (add line 104, columns (B), (D), and (E)) Note: Line 105 plus line 1d, Part I, should equal the amount on line 12, Part I. Part VIII Relationship of Activities to the Accomplishment of Exempt Purposes (See page 34 of the instructions.) Explain how each activity for which income is reported in column (E) of Part VII contributed importantly to the accomplishment of the organization's Line No. exempt purposes (other than by providing funds for such purposes) SEE ATTACHED STATEMENT OF PROGRAM SERVICES 93A 94 YMCA MEMBERSHIP DUES 103A MISCELLANEOUS EXPENSES RELATED TO EXEMPT PURPOSE Information Regarding Taxable Subsidiaries and Disregarded Entities (See page 34 of the instructions.) (B) Percentage of (C) Nature of activities (A)
Name, address, and EIN of corporation, (E) End-of-year partnership, or disregarded entity ownership interest ST. THOMAS/YMCA, %LEGALLY TERMINATED LLC, NASHVILLE, TN %MARCH 2004 62-1872028 100% % 0. Part X Information Regarding Transfers Associated with Personal Benefit Contracts (See page 34 of the instructions.) X No X No (b) Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract? Note: If "Yes" to (b), file Form 8870 and Form 4720 (see instructions) Under penalties of perjury, I deciare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge. Please Sign Here Signature of officer Type or print name and title. Preparer's SSN or PTIN Preparer's Paid 06/27/05 employed ► X signature Preparer's BROS, ESSTMAN, PATTON & HARRELL PLLC EIN > Firm's name (or Use Only yours if self-employed), 404 JAMES ROBERTSON PARKWAY, STE 1200

Phone no. ► 615-242-7351

address, and ZIP + 4

NASHVILLE, TN 37219

SCHEDULE A

(Form 990 or 990-EZ)

Orga. .zation Exempt Under Sectio.. 501(c)(3)

(Except Private Foundation) and Section 501(e), 501(f), 501(k), 501(n), or Section 4947(a)(1) Nonexempt Charitable Trust

Supplementary Information-(See separate instructions.)

▶ MUST be completed by the above organizations and attached to their Form 990 or 990-EZ

Compensation of the Five Highest Paid Employees Other Than Officers, Directors, and Trustees

2004

OMB No. 1545-0047

Department of the Treasury Internal Revenue Service Name of the organization

Part I

Name of the organization YOUNG MEN'S CHRISTIAN ASSOCIATION OF MIDDLE TENNESSEE

(See page 1 of the instructions. List each one. If there are none, enter "None.")

Employer identification number 62: 0476243

(a) Name and address of each employee paid	(b) Title and average hours		(d) Contributions	to (e) Expense
more than \$50,000	per week devoted to position	(c) Compensation	employee benefi plans & deferred compensation	account and other
MICHAEL HEILBRONN	GRP V.P.			
900 CHURCH STREET NASHVILLE, TN	40/WEEK	125,033.	22,847	•
NANCY REECE	SR VP			
900 CHURCH STREET NASHVILLE, TN	40/WEEK	124,112.	20,964	•
DONALD JONES	SR VP			
900 CHURCH STREET NASHVILLE, TN	40/WEEK	112,765.	21,261	•
DAVID SNOW	EXE. DIRECTOR	₹		
900 CHURCH STREET NASHVIILE, TN	40/WEEK	108,754.	18,581	•
HAKAN DARUD	PRO. DIRECTO	₹		
900 CHURCH STREET NASHVILLE, TN	40/WEEK	107,946.	15,375	
Total number of other employees paid over \$50,000▶	37			
Part II Compensation of the Five Highest Paid Indep (See page 2 of the instructions. List each one (whether individuals o			al Services	
(a) Name and address of each independent contractor paid more		(b) Type of s	service	(c) Compensation
ST. THOMAS NETWORK				
P.O. BOX 380 , NASHVILLE, TN 37202		STAFFING S	ERVICES	272,756.
PRO-CLEAN, LLC				
NASHVILLE, TN	ķ	JANITORIAL SERVICE	ı	116,837.
BASS, BERRY & SIMS PLC				110,037.
315 DEADERICK ST # 2700, NASHVILLE,	TN 37202	LEGAL SERV	ICES	74,444.
LIGHTHOUSE COUNSEL				
228 CIRCLE VIEW DRIVE, FRANKLIN, TN		CONSULTING SERVICES		74,750.
COURIER SYSTEMS CORPORATION				
1865 AIR LANE DRIVE, NASHVILLE, TN 3	7210	COURIER SE	RVICES	57,868.
Total number of others receiving over \$50,000 for professional services	. 0			

423101/11-24-04

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990 and Form 990-EZ.

Schedule A (Form 990 or 990-EZ) 2004

Par	Statements About Activities (See page 2 of the instructions.)		Yes	No
p lo o	uring the year, has the organization attempted to influence national, state, or local legislation, including any attempt to influence ublic opinion on a legislative matter or referendum? If "Yes," enter the total expenses paid or incurred in connection with the obbying activities \$ \$ (Must equal amounts on line 38, Part VI-A, or line i of Part VI-B.) Inganizations that made an election under section 501(h) by filing Form 5768 must complete Part VI-A. Other organizations checking	1		х
	Yes," must complete Part VI-B AND attach a statement giving a detailed description of the lobbying activities.			
	ouring the year, has the organization, either directly or indirectly, engaged in any of the following acts with any substantial contributors,			
	rustees, directors, officers, creators, key employees, or members of their families, or with any taxable organization with which any such			
	erson is affiliated as an officer, director, trustee, majority owner, or principal beneficiary? (If the answer to any question is "Yes,"			
	ttach a detailed statement explaining the transactions.) SEE STATEMENT 9			
	ale, exchange, or leasing of property?	2a		X
b L	ending of money or other extension of credit?	2b		Х
c F	urnishing of goods, services, or facilities?	2c	х	
d F	Payment of compensation (or payment or reimbursement of expenses if more than \$1,000)? SEE PART V. FORM 990	2d	х	
e T	ransfer of any part of its income or assets?	2e		х
3 a [o you make grants for scholarships, fellowships, student loans, etc.? (If "Yes," attach an explanation of how			v
У	ou determine that recipients qualify to receive payments.)	3a 3b	X	X
	Do you have a section 403(b) annuity plan for your employees?	30	Α	
	Did you maintain any separate account for participating donors where donors have the right to provide advice on the use or distribution of funds?	4a		Х
	o you provide credit counseling, debt management, credit repair, or debt negotiation services?			Х
Pa	Reason for Non-Private Foundation Status (See pages 3 through 6 of the instructions.)			
The o	rganization is not a private foundation because it is: (Please check only ONE applicable box.)			
5	A church, convention of churches, or association of churches. Section 170(b)(1)(A)(i).			
6	A school. Section 170(b)(1)(A)(ii). (Also complete Part V.)			
7	A hospital or a cooperative hospital service organization. Section 170(b)(1)(A)(iii).			
8	A Federal, state, or local government or governmental unit. Section 170(b)(1)(A)(v). A medical research organization operated in conjunction with a hospital. Section 170(b)(1)(A)(iii). Enter the hospital's name, city,			
g	and state			
10	An organization operated for the benefit of a college or university owned or operated by a governmental unit. Section 170(b)(1)(A)(iv)			
	(Also complete the Support Schedule in Part IV-A.)			
11a	An organization that normally receives a substantial part of its support from a governmental unit or from the general public. Section 170(b)(1)(A)(vi). (Also complete the Support Schedule in Part IV-A.)			
11b	A community trust. Section 170(b)(1)(A)(vi). (Also complete the Support Schedule in Part IV-A.)			
12	An organization that normally receives: (1) more than 33 1/3% of its support from contributions, membership fees, and gross			
	receipts from activities related to its charitable, etc., functions - subject to certain exceptions, and (2) no more than 33 1/3% of			
	its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired			
	by the organization after June 30, 1975. See section 509(a)(2). (Also complete the Support Schedule in Part IV-A.)			
13	An organization that is not controlled by any disqualified persons (other than foundation managers) and supports organizations described by any disqualified persons (other than foundation managers) and supports organizations described by any disqualified persons (other than foundation managers) and supports organizations described by any disqualified persons (other than foundation managers) and supports organizations described by any disqualified persons (other than foundation managers) and supports organizations described by any disqualified persons (other than foundation managers) and supports organizations described by any disqualified persons (other than foundation managers).	ribed in:		
	(1) lines 5 through 12 above; or (2) section 501(c)(4), (5), or (6), if they meet the test of section 509(a)(2). (See section 509(a)(3).)			
	Provide the following information about the supported organizations. (See page 5 of the instructions.)			
	(a) Name(s) of supported organization(s)		e num om abo	
				
		····		
14				
42311	Schedule A (Form	000 01	000-F7	1 2004

Pa	rt IV-A Support Schedule (C	complete only if you che e worksheet in the inst	ecked a box on line 10), 11, or 12.) Use cash	method of accounting	ng.
Cale	ndar year (or fiscal year				e casii metriod di acco	
	nning in)	(a) 2003	(b) 2002	(c) 2001	(d) 2000	(e) Total
15	Gifts, grants, and contributions received. (Do not include unusual grants. See line 28.)	7,559,117.	5,636,996.	10,645,181.	12,512,347.	36,353,641.
16	Membership fees received	30,081,849.	<u>29,594,603.</u>	28,171,777.	24,751,656.	112,599,885.
17	Gross receipts from admissions, merchandise sold or services performed, or furnishing of facilities in any activity that is related to the organization's charitable, etc., purpose	16,312,802.	16,107,327.	14,751,338.	13,621,239.	60,792,706.
18	Gross income from interest, dividends, amounts received from payments on securities loans (section 512(a)(5)), rents, royalties, and unrelated business taxable income (less section 511 taxes) from businesses acquired by the					
19	organization after June 30, 1975 Net income from unrelated business	216,285.	174,661.	376,011.	807,739.	1,574,696.
19	activities not included in line 18					
20	Tax revenues levied for the organization's benefit and either paid to it or expended on its behalf					
21	The value of services or facilities furnished to the organization by a governmental unit without charge. Do not include the value of services or facilities generally furnished to the public without charge					
22	Other income. Attach a schedule. Do not include gain or (loss) from sale of capital assets	443,829.	819,726.	SEE STATEME 1,296,831.	1,413,765.	3,974,151.
23	Total of lines 15 through 22	54,613,882.	52,333,313.	55,241,138.	53,106,746.	215,295,079.
24	Line 23 minus line 17	38,301,080.	36,225,986.	40,489,800.	39,485,507.	154,502,373.
25	Enter 1% of line 23	546,139.	523,333.	552,411.	531,067.	
26	Organizations described on lines 1	O or 11: a Enter 2% of	amount in column (e), lin	e 24	► 26a	3,090,047.
b	unit or publicly supported organizati	ion) whose total gifts for 2	000 through 2003 excee	ded the amount shown in	line 26a.	2 265 056
_	Do not file this list with your return					2,365,956. 154,502,373.
d	Total support for section 509(a)(1) t Add: Amounts from column (e) for I			***************************************	206	134,302,373.
u	Add. Allounts from column (e) for t	22 3,9	74,151. 26b	2,365,95	6. ► 26d	7,914,803.
e	Public support (line 26c minus line 2			~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~		146,587,570.
1	Public support percentage (line 26					94.8772%
27	Organizations described on line 12					
	records to show the name of, and to such amounts for each year:	tal amounts received in ea	ach year from, each "disq	ualified person." Do not f i	le this list with your retur	n. Enter the sum of
b	(2003)					
L	and amount received for each year, described in lines 5 through 11, as we the larger amount described in (1) o (2003)	that was more than the lan vell as individuals.) Do not r (2), enter the sum of the	rger of (1) the amount o file this list with your re se differences (the exces	n line 25 for the year or (2 turn. After computing the s amounts) for each year	2) \$5,000. (Include in the edifference between the a : N/A	list organizations mount received and
C	Add: Amounts from column (e) for I	ines: 15		16		•••••••••••••••
	17	20		21	27€	N/A
đ	Add: Amounts from column (e) for I 17 Add: Line 27a total	an	d line 27b total		▶ 27d	N/A
е	Public support (line 27c total minus	line 27d total)			▶ 27e	N/A
f g	Total support for section 509(a)(2) t Public support percentage (lin	est: Enter amount on line : e 27e (numerator) divi	23, column (e)	► 27f	N/A ▶ 27g	N/A %
	Investment income percentag	e (line 18, column (e) (numerator) divided b	y line 27f (denominat	or)) 🕨 27h	N/A %
28	Unusual Grants: For an organization to show, for each year, the name of the your return . Do not include these gran	n described in line 10, 11, e contributor, the date and ts in line 15.	or 12 that received any unamount of the grant, and	nusual grants during 200 a brief description of the	0 through 2003, prepare a nature of the grant. Do n	a list for your records ot file this list with
4231	21 12-03-04	1/1	ONE		Schedu	le A (Form 990 or 990-EZ) 2004

1975-2 C.B. 587, covering racial nondiscrimination? If "No," attach an explanation

Pa	Private School Questionnaire (See page 7 of the instructions.) (To be completed ONLY by schools that checked the box on line 6 in Part IV)	N/	A	
	(10 be completed ONL) by schools that checked the box on line on Part IV)		Yes	No
29	Does the organization have a racially nondiscriminatory policy toward students by statement in its charter, bylaws, other governing instrument, or in a resolution of its governing body?	29	168	INO
30	Does the organization include a statement of its racially nondiscriminatory policy toward students in all its brochures, catalogues,			
	and other written communications with the public dealing with student admissions, programs, and scholarships?	30	T******	100000000
31	Has the organization publicized its racially nondiscriminatory policy through newspaper or broadcast media during the period of			
	solicitation for students, or during the registration period if it has no solicitation program, in a way that makes the policy known to all parts of the general community it serves?	31		
	If "Yes," please describe; if "No," please explain. (If you need more space, attach a separate statement.)			
		-		
32	Does the organization maintain the following:	_		
а		32a	200000000	
b				
C	Copies of all catalogues, brochures, announcements, and other written communications to the public dealing with student			
	admissions, programs, and scholarships?	320		
d				
	If you answered "No" to any of the above, please explain. (If you need more space, attach a separate statement.)			
33	Does the organization discriminate by race in any way with respect to:			
a	V 1 V			
b	Admissions policies?			
C	Employment of faculty or administrative staff?			
d				
e				
f	Use of facilities?			
g	Athletic programs?			
h		33h		· 2000-1-1-1
	If you answered "Yes" to any of the above, please explain. (If you need more space, attach a separate statement.)			
		_		
34 a	Does the organization receive any financial aid or assistance from a governmental agency?	34a		
b				
	If you answered "Yes" to either 34a or b, please explain using an attached statement.			
35	Does the organization certify that it has complied with the applicable requirements of sections 4.01 through 4.05 of Pay, Prog. 75-50	1	1	

Schedule A (Form 990 or 990-EZ) 2004

Set	YOUNG MEN'S CHRISTIAN ASSOCI nedule A (Form 990 or 990-EZ) 2004 MIDD. TENNESSEE	ATI		2-0476243 Page 5
E 4 1 7 4 7	art VI-A Lobbying Expenditures by Electing Public Charities (See pa	ge 9 of		N/A
Che		vou ch	ecked "a" and "limited contr	ol" provisions apply.
<u> </u>	Limits on Lobbying Expenditures		(a) Affiliated group totals	(b) To be completed for ALL electing organizations
	(The term "expenditures" means amounts paid or incurred.)	Ι	N/A	
36	Total lobbying expenditures to influence public opinion (grassroots lobbying)	36	IV/ A	
37		37		
38	Total lobbying expenditures (add lines 36 and 37)	38		
39	Other exempt purpose expenditures	39		
40		40		
41				
	If the amount on line 40 is - The lobbying nontaxable amount is -			
	Not over \$500,000 20% of the amount on line 40			
	Over \$500,000 but not over \$1,000,000 \$100,000 plus 15% of the excess over \$500,000	8.4		
	Over \$1,000,000 but not over \$1,500,000	41		
	Over \$1,500,000 but not over \$17,000,000			
40	Over \$17,000,000 \$1,000,000	42		
42		43		
43		44		
44	Subtract line 41 from line 38. Enter -0- if line 41 is more than line 38			
	Caution: If there is an amount on either line 43 or line 44, you must file Form 4720.			
	4-Year Averaging Period Under Sec	tion	501(h)	
	(Some organizations that made a section 501(h) election do not have to below. See the instructions for lines 45 through 50 on page			
	Lobbying Expenditures Duris	ng 4-Ye	ear Averaging Period	N/A

		Lobbying Expenditures During 4-Year Averaging Period					
Calendar year (or fiscal year beginning in)	(a) 2004	(b) 2003	(c) 2002	(d) 2001	(e) Total		
45 Lobbying nontaxable amount					0		
46 Lobbying ceiling amount (150% of line 45(e))					0		
47 Total lobbying expenditures					0		
48 Grassroots nontaxable amount					0		
49 Grassroots ceiling amount (150% of line 48(e))					0 .		
50 Grassroots lobbying expenditures					0		

22	(For reporting only by organizations that did not complete Part VI-A) (See page 11 of the instructions.)			N/A
	ring the year, did the organization attempt to influence national, state or local legislation, including any attempt to uence public opinion on a legislative matter or referendum, through the use of:	Yes	No	Amount
а	Volunteers			
b	Paid staff or management (Include compensation in expenses reported on lines c through h.)			
£	Media advertisements			
đ	Mailings to members, legislators, or the public	<u> </u>		~~~~
9	Publications, or published or broadcast statements			
f	Grants to other organizations for lobbying purposes	L		
g	Direct contact with legislators, their staffs, government officials, or a legislative body			
h	Railies, demonstrations, seminars, conventions, speeches, lectures, or any other means			
i	Total lobbying expenditures (Add lines c through h .)			0.
	If "Ves" to any of the above, also attach a statement giving a detailed description of the lobbying activities.			

Schedule A (Form 990 or 990-EZ) 2004

Pa	rt VII Information Regarding Transfe		id Relationships With Noncharita	ble	
	Exempt Organizations (See page 1				
51	Did the reporting organization directly or indirectly enga		-		
	501(c) of the Code (other than section 501(c)(3) organ Transfers from the reporting organization to a nonchari		olitical organizations?	Ī	es No
а	·	, ,		51a(i)	es No X
	(i) Cash (ii) Other assets			a(ii)	X
b		•••••	•••••••••••••••••••••••••••••••••••••••	a(11)	
n	(i) Sales or exchanges of assets with a noncharitable	evernt organization		b(i)	v
	(ii) Purchases of assets from a noncharitable exempt (
	(iii) Rental of facilities, equipment, or other assets				
	(iv) Reimbursement arrangements				
	(v) Loans or loan guarantees				
	(vi) Performance of services or membership or fundrai	ising solicitations	***************************************	 '' -	
C	Sharing of facilities, equipment, mailing lists, other asse			C C	
d	If the answer to any of the above is "Yes," complete the				
	goods, other assets, or services given by the reporting				
	transaction or sharing arrangement, show in column (d			N,	/A
(a)		(c)	(d)		
Line	no. Amount involved Name of non-	charitable exempt organization	Description of transfers, transactions, and sh	aring arran	gements

		W. W. M.			
52 a	Is the organization directly or indirectly affiliated with, or	r related to one or more toy example.			
JZ 4	Code (other than section 501(c)(3)) or in section 527?			· 1	₹ 7
h	If "Yes," complete the following schedule:	N/A		res (A No
	(a)	(b)	(c)		
	Name of organization	Type of organization	Description of relationship		
				b(ii) X b(iii) X b(iv) X b(v) X b(vi) X C X N/A and sharing arrangements the Yes X No	

42315 ⁻ 11-24-	1				
11-24-	-04		Schedule A (Form 9	90 or 990-l	:Z) 2004

1

FOOTNOTES

STATEMENT

LAND, BUILDINGS, EQUIPMENT AND FURNITURE ARE RECORDED AT COST, WHEN PURCHASED, OR AT FAIR MARKET VALUE, WHEN GIFTED TO THE YMCA (FOR ALL ITEMS THAT EXCEED SIGNIFICANT AMOUNTS). DEPRECIATION IS CALCULATED BY THE STRAIGHT-LINE METHOD TO ALLOCATE THE COST OF DEPRECIABLE ASSETS, AS SO DETERMINED, TO OPERATIONS OVER ESTIMATED USEFUL LIVES OF TEN YEARS FOR EQUIPMENT AND FURNITURE, FIFTEEN YEARS FOR LAND IMPROVEMENTS AND FORTY YEARS FOR BUILDINGS.

EQUIPMENT AND FURNITURE SOFTWARE CONSTRUCTION IN PROGRESS 12,952,598. 282,440. 2,808,374.	SOFTWARE 282,4	TOTAL	110,161,695.
SOFTWARE 282,440.	EQUIPMENT AND FURNITURE 12,952,59 SOFTWARE 282,44	mora T	
SOFTWARE 282,440.	EQUIPMENT AND FURNITURE 12,952,59 SOFTWARE 282,44	CONSTRUCTION IN PROGRESS	2,808,374.
	EQUIPMENT AND FURNITURE 12,952,59	2-2-2-1	•
	BUILDINGS & IMPROVEMENTS 84,669,2	~	12,952,598.

ENTS LITY LINE 20 OTHE	R EXPENSES		AMOUNT 26,087 890,033 916,120 STATEMENT
LITY LINE 20	R EXPENSES		890,033 916,120
	R EXPENSES		
OTHE	R EXPENSES		STATEMENT
(A)	(B) PROGRAM	(C) MANAGEMENT	(D)
TOTAL	SERVICES	AND GENERAL	FUNDRAISING
1,954,071. 2,046,334.	1,173,704. 1,826,345.	725,011. 219,989.	55,356
282,899. 73,765. 418,289.	279,394. 408,701.	13,765. 9,588.	3,505 60,000
563,554.	489,060.	53,663.	20,831
288,000.	262,080.	20,160.	5,760
5,626,912.	4,439,284.	1,042,176.	145,452
	1,954,071. 2,046,334. 282,899. 73,765. 418,289. 563,554. 288,000.	TOTAL SERVICES 1,954,071. 1,173,704. 1,826,345. 282,899. 73,765. 418,289. 408,701. 563,554. 489,060. 288,000. 262,080. 5,626,912. 4,439,284.	TOTAL SERVICES AND GENERAL 1,954,071. 1,173,704. 725,011. 2,046,334. 1,826,345. 219,989. 282,899. 279,394. 73,765. 418,289. 408,701. 9,588. 563,554. 489,060. 53,663. 288,000. 262,080. 20,160. 6,626,912. 4,439,284. 1,042,176.

EXPLANATION

THE MISSION OF THE YOUNG MEN'S CHRISTIAN ASSOCIATION OF MIDDLE TENNESSEE (THE "YMCA") IS A WORLDWIDE CHARITABLE FELLOWSHIP UNITED BY A COMMON LOYALTY TO JESUS CHRIST FOR THE PURPOSE OF HELPING PERSONS GROW IN SPIRIT, MIND AND BODY. THE YMCA IS WORKING TO BUILD STRONG KIDS, STRONG FAMILIES, AND STRONG COMMUNITIES BY SERVING 194,857 MEMBERS AT TWENTY-THREE CENTERS THROUGHOUT ELEVEN MIDDLE TENNESSEE COUNTIES AND SCOTTSVILLE, KY. YMCA PROGRAMS ENCOMPASS A VARIETY OF AREAS INCLUDING YOUTH AND TEEN PROGRAMS, ADULT AND FAMILY PROGRAMS, OUTREACH AND WELLNESS.

FORM 990	OTHER	INVESTMENTS		STATEMENT	5
DESCRIPTION			VALUATION METHOD	AMOUNT	
INVESTMENTS			MARKET VALUE	289,9	15.
TOTAL TO FORM 990,	PART IV, LINE 56,	COLUMN B		289,9	15.
FORM 990	ОТН	IER ASSETS		STATEMENT	6
DESCRIPTION				AMOUNT	
BOND ISSUE COSTS OTHER ASSETS				383,5° 91,89	
TOTAL TO FORM 990,	PART IV, LINE 58,	COLUMN B		475,40	67.
FORM 990	OTHER I	IABILITIES		STATEMENT	7
DESCRIPTION				AMOUNT	
DERIVATIVE LIABILI DEFERRED COMPENSAT		SWAP		3,472,58	
TOTAL TO FORM 990,	PART IV, LINE 65,	COLUMN B		3,762,50	04.
FORM 990	OTHER EXPENSES NO	T INCLUDED O	N FORM 990	STATEMENT	8
DESCRIPTION				AMOUNT	
CHANGE IN DERIVATI	VE LIABILITY			<890,03	33.>
TOTAL TO FORM 990,	PART IV-B			<890,03	33.>

SCHEDULE A

STATEMENT REGARDING ACTIVITIES WITH SUBSTANTIAL CONTRIBUTORS, TRUSTEES, DIRECTORS, CREATORS, KEY EMPLOYEES, ETC,. PART III, LINE 2

STATEMENT

9

PART III, QUESTION 2(C): DURING THE YEAR, YMCA NEGOTIATED CONTRACTS FOR MARKETING, LEGAL, MAILING, AND CONSTRUCTION SERVICES WITH TAXABLE ORGANIZATIONS IN WHICH AN OFFICER OR KEY EMPLOYEE OF THE TAXABLE ORGANIZATION WAS ALSO A BOARD MEMBER OF THE YMCA. ALL CONTRACTS WERE SUBJECT TO AN OPEN BID PROCESS, NEGOTIATED AT ARM'S LENGTH, AND AMOUNTS PAID BY YMCA FOR THE SERVICES RECEIVED REPRESENT FAIR MARKET VALUE OR LESS. TOTAL AMOUNT PAID IN RELATION TO THESE CONTRACTS DURING THE YEAR WAS \$1,407,000.

SCHEDULE A	OTHER INC	OME		STATEMENT	10
DESCRIPTION	2003 AMOUNT	2002 AMOUNT	2001 AMOUNT	2000 AMOUNT	
MISCELLANEOUS	443,829.	819,726.	1,296,831	1,413,76	55.
TOTAL TO SCHEDULE A, LINE 22	443,829.	819,726.	1,296,831	1,413,76	55.



We build strong kids, strong families, strong communities.

TAX YEAR 2004 Overview of YMCA Philosophy & Programs

Our Mission: A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping persons grow in spirit, mind and body.

Our Commitment: We build strong kids, strong families and strong communities.

Our Values: Caring, Honesty, Respect, Responsibility

Our Vision: To be a source of strength to our community by providing an environment where people of all ages, faiths, races, backgrounds and abilities work toward achieving their God-given fullest potential, build friendships, and experience the joy of helping others. We will fulfill this vision by:

Increasing Availability to All. The YMCA is for everyone, no matter where they live or their ability to pay. Through the generosity of YMCA friends, our goal is to have sufficient funds to ensure that our YMCA remains available to all. By 2020, we will serve 1 in 5 people in our community and have a facility or program center within 15 minutes of every person in Middle Tennessee.

Developing Youth and Teens. Our YMCA is a safe place where youth and teens can dream, learn, grow and achieve their fullest potential. By 2020, we will reach 1 in 4 youth and teens through programs that transform their lives and produce positive outcomes.

Inspiring Healthier Lifestyles. Our YMCA helps people to live healthier lives. Since our founding in 1875, health and wellness programs have been integral to our mission of building spirit, mind and body. By 2020, we will influence 1 in 8 people to live a healthier life through YMCA membership.

Deepening Member and Community Involvement. Through the creation of small, caring communities, our YMCA will build long-term relationships among members and staff that foster a sense of belonging, service to others, and the joy of giving. By 2020, our goal is to have 50% of members engaged in building stronger communities through sharing their time, talents or treasure.

Ensuring Our Legacy. By developing strong staff and volunteer leadership, and a sound financial base, our YMCA will continue to make a positive difference for future generations. By 2020, 100% of staff and volunteers will consider the Y a

fulfilling place to invest time and energy to improve the lives of others. By 2020, we have an endowment fund equal to our operating budget to ensure the future of our YMCA.

Facts & Figures:

The following is a listing of the YMCA's accomplishments for the year 2004:

- ◆ Lived our mission by reaching 194,857 lives—1 in 8 people—at 23 centers and 323 program locations in 11 counties, through membership, programs, volunteerism, philanthropy and staff involvement.
- Extended hands of help in the form of charitable subsidy and financial assistance totaling \$8,809,620.
- Served all income levels, with 26% of members receiving financial assistance through the Open Doors program.
- Kept the Y available to all, raising \$3.9 million through We Build People, 12.5% higher than 2003, thanks to 1,108 volunteers and 9,942 generous givers—436 more donors than the previous year!
- Surpassed the \$6 million threshold and broke ground on the North Rutherford YMCA-Ronald Reagan Family Center, scheduled to open in the fall of 2005.
- ◆ Thanks to an incredible \$5 million gift from Frank & Linda Burkholder, moved closer to an expanded, renovated Downtown YMCA to serve the heart of Nashville.
- Multiplied relationships with community leaders and made progress toward the dream of a YMCA to serve the **Bellevue** community, in partnership with Senior Citizens Inc.

Developing Youth & Teens

- Provided a safe, caring place for **86,024 children and teens** to dream, learn, grow and work toward achieving their fullest potential.
- Instilled values, confidence and athletic skills in 20,359 children through youth sports.
- Taught swimming to 8,022 people, 81% of them children, at 37 pools.
- Planted seeds of Christian character and positive values in 2,699 campers at Camp Widjiwagan—voted "Best Day Camp" for the 7th consecutive year by Nashville Parent readers!
- Enriched 7,632 school-aged children at 144 Fun Company sites, in partnership with local schools.
- Provided learning, laughter and love for 532 children in **preschool** programs.
- Built character and confidence into 4,548 children and families through Youth Development Center and Y-CAP outreach programs, including Warren's House home for boys.
- Ensured a positive, constructive learning environment for 391 youth and teens at the **Preston Taylor Boys & Girls Club/YMCA Youth Development Center**, a partnership between the Y, Boys & Girls Clubs, Metro Nashville Public Schools and United Way.

- Strengthened 150 boys and girls spiritually, mentally and physically through our year-round Urban Services School of Academics & Athletics (USSAA) program.
- Through the nation's 2nd-largest Youth in Government program, provided 2,521 Tennessee middle- and high-school students at 81 schools with civic-engagement education and leadership development.

Inspiring Healthier Lifestyles

- Helped 119,652 members representing 47,469 households to live healthier, more active lives.
- As a pilot association for the Gulick/Total Health project under YMCA of the USA's "Activate America" initiative, explored innovative solutions to the nation's lifestyle-health crisis.
- Launched a pilot project to **counter the childhood-obesity epidemic** by engaging parents, teachers and students to develop healthy solutions at Bellshire Elementary School, as part of Fun Company.
- Inspired healthy living through 53,111 total group fitness and aquatics classes.
- Guided 12,310 people toward improved overall health through a range of personalized services, including wellness orientations, coaching and nutrition guidance.
- Strengthened 6,747 active-older-adult members through life-enriching senior programs.
- Through **Restore Ministries**, reached out with hands of hope and healing to help 400 men and women overcome life-controlling issues.

Deepening Member & Community Involvement

- Engaged 4,780 volunteers in building strong kids, strong families and strong communities.
- Joined hands with 496 churches, schools, businesses and other community partners.
- Connected with 1,915 youth-sports coaches to strengthen children and their families.
- Reached out to 2,406 men and women with support, encouragement and wellness guidance through outreach programs including <u>LupuStrong</u>, <u>DiabeteSmart</u> and <u>ABC</u> (<u>After Breast Cancer</u>).
- Deepened international friendships at 13 YMCAs in 9 nations, including Israel, Germany, Venezuela and Zambia, led by Adrian Moody and 112 volunteers, staff and friends throughout the world.

Ensuring Our Legacy

- Approved plans for our Vision 2020 Campaign thanks to a task force co-chaired by Bill DeLoache and Billy Frist. Blessed to have Lee Barfield and Bill Turner co-chairing the campaign.
- Continued a legacy of outstanding volunteer leadership, with Board Chair Rich Ford (and Cal Turner Jr. agreeing to follow Rich); and with Foundation Board Chair Lee Barfield (and Jimmy Webb agreeing to follow Lee).

- Presented Anne E. Ragsdale with our highest volunteer honor, the Order of the Red Triangle.
- Took big steps toward the dream of a year-round, overnight **resident camp** at the Joe C. Davis YMCA Outdoor Center, thanks to a challenge grant of \$4.5 million from the **Joe** C. Davis Foundation.
- Provided a range of innovative development and training programs to ensure a continuing legacy of mission-focused leadership for 3,789 full- and part-time staff.
- Received the National Diversity and Inclusion Leadership Award from YMCA of the USA for our recently developed and implemented diversity initiative.
- Moved beyond the \$4.6 million mark in assets of the YMCA Foundation of Middle Tennessee.
- Topped off the annual Heritage Club dinner (391 members strong and growing!) by honoring Marshall "Shag" Polk with the H.G. Hill Jr. Philanthropic Award, thanking him for his dedication to the YMCA Foundation and his longtime service and generosity to the Y.
- Invested \$2.2 million through a long-term deferred maintenance plan to ensure high-quality facilities.
- Balanced a \$63,206,491 budget, growing 4% over 2003, with reserves fully funded.

The YMCA of Middle Tennessee has a surplus of operating funds that are designated for the building and repair of facilities. Any surplus goes back into the community or is used to start new programs or purchase new equipment.

YMCA Philosophy: The YMCA lives its mission each and every day. We are committed to strengthening our role as a leader in the nurturing and healthy development of children, teens, adults, seniors, families and communities. The YMCA brings communities together. It's a place where everyone belongs regardless of age, faith, race, background, income or ability. The YMCA, through its Open Doors financial assistance program, ensures that everyone who wants to participate in Y programs has the opportunity. One in four members receives some level of financial assistance. The ability to break through boundaries that often separate communities is inherent to the YMCA. We create opportunities for interaction that result in new friendships, new possibilities for personal growth and a strengthened community. Diverse groups find common ground by playing, learning and working together.

The YMCA of Middle Tennessee has adopted four character development initiatives as a basis for all operations, staff development and program development. The following initiatives guide the YMCA and are at the heart of everything we do:

Caring Respect Honesty Responsibility The YMCA continues to be a leader in community-based health and wellness, childcare, camping, aquatics, youth sports, volunteerism, community development, outreach and international partnerships.

Operating Characteristics: The YMCA of Middle Tennessee believes it is essential to operate in a manner consistent with its Christian principles. The Y believes in the healthy development of all people and operates with the following set of characteristics:

- Driven by the YMCA mission.
- Adherence to the character development initiatives of caring, respect, honesty and responsibility.
- Governed by caring, committed and well-informed volunteers.
- Operated so that membership and programs are accessible and affordable to all people.
- Managed by a well-trained, competent and diverse staff.
- Operated so that all staff and members are treated with dignity and respect.
- Operated so that each person feels he/she belongs, can contribute and succeed.
- Fiscally sound and supported through earned income and a growing percentage of contributed support.
- Operated so that the highest levels of quality and safety are assured for all.
- Committed to responding rapidly to the changing needs of the community through program development.
- Managed with a focus on continuous improvement of structure, programs and delivery systems.

The YMCA of Middle Tennessee offers programs that build strong kids, strong families and strong communities. The following is a listing of YMCA programs during 2004:

STRONG KIDS

YOUTH PROGRAMMING

Character building and practicing Christian principles are the heart and soul of the YMCA. At the Y, children learn the following values:

CARING—Be kind and show concern for others. Express gratitude. Forgive others. Help people in need. Be compassionate.

HONESTY—Don't cheat, steal or deceive. Keep your promises. Be reliable. Have the courage to do the right thing. Build a good reputation. Be loyal to your family, friends and country.

RESPECT—Live by the Golden Rule. Value the abilities and characteristics of others. Use good manners. Be considerate of the feelings of others. Honor others' dignity, privacy and freedom. Be courteous and polite.

RESPONSIBILITY—Do what you are supposed to do. Finish what you start. Always do your best. Be accountable for your choices. Exercise self-control. Be good stewards of the earth.

The YMCA offers a wide variety of programs and activities for children. Two of our most popular are youth sports and day camp.

YOUTH SPORTS

Sports keep children active while teaching them important values, sportsmanship and teamwork. At the YMCA, everybody gets the chance to play. In 2004, 20,359 Middle Tennessee children learned the fundamentals of basketball, soccer, T-ball, gymnastics and other sports at the Y, led by 1,915 volunteer coaches.

DAY CAMP

The YMCA believes all children should experience the joy and adventure of camp. In 2004, the Y served 8,559 campers, with 25% of them receiving financial assistance. Camp Widjiwagan at the Joe C. Davis YMCA Outdoor Center helped 2,699 kids grow in Christian character and positive values with activities including horseback riding, swimming, canoeing, kayaking and climbing the Alpine Tower, along with sports like soccer, street hockey, basketball and tennis.

TEEN FOCUS

YMCA teen programs focus on:

- Leadership and service-learning
- Education, career and life skills
- Health, safety and well-being

Examples of YMCA teen programs:

- YMCA Leaders Club
- YMCA Earth Service Corps
- Youth In Government
- Black Achievers
- Hispanic Achievers
- The BRIDGE
- Time to Rise
- USSAA Boot Camp
- Youth Sports
- Teen Centers
- Skate Parks

Signature YMCA Teen Programs

Hispanic & Black Achievers

The YMCA's Black Achievers and Minority Achievers programs have made a significant impact on Middle Tennessee young people. The success of these programs, coupled with the region's rapidly growing Hispanic population, prompted the YMCA to begin a Hispanic Achievers program. In 2004, the program had grown to involve several hundred youth, parents, mentors and volunteers. The mission of Hispanic Achievers is to empower youth to make and achieve positive social, educational, career and personal goals by placing them in

mentoring relationships with Hispanic adult achievers who provide knowledge, encouragement and motivation. In addition, Hispanic Achievers offers ACT preparation courses, college-campus tours and scholarship programs. It is the YMCA's hope that 100% of participating students will graduate from high school and that a high percentage will go on to college.

The BRIDGE

Mary Jane and Gilbert Smith started The BRIDGE in 1993 to help youth navigate the challenging transition of adolescence. Inspired by a national program called Summerbridge, the BRIDGE aims to get older kids into teaching and younger kids into learning. Each summer, rising 7th-10th graders spend five weeks doing intensive academic projects created by collegiate student-teachers. BRIDGE students commit themselves to three years, and many come back to teach after graduation and pursue careers in education.

Urban Services School of Athletics and Academics (USSAA)

The YMCA's popular USSAA program is designed to help young men and women, ages 7 to 17, work with others toward a common goal of love and respect. USSAA participants take part in an overnight, summer "boot camp" style program that involves academics, athletics, a disciplined schedule, and sessions aimed at dealing with violence, teamwork and community service. In 2004, thanks to generous contributions, the YMCA expanded USSAA into a year-round program.

STRONG FAMILIES

CHILDCARE

The YMCA of Middle Tennessee cared for **8,164** children in 2004 through its daycare and preschool programs.

FUN COMPANY

When it comes to school-aged children, the Y believes no child should go home to an empty house. That's why in 1983 it developed Fun Company, a before-and-after school childcare program. Recognizing that many families struggle to afford quality childcare, the Y offers financial assistance to ensure that no one is turned away because of an inability to pay. For example, in 2004 the Middle Tennessee Y enriched the lives of 7,632 children at 144 Fun Company sites and provided assistance to 19% of participating families. Fun Company provides family-centered, values-based, comprehensive programs for children, before and after school and during the summer. The focus is on developing the whole child—not only academically but also socially and emotionally. The Y incorporates service-learning projects into the Fun Company curriculum, teaching new skills while emphasizing the importance of giving back to the community.

FAMILY PROGRAMMING

With so many influences vying for families' time and attention, it's often difficult to find a fun, wholesome atmosphere where parents and children can become healthier together. That's why family programming is such a high priority at the YMCA.

Family Nights & Picnics

The YMCA sets aside special nights for families to come to the YMCA and enjoy games, food and fellowship. Pool parties, cookouts, daddy-daughter dances, teen lock-ins, family fun-runs and carnivals are all part of the YMCA's service to families in Middle Tennessee communities.

Y-Guides and Y-Princesses

Y-Guides was developed to support parents' vital role as teachers, counselors and friends to their children. The purpose of Y-Guides is to foster companionship between father and child and to support the child's growth. The father observes his child's relationship in the group and sees his child's strengths and needs. The child sees his dad in action with other dads and children, providing a very important adult model. The theme of the program involves American Indian culture. Y-Guides is for fathers and sons, while Y Princesses is a father-daughter program. The Y also offers a Papoose program for fathers and their preschoolers (sons or daughters). Meetings involve quality time together with crafts, games, stories, rituals and refreshments.

STRONG COMMUNITIES

HEALTH & WELLNESS

Physical fitness and recreation have always been central to the YMCA's not-for-profit, charitable mission. The Y views physical activity as an integral component of building character and encouraging healthy, balanced living. YMCAs offer a full range of health-and-wellness services for people of all ages, faiths, incomes, backgrounds and abilities.

Luther Gulick Project. Studies show that the United States faces a lifestyle-health crisis; we are the least healthy of the world's developed nations. Inadequate physical activity and poor nutrition are raising levels of obesity and leading to increased rates of heart disease, diabetes, cancer and psychosocial problems. Only about 15% of Americans exercise regularly. Low-income and minority groups tend to be the hardest hit. In response, the YMCA of the USA has launched the Luther Gulick Project to seek innovate ways of reaching and serving less-active Americans. The YMCA of Middle Tennessee is serving as one of 20 pilot YMCAs for the project. The Y has—and will continue to have—an important role in addressing the lifestyle-health crisis through their wellness services.

Y-CAP (COMMUNITY ACTION PROJECT)

We see it on the news every day: Many children are not getting the love and support they need from parents, schools or society at large. As a result, they're looking for love and acceptance in ways that often cause them harm and tear at the fabric of family and community. The YMCA has created a program that *really works* because it doesn't just scratch the surface—it digs deep to break the destructive cycle.

Y-CAP (YMCA Community Action Project) is changing lives in Middle Tennessee. Established in 1985, Y-CAP is an intensive intervention program for youth ages 10-14. Most youth are referred through juvenile courts and school systems. Y-CAP creates a plan for each child and family that addresses spiritual, mental and social needs. The goal is to turn tragedy into triumph one child, one family at a time.

In 2004, Y-CAP programs reached 550 youth and their families.

Y-CAP Services

Tutoring
Mentoring
Recreation
Y-CAP Academy
Individual and Group Counseling
Values Education
Spiritual Counseling
Daily School Attendance Monitoring
In-Home Family Intervention
Group Home for Boys
Family Assistance (food, clothes, job search, referrals, etc.)
Family Sponsorship at Christmas

"Y-CAP distinguishes itself in the range of services it provides, the comprehensiveness of its approach to families at risk, and the dedication, energy and effectiveness of staff and volunteers. Early and effective intervention, of the type Y-CAP has pioneered in this community, is essential if we are to reduce delinquency and crime."

Judge Andrew J. Shookhoff, Metropolitan Juvenile Court of Davidson County

"I know of no other early-intervention program that is as effective as Y-CAP." Frank Drowota III, Chief Justice, Tennessee Supreme Court

COLLABORATIONS

YMCAs know that they can't solve community problems alone. Y's develop strategic partnerships with other organizations to provide innovative programs and services. For example, the Y partners with area schools for its Fun Company before-and-after-school program and with businesses to provide summer jobs for teens in Youth Development programs. Throughout Middle Tennessee, the YMCA partners with 496 schools, businesses, churches, housing developments and service organizations.

CONCLUSION

For any organization to stand the test of time it must be able to keep up with the world around it. Through all of its 129 years, the YMCA of Middle Tennessee has been a place where people can find hope, fellowship and healing. The YMCA has always stayed true to its mission of helping persons grow in spirit, mind and body. The YMCA of Middle Tennessee is helping to build strong kids, strong families and strong communities.

	Α	В	T C	D	E	ΤF	G
1	FNAME	LNAME	COMPANY	STREET	CITY	ST	ZIP
2	Nelson	Andrews	Brookside Properties, Inc.	900 Church St	Nashville	TN	37203
3	DeVan	Ard, Jr.		900 Church St	Nashville	TN	37203
4	H. Lee	Barfield II	Bass, Berry & Sims	900 Church St	Nashville	TN	37203
5	Sam	Bartholomew	Stokes & Bartholomew	900 Church St	Nashville	TN	37203
6	Leilani	Boulware	Meharry Medical College	900 Church St	Nashville	TN	37203
7	Dr. Elbert	Brooks		900 Church St	Nashville	TN	37203
8	Dr. Mark	Bryan	Court Court Vonton 11 C	900 Church St	Nashville	TN	37203
9 10	Wood George H.	Caldwell	Southeast Venture LLC Cate and Setzer	900 Church St	Nashville	TN	37203
11	Pat	Clark	Cate and Seizer	900 Church St 900 Church St	Nashville Nashville	TN	37203
12	Joyce	Cook	International CyberTrans	900 Church St	Nashville	TN	37203 37203
13	Robin Grindstaff	Costa	Maddox Foundation	900 Church St	Nashville	TN	37203
14	Florence	Davis		900 Church St	Nashville	TN	37203
15	James	Davis	V	900 Church St	Nashville	TN	37203
16	Bill	DeLoache	Dapco Investments, Inc.	900 Church St	Nashville		37203
17	Marty	Dickens	BellSouth	900 Church St	Nashville	TN	37203
18	Jack	Diller	Nashville Predators	900 Church St	Nashville		37203
19	Frank	Drowota	Tennessee Supreme Court	900 Church St	Nashville	TN	37203
20	Jack	Elisar	Deloitte & Touche	900 Church St	Nashville		37203
21	Jack	Fahey		900 Church St	Nashville	TN	37203
22	Farsheed	Ferdowsi	PayMaxx, Inc.	900 Church St	Nashville		37203
23	Robert C.	Fisher, Ph.D.	Belmont University	900 Church St	Nashville		37203
24	Rich	Ford	The Sage Group	900 Church St	Nashville	_	37203
25	J. P.	Foster		900 Church St	Nashville	_	37203
	Billy	Frist	Frist Capital	900 Church St	Nashville		37203
27	Sandra	Fulton	Market Co. D. C.	900 Church St	Nashville		37203
28	Pedro	Garcia, Ed.D.	Metropolitan Nashville Public Schools	900 Church St	Nashville		37203
29 30	Homer B. Ken	Gibbs, Jr. Goforth		900 Church St	Nashville		37203
31	James W.	Granbery	H. G. Hill Realty Company	900 Church St 900 Church St	Nashville	1	37203
32	Roupen M.	Gulbenk	n. G. Hill Realty Company	900 Church St	Nashville		37203
33	Gerry	Helper	Nashville Predators	900 Church St	Nashville Nashville		37203
	Bill	Henderson	IVASIIVIJE FIEUALOIS	900 Church St	Nashville		37203 37203
35	Sen. Douglas	Henry		900 Church St	Nashville		37203
	Ken	Horner	Columbia State Community College	900 Church St	Nashville		37203
	Bill	Hudson	Bill Hudson & Associates	900 Church St	Nashville		37203
38	Mary Phil	Illges		900 Church St	Nashville		37203
39	Karen	Johnson	Caterpillar Financial Services	900 Church St	Nashville		37203
40	Sydney F.	Keeble, Jr.		900 Church St	Nashville		37203
41	Joe	Kelley		900 Church St	Nashville		37203
42	Randy	Kelley	Gateway Health System	900 Church St	Nashville	TN	37203
43	Janet	Kleinfelter		900 Church St	Nashville	TN	37203
$\overline{}$	Bill	Knestrick	Knestrick Contractor	900 Church St	Nashville		37203
45	Walter	Knestrick	Knestrick Contractor	900 Church St	Nashville		37203
	Ronald F.	Knox, Jr.	Northwestern Mutual	900 Church St	Nashville		37203
47	Joe Mara	Lancaster	105 Continental Place	900 Church St	Nashville		37203
	Marc Clayton	McKerley McWhorter	105 Continental Place	900 Church St	Nashville		37203
	John	Mifflin	Clayton Associates The Mifflin Real Estate Co.	900 Church St 900 Church St			37203
_	John Ed	Miller	THE WIRTHIN NEW ESTATE CO.	900 Church St			37203
	Diane	Nichols		900 Church St			37203
	Dortch	Oldham	One Whitehall	900 Church St			37203 37203
	James M.	Patterson, Jr.	Ogletree Deakins	900 Church St			37203
	David	Perdue	Dollar General Corporation	900 Church St			37203
56		Pfeffer	.,	900 Church St	i	- 1	37203 37203
57	Brian	Pitts		900 Church St	1	- 1	37203
	Marshall	Polk	Synaxis-Polk and Sullivan	900 Church St			37203
59	Bill	Rawnsley		900 Church St			37203
	Monica	Restrepo Galyon		900 Church St			37203
		Ryan	Smith Seckman Reid	900 Church St	Nashville		37203
	Rita	Sowell		900 Church St	Nashville		37203
	Rev. Bob	Spain		900 Church St			37203
	Mike	Tidwell				_	37203
	Carter	Todd	Gaylord Entertainment				37203
	Claire	Tucker	FirstBank Nashville				37203
	Cal	Turner	Turner Family Foundation				37203
00	William E.	Turner, Jr.	Merrill-Lynch	900 Church St	Nashville /	TN :	37203

	Α	В	С	D	E	F	G
1	FNAME	LNAME	COMPANY	STREET	CITY	ST	ZIP
69	Gwanyca	Vaden	Gwanyca's Hair Salon	900 Church St	Nashville	TN	37203
70	William B.	Wadlington, MD		900 Church St	Nashville	TN	37203
71	James M.	Ward		900 Church St	Nashville	TN	37203
72	James A.	Webb III	Freeman-Webb Company	900 Church St	Nashville	TN	37203
73	Bernard	Werthan	Werthan Industries	900 Church St	Nashville	TN	37203
74	Olin	West III		900 Church St	Nashville	TN	37203
75	David \	Williams II	Vanderbilt University	900 Church St	Nashville	TN	37203
76	W. Ridley	Wills II		900 Church St	Nashville		37203
77	William M.	Wilson	Cherokee Equities	900 Church St	Nashville	TN	37203
78	Fleming	Wilt	Christie Cookie Co.	900 Church St	Nashville		37203
79	Stuart	Young	605 Elaine Drive	900 Church St	Nashville		37203